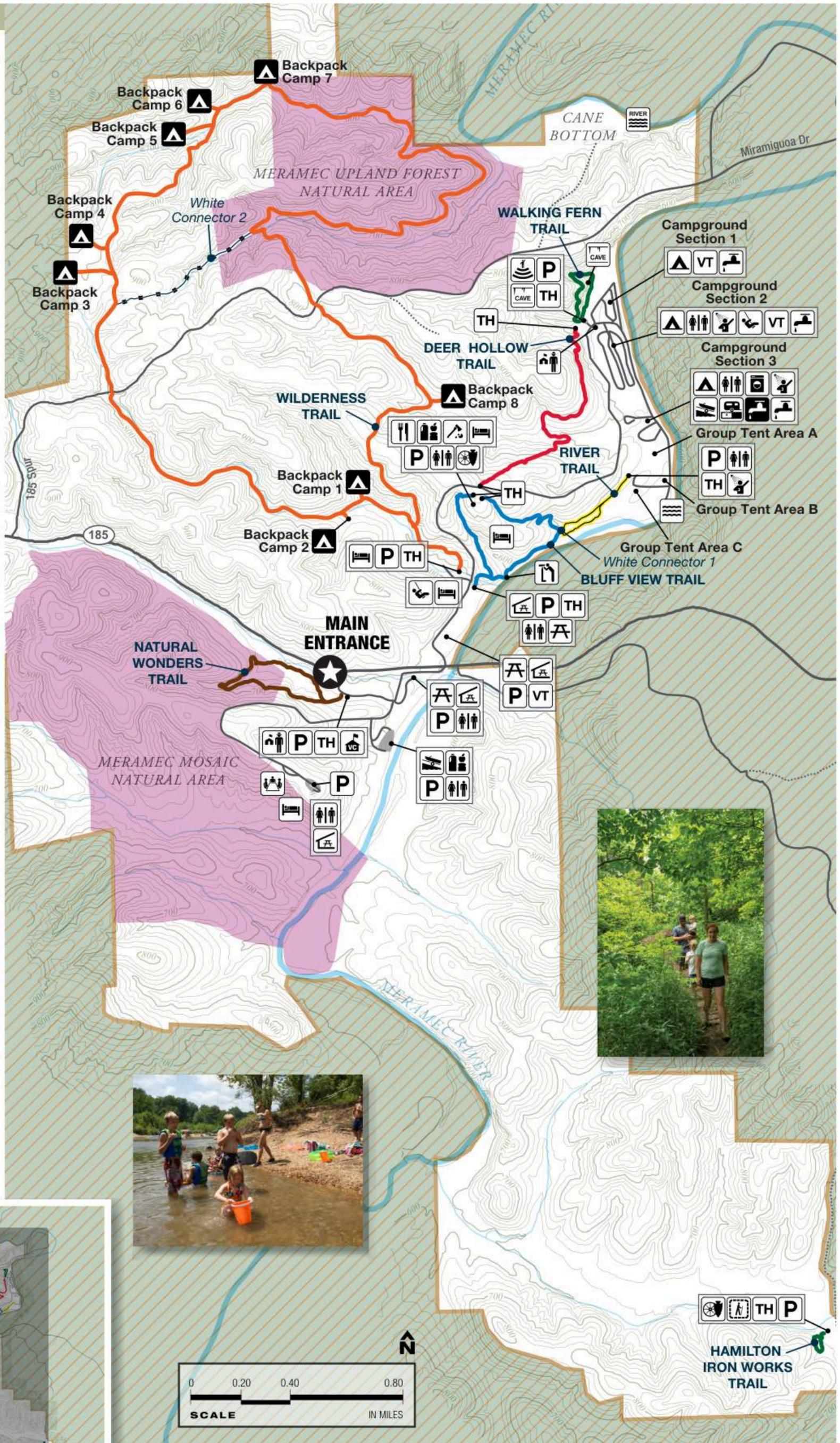


MERAMEC STATE PARK MAP

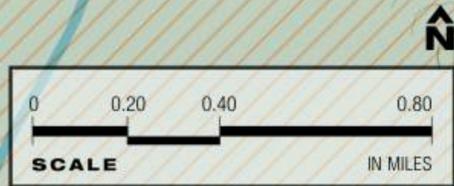
LEGEND

- Main entrance
- Interstate highway (multi-lane)
- U.S. highway (two-lane)
- State route
- Gravel road
- Land contour
- Natural area
- Not state park property
- Park boundary
- Stream or creek
- Trail blazed in red
- Trail blazed in orange
- Trail blazed in yellow
- Trail blazed in green
- Trail blazed in blue
- Trail blazed in brown
- Trail (connector)
- Water
- Camping
- Backpack camp
- Lodging
- Park store
- Hiking trail
- Backpacking trail
- Interpretive trail
- Picnicking
- Visitor center
- Amphitheater
- Boat ramp
- Cave
- Conference room
- Cultural feature
- Dump station
- Frost free water
- Overlook
- Parking
- Park office
- Picnic shelter
- Playground
- Restaurant
- Restroom
- River access
- Showerhouse
- Trailhead
- Vault toilet
- Water
- Water access
- Woodlot



CONTACT INFORMATION

Meramec State Park
 115 Meramec Park Drive
 Sullivan MO 63080-4271
 573-468-6072
mostateparks.com



DISCLAIMER: This map is not a legal survey. The Missouri Department of Natural Resources makes no warranty, expressed or implied, as to the accuracy of the data or related materials and is not responsible for any damage or loss resulting from its use.

TRAIL NAME	MILEAGE	BLAZE COLOR	APPROVED USAGE	RATING	TRAIL EXPERIENCE *
Bluff View Trail	1.50	 Blue		Moderate	2, 3, 7, 8, 9
Deer Hollow Trail	1.25	 Red		Moderate	2, 3
Hamilton Iron Works Trail	0.20	 Green	 	Rugged	2, 3
Natural Wonders Trail	1.20	 Brown		Moderate	2, 3, 6, 9
River Trail	0.75	 Yellow		Moderate	2, 3, 9
Walking Fern Trail	0.50	 Green		Rugged	2, 3, 6, 7, 8, 9
Wilderness Trail	8.25	 Orange	 	Rugged	2, 3, 4, 7, 10, 12
Connector Trail ()		 White			

Connector trails are available on some trails, are numbered and will modify your hike. See map for more information.

