

# **Curriculum Vitae**

April 2026

**Anil Swarup M.D. MBA FAPA**

## **Address**

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## **Education:**

Aug 2019 - May 2021	Executive MBA Southern Methodist University Cox School of Business Dallas, TX
January – June 2015	Leadership Institute Development Program Office of Faculty Diversity and Development Metrocare Services of Dallas Dallas TX
July 2006 - June 2007	Chief Resident Child and Adolescent Psychiatry Mount Sinai School of Medicine Elmhurst Hospital Center - Mount Sinai Services Elmhurst, NY
July 2005 - June 2007	Fellowship in Child and Adolescent Psychiatry Mount Sinai School of Medicine Elmhurst Hospital Center - Mount Sinai Services Elmhurst, NY Director: Dr. Douglas Beer M.D.
July 2002 - June 2005	Resident in General/Adult Psychiatry Louisiana State University Health Sciences Center Shreveport, LA Residency Director: Anita Kablinger M.D. Chairman: Dr. Arthur Freeman
July 2003 - June 2005	Resident Executive Council

	Department of Psychiatry Louisiana State University Health Sciences Center Shreveport, LA
July 2002 - June 2003	Internship in Psychiatry Louisiana State University Health Sciences Center Shreveport, LA
Sept 2000 - January 2001	Externship Addiction Psychiatry and Chemical Dependency Unit Flushing Hospital Medical Center Flushing, NY
April 2000 - August 2000	Externship Department of Psychiatry Jamaica Hospital Medical Center Jamaica, NY
April 1998 - June 1999	Resident Intern Maulana Azad Medical College and Lok Naya, GB Pant and Associated Hospital Rotatory Internship New Delhi India
August 1993 - June 1999	Bachelor of Medicine and Bachelor of Surgery (M.B., B.S.) Maulana Azad Medical College New Delhi India

**Licensure and Board Certification:**

Texas Medical License  
Oklahoma Medical License  
Utah Medical License

Diplomate American Board of Psychiatry and Neurology  
- Expiration 2028

Diplomate American Board of Preventative Medicine -  
Expiration 2032

Diplomate American Board of Psychiatry and Neurology with  
Sub specialization in Child and Adolescent Psychiatry  
Expiration 2028

**Academic Appointments:**

January 2019 - June 2024      Clinical Associate Professor  
Department of Psychiatry  
UT Southwestern  
Dallas, TX

**Major Committee Appointments:**

January 2018-Dec 2018      Member, Committee on HIM/Pharmacy & Therapeutics  
Privileging & Credentials  
Medical City Green Oaks Hospital  
Dallas, TX

July 2015- current              Member, Council on Service  
Subcommittee for Children & Adolescents  
Texas Society of Psychiatric Physicians  
Executive Director: John Bush

July 2015 - Current              Member, Council on Service  
Subcommittee for Public Mental Health Services  
Texas Society of Psychiatric Physicians  
Executive Director: John Busch

March 2014 - Current              Physician Clinical Leadership  
Medical Director  
Texas Region Child and Adolescent Mental Health  
Phoenix House  
New York, NY

July 2014 - March 2016          Committee on Collaboration for Services with UTSW  
Lead Psychiatrist  
Metrocare Services  
Dallas, TX

July 2014 - October 2015        Committee for search and development of new EHR  
system for the Organization  
Metrocare Services  
Dallas, TX

July 2014 - March 2016          Leadership Committee  
Medical Director

Metrocare Services  
Dallas, TX

July 2006 - June 2007  
Chief Resident Child and Adolescent Psychiatry  
Educational liaison for rotations for Pediatric Residents, Psychiatry Residents, and Neurology Residents  
New York, NY

July 2003 - June 2005  
Resident Representative  
Psychiatry Residents  
Louisiana State University Health Sciences Center  
Shreveport, LA

**Employment History:**

Sept 2023 - Present  
**Medical Director**  
Center for Discovery,  
Addison and Plano, TX

Feb 2019 – Present  
**Child/Adolescent Psychiatrist**  
Red Rock Behavioral Health Services  
Oklahoma City, OK

October 2018 - Present  
**Medical Director (for Behavioral Health)**  
Recuro Health,  
Coppell, TX

Feb 2019 - Dec 2024  
**Medical Director**  
Eating Disorder Solutions  
Dallas, TX  
Evaluations, diagnosis and treatment of adults admitted to residential and Partial Hospitalization Program with eating disorders.  
Developing policies regarding admission criteria and psychiatric care  
Helped develop an Eating Disorder specific EMR system

March 2014 – Oct 2023  
**Medical Director**  
Adolescent Residential Treatment Center  
Phoenix House of Texas  
Dallas and Austin, TX  
Developing policy for clinical guidelines for treatment of acute

withdrawal syndromes.

