



# Career Reflection Plan

By Oikodome



**To note before starting:** I need you to spend at least a minimum of 30 minutes filling this. It's really important for your future and your career plans. But make sure to be honest with yourself. Are you ready ? Let's get started !

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## Your Heart & Purpose

Do you have a particular burden in your heart ? (e.g helping the poor or needy)



- (Type).
- (Type).
- (Type).



## Joy & Satisfaction

What do you enjoy doing and gives you a lot of satisfaction in life ?



- (Type).
- (Type).
- (Type).



### Dislikes

What do you dislike doing no matter how much you do it ?



- (Type).
- (Type).
- (Type).



### Passions

Do you have any passions or things you feel strongly connected to?



- (Type).
- (Type).
- (Type).



### Self-discovery

Since you've lived on this earth, what have you discovered about yourself?



- (Type).
  - (Type).
  - (Type).
- 



### Strengths & Uniqueness

What is one thing you can do so well or differently from others ? (It could be anything)



- (Type)
  - (Type)
  - (Type)
- 



### Career Exploration

What are things you'd like to try out and see as a career but haven't yet?



- (Type)
  - (Type)
  - (Type)
- 



### Work Values

What three key factors matter most to you in a career?

*(Examples: stability, creativity, helping others, freedom, teamwork)*



- (Type).
- (Type).
- (Type).



### Life Goals

List all the things you'd like to do in your lifetime.



- (Type).
- (Type).
- (Type).



### Reflection Summary

- Top 3 things that stand out about who I am:
- One action I'll take to explore my interests further:



- (Type).
- (Type).
- (Type).