* **YOU MAY EXPERIENCE:** ① Slippery conditions and/or downed vegetation ② Natural surface: dirt, mud, gravel, loose rocks, slippery surface, etc. ③ Rocks, roots and/or downed vegetation on trail ④ Low-hanging vegetation ⑤ Physically challenging obstacles ⑥ Wood or stone steps ⑦ Steep grades and inclines over 10% ⑧ Bluffs or drop-offs next to trail ⑨ Bridges and/or structural crossings ⑩ Water/stream crossings without bridges ⑪ Occasional water over trail ⑫ Road/highway crossing ⑬ Emergency response signs ⑭ Narrow passages ⑮ Raised or protruding obstacles ⑯ Electric fence crossings ⑰ Bison ⑱ Rapidly changing weather conditions ⑲ Motorized boat traffic ⑳ Unexpected waves ㉑ Changing water levels ㉒ Surface or submerged objects

BLUFF VIEW TRAIL

 **1.5-mile loop** TRAIL RATING: Moderate
ESTIMATED HIKING TIME: 1 hour

Bluff View Trail is very popular for its superb views from the edge of two bluffs along the Meramec River. Between the bluffs, the trail descends to the bank of the river. An octagonal stone trail shelter built by the Civilian Conservation Corps is located on the southern bluff where the picnic area trailhead joins the main trail. White Connector 1 allows access to River Trail.

DEER HOLLOW TRAIL

 **1.25 miles one way** TRAIL RATING: Moderate
ESTIMATED HIKING TIME: 1 hour

Deer Hollow Trail was one of the first trails to be built in the park by the Civilian Conservation Corps in the early 1930s. It leads from the Fireside Store to Fisher Cave. True to its name, this trail passes through an area of the park where deer are commonly seen. The entire trail is surrounded by mature woodland. Dogwood trees bloom in abundance along this trail in late April, and fall color is ablaze by early October.

HAMILTON IRON WORKS TRAIL

 **0.20-mile loop** TRAIL RATING: Rugged
ESTIMATED HIKING TIME: 10 minutes

Interpretative stations along Hamilton Iron Works Trail explain the historic remains of a once-bustling blast furnace that operated around the clock, seven days a week. Wildflowers adorn the woodland floor in the spring, but the best time to see the ruins is in the late fall and winter, after the leaves have fallen.

