



DR. GOPAKUMAR, PT, FSPR-UK

SR. PHYSIOTHERAPIST

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PROFESSIONAL SUMMARY

Counseled patients on treatments and strategies for improving long-term well-being through targeted exercises. Trained athletes to avoid injuries. Maintained clinical professional development by incorporating new treatment trends and research. Supervised and coordinated work of Junior physiotherapists, interns and students. Completed fellowship in sports physiotherapy and rehab from international health and fitness association (uk)

ACADEMIC BACKGROUND

- BACHELORS IN PHYSIOTHERAPY FROM DR. MGR MEDICAL UNIVERSITY, CHENNAI.
- FIRST AID & BASIC LIFE SUPPORT COURSE (BLS) FROM PARAMEDICS RESEARCH
- INSTITUTE FOR MANAGEMENT OF EMERGENCIES, BANGALORE.
- POST GRADUATE FELLOWSHIP PROGRAM IN CARDIAC REHABILITATION FROM APOLLO HOSPITALS EDUCATIONAL & RESEARCH FOUNDATION IN SEPTEMBER 2007.
- COMPLETED DIPLOMA IN COMPUTER APPLICATION FROM CHENNAI.
- ERGONOMICS RICH EXPERIENCE SPECIALIST
- CERTIFIED TAPING INSTRUCTOR
- CERTIFIED CORE CONDITIONING SPECIALIST CERTIFIED IASTM INSTRUCTOR
- CERTIFIED SPORTS TRAINER
- CERTIFIED OSTEO MANIPULATION THERAPIST (OMT)
COMPLETED FELLOWSHIP IN SPORTS PHYSIOTHERAPY AND REHAB FROM INTERNATIONAL HEALTH AND FITNESS ASSOCIATION (UK)

CAREER HISTORY

- CEO OF GK FUTURE INNOVATIONS
- SR.SPORTS & NEURO PHYSIOTHERAPIST
- SR.ACADEMICIAN AND PROPERITOR OF CORE PHYSIO ACADEMY OF SPORTS SCIENCES (CASS)
- CONDUCTING COURSES FOR PHYSIOS
- ASSOCIATED & TREATED FOOTBALL PLAYERS, BADMINTON PLAYERS, CRICKETERS & OTHER ATHELETES
- CONDUCTED ERGONOMIC WORKSHOPS FOR CORPORATES
- WORKED AS CHIEF PHYSIOTHERAPIST IN GANGOTRI HOSPITAL FROM 2008
- SPORTS ENHANCEMENT & PERFORMANCE SPECIALIST AT HSR CRICKET ACADEMY, BANGALORE.
- CONDUCTED GROUP FITNESS CLASSES & PERSONAL FITNESS TRAINING AT VARIOUS RESIDENTIAL AREAS ON CONTRACT BASIS IN BANGALORE
- WORKED AS PHYSIOTHERAPY REGIONAL HEAD IN FITNESS ONE, BANGALORE. CONDUCTED ERGONOMICS
- WORKED AS PHYSIOTHERAPIST IN MINISTRY OF HEALTH, KUWAIT FROM AUGUST 2002 TO NOVEMBER 2008.
- ALSO WORKED AS A SPORTS PHYSIOTHERAPIST FOR THE FOOTBALL CLUB INKUWAIT.
- WORKED AS A PHYSIOTHERAPIST IN AL AJMI PHYSIOTHERAPY CENTRE IN ABU DHABI, UAE.
- TWO AND A HALF YEARS EXPERIENCE AS FULL TIME CLINICAL THERAPIST IN DHANVANTHRI CRITICAL CARE CENTER,INDIA.

WORKSHOPS CONDUCTED IN THESE CORPORATES

- HEALTH METER SERVICES PVT LTD
- CIEGOLDE
- ARTECH SOFTWARE-CYBERTECH PARK, BANGALORE
- MINDTREE SOFTECH
- KPMG
- FIRSTSOURCEG.
- KPI PARTNERS

AWARDS , APPRECIATION & ARTICLES PUBLISHED

- AWARD IN INDIAN BUSINESS AWARD 2016 FOR BEST PHYSIOTHERAPY IN BANGALORE
- SIGNIFICANT CONTRIBUTION AWARD IN PHYSIOTHERAPY (BPN)
- BEST PROJECT IN PHYSIOTHERAPY, MINISTRY OF HEALTH, KUWAIT
- ARTICLE PRESENTED & PUBLISHED IN NOVEL PHYSIOTHERAPY JOURNAL ON CORE STABILITY
- TRAINING IN SPINAL CORD INJURIES
- ARTICLE- MAINTAINING FITNESS IN THE OFFICE PRESENTED IN THE NOVEL THE FITNESS CURRENCY BY MR. UTKARSH RAI
- PHYSIO EXCELLENCE AWARD BY PHYSIO FOUNDATION INDIA 2017

- BHARAT GAURAV PURASKAR BY KTK OUTSTANDING ACHIEVER & EDUCATION FOUNDATION
- APPRECIATION RECEIVED FOR
 - HONOURED BY MEDICAL TRUST HOSPITAL FOR ONE DAY ACL REHAB IN ACL RECON
 - HONOURED BY GARDEN UNIVERSITY, BANGALORE ON THE OCCASSION OF THE CREAM OF GCU
 - HONOURED FOR BEING SPEAKER IN ICEM 2019
 - HONOURED FOR BEING SPEAKER IN IHFA NATIONAL CONFERENCE IN SPORTS INJURIES AND REHABILITATION
 - HONOURED FOR DEDICATION AND EFFORTS FOR THE EVENT BY PHYSIOCARE & SPORTS PVT LTD
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