

Your Patient's Family Doesn't Know What's Coming.

You do. That's why you're referring them to Advocates For Hope.

Advocates For Hope gives TBI families what the healthcare system doesn't have time to provide: honest education about what's ahead, hands-on navigation through every stage of care, and advocacy that keeps families informed and empowered — from the ICU to long-term recovery. Kathleen Skeins is a Board Certified Patient Advocate (BCPA) and wife of a severe TBI survivor. She doesn't just understand this process. **She lived it.**

ACUTE HOSPITAL (First 72 Hours)

ICU in plain language. What to ask, what to pay attention to, and how to ask for help.

TRANSITION & CARE PLANNING

Navigating discharge, rehab placement, and the road home — preventing costly mistakes families never see coming.

LONG-TERM STABILIZATION

Connecting families to the right therapists, resources, and support to build a sustainable life after TBI.

What Providers See Coming — That Families Don't

● The Premature Discharge Trap

Families agree to bring a survivor home before they understand what that actually requires — no accessible bathroom, no trained caregiver, no home health in place. The survivor is back in the ER within weeks. **This is preventable with two conversations before discharge.**

● The Insurance Deadline Nobody Mentioned

TBI survivors have narrow windows to secure certain coverages, long-term benefits, and legal protections. Families miss these deadlines — not because they didn't care, but because no one told them the clock was ticking. **These windows don't reopen.**

● The Caregiver Who Disappears

Spouses and parents pour everything into the survivor — until they break. No respite plan, no mental health support, no financial structure in place. When the caregiver goes down, the survivor does too. **Caregiver collapse is predictable. It's also preventable.**

Who Should Be Referred

● Families in the ICU who look lost

If they're nodding at everything and asking nothing, they're not understanding — they're surviving the moment.

● Caregivers approaching discharge without a plan

If no one has walked them through what 'going home' actually means for a TBI patient, the next call may be a crisis line.

● Survivors entering outpatient rehab

The gap between inpatient and outpatient is where families lose the thread. Navigation here prevents backsliding.

● Long-term caregivers showing signs of burnout

Isolation, missed appointments, declining self-care. These are the families one conversation away from collapse.

About Kathleen Skeins, BCPA: Board Certified Patient Advocate, wife of a severe TBI survivor, and founder of Advocates For Hope. She built this service because families deserve someone who already knows what's waiting on the other side of every hard decision they're facing.

Refer Your Patient's Family Today

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