NATURAL WONDERS TRAIL

 **1.20-mile loop** TRAIL RATING: Moderate
ESTIMATED HIKING TIME: 1 hour

Caves, glades, mature woodland, a spring-fed creek and beaver meadows that may show old and recent tree gnawing are a few examples of the exciting things to discover along Natural Wonders Trail. The trail winds through part of the Meramec Mosaic Natural Area, and few trails this length are home to such great biodiversity. Birds like the ovenbird and wood thrush can be seen along the trail from mid-spring through late summer. A cool, refreshing step into Elm Spring Creek may cause flashes of color by many fish. In late fall, deer rubs can be seen on small saplings, while frost flowers burst from stalks in an old beaver meadow.

RIVER TRAIL

 **0.75-mile loop** TRAIL RATING: Moderate
ESTIMATED HIKING TIME: 35 minutes

River Trail is a natural surface trail. Part of the trail winds along a slough of the Meramec River, where herons frequently feed and kingfishers often nest. In late April, bluebells bloom in profusion along much of the trail. At its mid-point, the trail passes through a Civilian Conservation Corps-built trail shelter, where hikers can gain access to the scenic Bluff View Trail via white connector 1.

WALKING FERN TRAIL

 **0.50-mile loop** TRAIL RATING: Rugged
ESTIMATED HIKING TIME: 30 minutes

Walking Fern Trail is a natural surface trail that begins and ends at the entrance to Fisher Cave, which is a nice cool place to visit after a summer hike. The trail's namesake is a large boulder located near the midpoint that is covered with walking ferns. Although the trail is one of the shortest in the park, it is also one of the most interesting. The lower part of the trail clings to the base of several bluffs, one of which contains the intriguing entrance to Indian Cave. The woodland along this portion of the trail is very lush. The upper part contains a diversity of plants adapted to dry rocky soils, largely due to the trail's sharp change in elevation. In this area, the trail may have steep slopes along its side.

WILDERNESS TRAIL

 **8.25-mile loop** TRAIL RATING: Rugged
ESTIMATED HIKING TIME: 8 hours, 15 minutes

Wilderness Trail, the park's longest trail, includes several great geological and natural features. It has a rich history of construction, starting with sections built by the Civilian Conservation Corps for horse trails in the early 1930s.

The northern section meanders through the heart of Meramec Upland Forest Natural Area, the most rugged and remote area of the park. The forests are rich and majestic, with tall, dense and diverse communities in some areas and cherty woodlands in others. The Meramec River can be seen from a high vantage point. Woodlands with rocky glades will appear on sun-drenched slopes.

The trail is natural surface and is considered moderately difficult. However, due to its length, it should not be attempted by beginning hikers unless accompanied by someone more experienced. A 0.70-mile White Connector 2 provides a shorter hike. Eight backpack camps are provided along the way; register at the registration box just beyond the trailhead.



