



WEEKLY RECONCILIATION

Fifteen minutes. Once a week. No excuses.

Builds on Chapter 13: Reconcile the Ledger.

Week of: _____

BLACK INK *Gains and Forward Motion*

Three to five things you did that moved your life forward. Not intentions. Actions.

1. _____
2. _____
3. _____
4. _____

RED INK *Losses and Drift*

Three to five things that moved you backward or weakened your identity. And where did you give yourself permission to drift?

1. _____
2. _____
3. _____
4. _____

THE LIE UNDER THE RED

Every red pattern sits on a belief. Name it. Until you name the lie, you will keep defending it.

THE PATTERN ENDING TODAY

Pick the one that costs you most. Write it plainly. This ends today.

THE REPLACEMENT ENTRY

What you will do instead. Simple and repeatable, for the next seven days.

WHO I AM BECOMING

The numbers change when the person does. Who do this week's entries say I am? Who am I choosing to become?

MY SEVEN-DAY COMMITMENT

One sentence that defines this week.

The ledger does not punish you. It simply reflects you.

The Ledger Never Lies | Bill Stovall | theledgerneverlies.com

© 2026 Bill Stovall · The Ledger Never Lies · Free to print and share for personal use. Not for resale.