Achieving higher successful completion rates in collaboration with the clinical team compared to peers in the region

Guidelines implemented for exclusionary criteria to admission to residential treatment center and partial hospitalization program

Reviving the Intensive Outpatient Program for adolescents

Oct 2021- Sept 2023

**Medical Director**

Newport Behavioral Health

Dallas, TX

Initial evaluations and follow ups of adolescents admitted to the PHP/IOP level of care.

Collaboration with the treatment Team

Consultation and guidance of families

Feb 2019 – Sept 2019

**Medical Director**

Center for Discovery

Addison, TX

Initial evaluation and follow ups of adolescent and adults admitted to PHP/IOP level of care with eating disorders. .

Collaborating with treatment team and assisting with guidance and consultation of families.

March 2016 - Dec 2018

**Child and Adolescent/Adult Psychiatrist**

Green Oaks Integrated Outpatient Clinic Dallas, TX

Recognized Leader with the Organization in treatment for Autism, IDD, ADHD, Mood disorders, Behavioral Problems and substance use disorder

Collaborating Psychiatrist with the upper management for the Medication assisted Treatment clinic for Opioid use disorder

October 2012 - Dec 2018

**Lead Shift Psychiatrist**

Psychiatric Emergency Services/Crisis Stabilization Unit Medical City Green Oaks Hospital

Dallas, TX

Detox for substance use disorders. Night coverage for inpatient First responder in medical and behavioral codes at the hospital

January 2016 - March 2018

**Child and Adolescent Psychiatrist**

Youth Center, Outpatient Services (March 2017 - March 2018)  
Intellectual Deficit Disorders Clinic (Jan 2016 - March 2017)  
MHMR of Tarrant County  
Arlington, TX and Fort Worth, TX  
Oversight of the required IDD services in the IDD clinic  
Evaluation and medication management for all age groups

July 2014 - March 2016

**Regional Medical Director**

Altschuler Clinic for Child and Adolescent Psychiatry and Garland  
Family Clinic (Garland, TX)  
Metrocare Services Dallas,  
TX

Spearheaded the collaboration between Parkland Hospital  
community health centers and Dallas Metrocare Services for  
smoother transition and referral process

Created new workflow process using lean principles and  
eliminating redundant and wasteful steps to decrease lag time to  
see providers

Improved the customer satisfaction feedback by implementing  
meaningful positive interactions and communications with point of  
contact.

Initiating round table discussions between clinical and medical  
personnel to identify negative metacommunication

Creating monthly Wellness fairs at the outpatient clinic by  
internists and pediatricians for pro-active disease prevention.

May 2012 - March 2016

**Child and Adolescent Psychiatrist**

Westside Family Center (Hillside Campus) May 2012-Jun 2014  
Eastside Clinic (Altschuler Center) - Jun 2014 - March 2016  
Metrocare Services  
Dallas, TX

Achieved top 3% in productivity in the organization of 1000+  
employees quarter over quarter with improving customer  
satisfaction scores.

Initiated the beginnings of Family Practice Residents (UTSW) rotation in community mental health centers

August 2013 - Feb 2015

**Adult Psychiatrist with dual diagnosis treatment**

Judge John C. Creuzot Judicial Treatment Center (DDRTC)  
Wilmer, TX

Provide treatment for co-morbid addictive and psychiatric disorders.

Involved in supervision and continuing education of the staff in the clinic.

Achieving over 95% success rate in successful completion of the program leading to earlier release from incarceration and returning back as productive society members.

January 2012 - May 2012

**Chief Psychiatrist**

East Mississippi Correctional Facility  
Meridian, MS

Performed Psychiatric evaluations, medication management, Assessment for capacity evaluation for "special needs" patients and 1500 prisoners with mental health issues

August 2011 - May 2012

**Chief Psychiatrist**

Oakley Youth Development Center (Raymond Training School)  
Raymond, MS

Mental health care to delinquent Juveniles committed to DYS custody through OYDC for periods of 3 - 12 months. Provided Cognitive Behavioral therapy, lead group sessions, psychiatric evaluations, psychopharmacotherapy management and fostered new relationship models. Supervised and provided guidance for treatment models, and create individualized treatment plans

August 2007 - June 2011

**Lead Child and Adolescent Psychiatrist**

**Adult Psychiatrist**

Initiated new and individualized treatment plans for patients and developed new nurse led strength based groups to increased compliance to treatments and appointments.

Spearheaded cohesion of outpatient and crises services in 10 s Southern Mississippi counties. Fostered new relationships with acute inpatient hospitals

**Teaching Activities:**

Medical City Green Oaks Hospital

March 2016 - December 2018

Education and supervision of Nurse Practitioner students  
Teaching evidence based medicine to provide strong foundation for treatment. SSuccessfully recruited a Nurse Practitioner student to outpatient services post graduation.