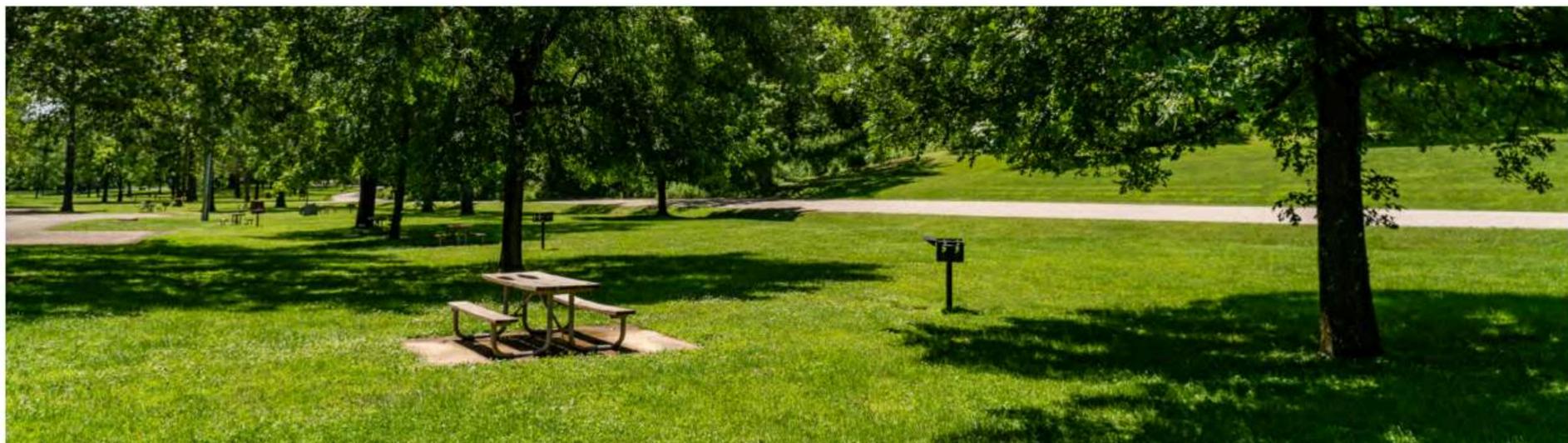
Things to Know Before You Go

- Carry out what you carry in. If the trail users before you have not done this, you can help by removing their trash too.
- Keep your group small. This is less likely to harm the native landscape.
- Dispose of human waste properly. The top six or eight inches of soil provide a system of biologic disposers that decompose organic material. Hikers should select a spot at least 100 feet from any open water; dig a small hole no deeper than six or eight inches; after use, fill the hole with loose soil and tramp in the sod. Nature will do the rest.
- Stay on the trail. Do not take shortcuts. The trail has been laid out to minimize destruction of vegetation and prevent erosion.

Rules of the Trail

- Only hikers and backpackers are permitted on the park trails.
- All trail users must register at the trailhead or park office before starting their trip.
- Groups of seven or more persons are permitted to camp only in designated areas. They must camp at least 100 feet from the trail, 200 feet from any major public-use area, and at least one-fourth mile from the trail entry/exit point.
- Campfires are prohibited. Bring your own stove if necessary.
- Cutting implements (saws, hatchets, etc.) are not allowed.
- All other rules and regulations pertaining to park use are applicable.

NOTE: Ticks and chiggers are abundant. May through mid-October. Be prepared with insect repellent.



