

■ How to Video Call on Google Meet

Free video calls — great for Android users & Gmail users

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■■ What you need to know: Google Meet is a free video calling app made by Google. If you use Gmail or an Android phone, you may already have it. It works on any phone, tablet or computer and is completely free.

First — Get the Google Meet App

Google Meet may already be on your Android phone. If not, go to your **App Store (iPhone/iPad)** or **Google Play Store (Android)**, search for "**Google Meet**" and download it — it's completely free.

You'll need a **Google account** (Gmail) to use Google Meet. If you already use Gmail, you're ready to go!

Starting a Video Call

- 1 Open Google Meet**
Find the Meet icon — it looks like a green video camera. Tap it to open.
- 2 Sign in if asked**
Use your Gmail address and password. If you're already signed into Google on your phone, it may sign in automatically.
- 3 Tap "New Call"**
You'll see this button on the main screen. Tap it to start a new video call.
- 4 Find the person you want to call**
Type their name or Gmail address in the search box. Tap their name when it appears.

5 Tap the video camera button

This starts the video call. Their phone will ring and they'll see your face when they answer.

6 End the call

Tap the red phone button at the bottom of the screen when you're ready to say goodbye.

■ **Tip:** The person you're calling also needs a Google account (Gmail). If they have one, Google Meet is a brilliant free option — especially for Android users.

Joining a Google Meet Call From a Link

Often someone will send you a Google Meet link by email or text. This is the easiest way to join:

1 Open the message with the Meet link

Look for a link starting with "meet.google.com/..." in your email or texts.

2 Tap the link

Google Meet will open automatically.

3 Tap "Join now"

You'll see a preview of yourself first. When you're ready, tap "Join now".

4 You're in!

You'll see the other person or people on screen. Say hello!

Handy Buttons During a Google Meet Call

■ **Microphone** — Tap to mute or unmute yourself.

■ **Camera** — Tap to turn your camera off or back on.

■ **Leave call** — Tap the red button to end the call.

■ **Flip camera** — Switches between front camera (your face) and back camera.

Common Questions

■ Do I need a Gmail account?

Yes — you need a Google (Gmail) account to make calls. The person you're calling also needs one. If you don't have Gmail, it's free and easy to set up — ask a family member to help.

■ Is Google Meet the same as Google Duo?

Google Duo was an older Google calling app that has now merged into Google Meet. If you had Google Duo, your contacts have moved across automatically.

■ Can I use it on a computer?

Yes! Google Meet works brilliantly in a web browser on any computer. Just go to meet.google.com and sign in with your Gmail.

■ Is it really free?

Yes — Google Meet is completely free for personal use. Video calls over Wi-Fi cost nothing at all.

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