Journal Clubs for Physician and Nurse practitioners to discuss sentinel articles for improved care for patients

Supervision and guidance for PGY3, PGY4, and PGY5 Psychiatry residents moonlighting in the Psychiatric Emergency Services

Phoenix House of Texas

March 2014 - October 2023

Nurse and Nurse Managers education and supervision

Anticipated July 2019

PGY5 UT Southwestern Addiction Psychiatry fellows

Metrocare Services

July 2014 - March 2016

Physicians and Nurse Practitioners - weekly supervision to improved productivity and personal growth

Therapists, and Counselors - Weekly Meetings to deconstruct challenging therapy cases

PGY5 - SUpervision and education of Community Psychiatry Fellows (UTSW)

PGY 2 and PGY 3 - Pediatrics Residents (UTSW)

PGY4 and PGY5 - Child and Adolescent Psychiatry Fellows (UTSW)

May 2012 - March 2016

PGY 2, PGY 3, - Psychiatry Residents (UTSW)

PGY 4, PGY5 - Child and Adolescent Psychiatry Fellows (UTSW)

**Research:**

Osteoporosis Concerns in the Psychiatric Patient

PI: Anita Kablinger, MD

Sub-Investigator: Anil Swarup, M.D.

December 2002-November 2003

A multicenter, randomized, double-blind, placebo-controlled study of an investigational medication in the treatment of patients with Bipolar I disorder with a Major Depressive Episode.

Bristol-Myers Squibb

PI: Anita Kablinger, M.D.

Sub-Investigator: Anil Swarup, M.D.

May 2004 – June 2005

A multicenter Randomized Double Blind Placebo controlled study of an investigational medication monotherapy in the treatment of acutely manic patients with Bipolar I disorder

Bristol-Myers Squibb

PI: Anita Kablinger, M.D.

Sub-Investigator: Anil Swarup, M.D.

May 2004-June 2005

Research on the Effectiveness of an investigational medication in bipolar disorder in Adolescents and Children: A double-blind, randomized, placebo controlled study of the efficacy and safety of

an investigational medication for the treatment of acute mania in Bipolar I disorder.

Johnson & Johnson Pharmaceutical research & development LLC

PI: Juliana Fort, M.D.

Sub-Investigator: Anil Swarup, M.D.

August 2003 – June 2005

The efficacy and safety of an investigational medication in the treatment of adolescents with Schizophrenia: A follow up trial of previous studies.

Johnson & Johnson Pharmaceutical Research and Development LLC

PI: Anita Kablinger, M.D.

Sub-Investigator: Anil Swarup, M.D.

August 2003-June 2005

**Media Presentations:**

April 19<sup>th</sup>, 2004 – Sleep Disorders, TV Channel 3 KTBS, Shreveport, LA

July 7<sup>th</sup>, 2004 Self Help and Support Group TV Channel 6 KTAL, Shreveport, LA

August 16<sup>th</sup>, 2004 Phobias, TV Channel 6 KTAL, Shreveport, LA

October 25<sup>th</sup>, 2004, Conduct Disorders, TV Channel 3 KTBS, Shreveport, LA

Recurring segment on the local news channel for the 6 o' clock news for Mental Health issues

**Speaker Presentation:**

**Employee Satisfaction - Where are we now and how to get there  
Presentation to the Board and Executive Leadership Team of  
Metrocare Services**

**Project involved identifying current employee satisfaction, underlying issues and suggestion for using lean principles to reduce workload and higher sense of satisfaction by employees. Proposal was accepted and implemented after a month that improved employee morale and increased customer satisfaction at the pilot clinics.**

## **Awards, Honors and Recognition:**

Key Employee Award  
PineBelt Mental Healthcare Associates  
2009

Key Employee Award  
PineBelt Mental Healthcare Associates  
2008

Key Employee Award  
PineBelt Mental Healthcare Associates  
2007

Fellow of the American Psychiatric Association  
2004

MIRECC TRIPS (Training Residents in Psychiatry Scholarship)  
Award  
Department of Veteran Affairs  
May 2003

## **Volunteer Activities:**

Volunteer work  
Setting up internet access for world wide communication  
March 2018  
Village Dayalpur, State of Haryana, India

Volunteer Work  
Relief work - August and September 2017  
Hurricane in Southern Texas  
Volunteer Work  
Teaching English to elementary school children in rural areas  
November 2016  
Village Dayalpur, State of Haryana, India

Volunteer Physician,

Relief efforts - April and May 2011  
Hurricane in Tuscaloosa Alabama

**Interests:**

Mental Health Awareness using social media

Website development for free mental health resources

Creation of non-profit I&A Foundation to provide resources (clothing, housing, food) for those successfully completing rehabilitation program to jump start their social/occupational recovery

Community Chess programs for kids with learning disorders and those at risk for academic underachievement

Spearheading "Adopt a Village" program in third world countries  
Goal to bring modern amenities and resources to rural areas

**Non-Work Experience:**

Website development

Learning to code with html, css and javascript

Wordpress and other content management software knowledge

Developing new personal web server protocol for improved privacy protection without losing social presence

**Languages Known:**

English, Hindi, Urdu (spoken only), French

Working knowledge of Spanish, and German

Currently pursuing further development of mastery in Spanish