**Backpack
Camp 7**

MERAMEC

CANE
BOTTOM

RIVER

Miramiguoa Dr

MERAMEC UPLAND FOREST
NATURAL AREA

WALKING FERN
TRAIL

Campground
Section 1

Icons: Backpack, VT, Shower

Campground
Section 2

Icons: Backpack, Restroom, Picnic Table, Fire Ring, VT, Shower

Campground
Section 3

Icons: Backpack, Restroom, Picnic Table, Fire Ring, Shower, Fire Ring, Shower

Group Tent Area A

Icons: Restroom, Picnic Table, Fire Ring

Group Tent Area B

Group Tent Area C

White Connector 1

BLUFF VIEW TRAIL

Campsites

DEER HOLLOW
TRAIL

Backpack
Camp 8

RIVER
TRAIL

WILDERNESS
TRAIL

Backpack
Camp 1

Backpack
Camp 2

MAIN
ENTRANCE

Icons: Fire Ring, Restroom, Picnic Table, Cave

TH

Restroom

Icons: Picnic Table, Restroom, Fire Ring, Bed, Restroom, Wheelchair Access

TH

Icons: Bed, Restroom, Picnic Table, Fire Ring

Icons: Fire Ring, Bed

Icons: Fire Ring, Restroom, Picnic Table, Fire Ring, Restroom

Icons: Fire Ring, Fire Ring, Restroom, VT

Icons: Fire Ring, Fire Ring, Restroom, Restroom

Icons: Fire Ring, Picnic Table, Restroom, Restroom

Icons: Restroom, Restroom, Picnic Table, Fire Ring, Picnic Table

Icons: Restroom, Restroom, Picnic Table

Icons: Bed, Restroom, Restroom, Fire Ring



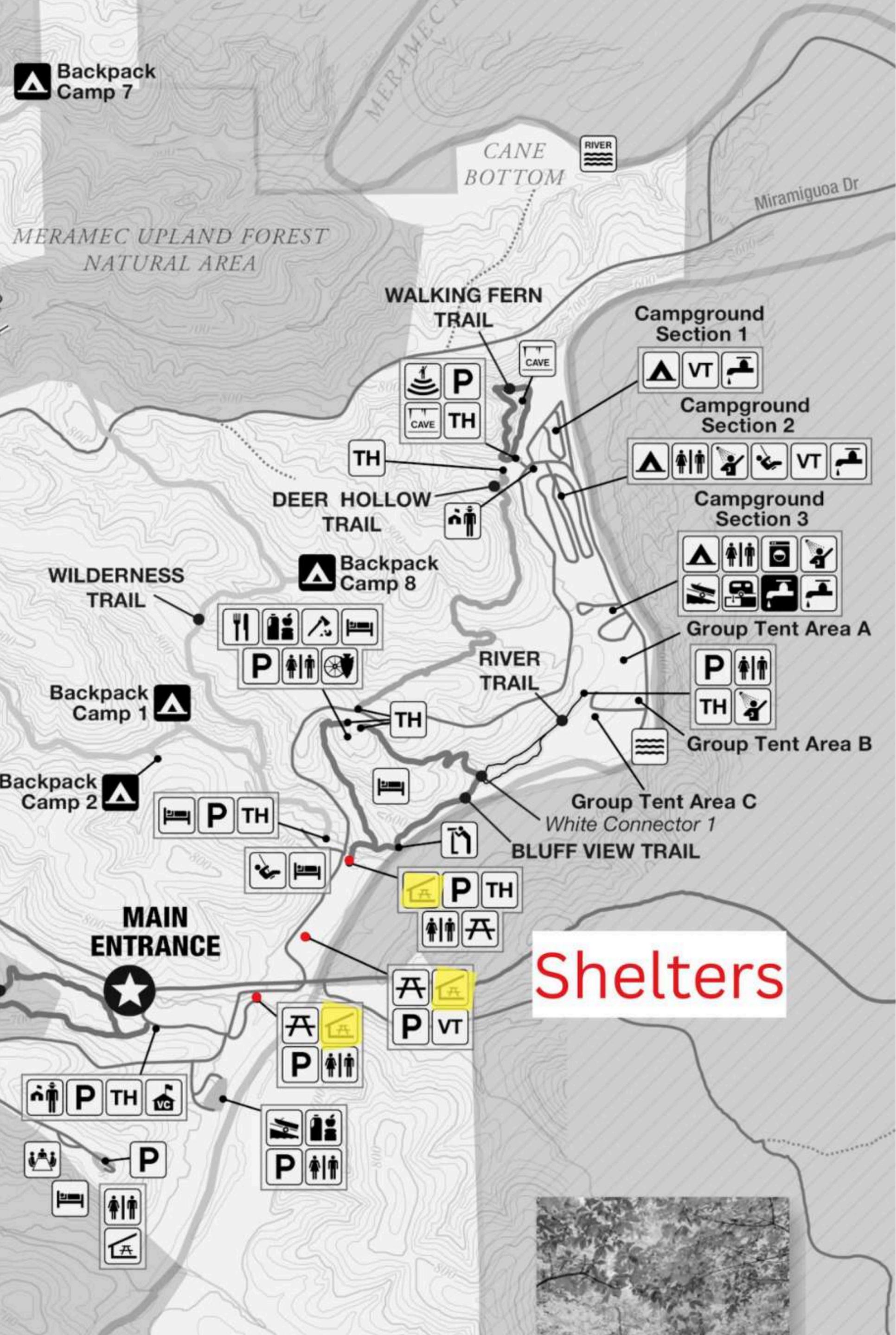
MERAMEC STATE PARK

LEGEND

- P Picnic Area
- C Camping
- H Hiking Trail
- PS Picnic Shelter
- DL Dining Lodge
- CB Cabins
- TD Trailer Disposal Station
- SH Showerhouse
- ST Park Store
- R Restroom



 Backpack
Camp 7



MERAMEC UPLAND FOREST
NATURAL AREA

CANE
BOTTOM

RIVER

Miramigoua Dr

WALKING FERN
TRAIL

Campground
Section 1

Campground
Section 2

Campground
Section 3

WILDERNESS
TRAIL

DEER HOLLOW
TRAIL

Backpack
Camp 8

RIVER
TRAIL

Group Tent Area A

Group Tent Area B

Backpack
Camp 1

Backpack
Camp 2

Group Tent Area C

White Connector 1

BLUFF VIEW TRAIL

MAIN
ENTRANCE

Shelters

