

WhatsApp for Beginners

WhatsApp is a free app that allows messages, photos, and video calls with friends and family.

Setting Up WhatsApp

Download WhatsApp from the App Store or Google Play Store.

Adding Contacts

Allow WhatsApp to access your phone contacts.

Sending Messages

Tap a contact and type your message at the bottom.

Making Video Calls

Tap the camera icon to start a video call.

Sending Photos

Tap the paperclip or plus icon to share pictures.

Voice Notes

Hold the microphone icon to record a message.

Safety Tips

- Never send money to unknown people.
- Ignore suspicious links and prize messages.
- Use privacy settings to control who sees your information.
- Ask family for help if unsure about a message.

Prepared for [FreeCallsForSeniors.co.uk](https://www.FreeCallsForSeniors.co.uk) — Helping older adults stay connected safely.