

# 10-Day Prayer Journal: Experiencing the Presence of God

Take a moment to answer each question, read and ponder on the given Scripture, then follow each prayer prompt and write down your prayers to God.

## *Day 1: Awareness of God's Presence*

- **Reflection Question:** When do you feel most aware of God's presence in your daily life?
  
- **Scripture:** Psalm 139:7-10
- **Prayer Prompt:** Ask God to increase your awareness of His presence throughout your day. Write a short prayer expressing your desire to recognize Him more fully.

## *Day 2: Nature and God*

- **Reflection Question:** How does being in nature affect your sense of God's presence?
  
- **Scripture:** Romans 1:20

- **Prayer Prompt:** Spend time outdoors today, observing creation. Thank God for the beauty around you and how it points to His greatness. Document your feelings.

### ***Day 3: Silent Moments***

- **Reflection Question:** Can you recall a moment of silence where you felt God's presence? What did it feel like?

- **Scripture:** Psalm 46:10
- **Prayer Prompt:** Create a moment of silence today. Write about what God revealed to you during this time of stillness.

### ***Day 4: Worship and Awe***

- **Reflection Question:** What role does worship play in experiencing God's presence for you?

- **Scripture:** John 4:24
- **Prayer Prompt:** List three ways you can worship God this week. Write a prayer thanking God for the ability to worship Him freely.

### ***Day 5: Community and Connection***

- **Reflection Question:** How does being with others deepen your sense of God's presence?
  
- **Scripture:** Matthew 18:20
- **Prayer Prompt:** Reach out to a friend or family member and share how God has been present in your life. Write about how that conversation impacted you.

### ***Day 6: Scripture as Presence***

- **Reflection Question:** How do specific scriptures draw you closer to God?
  
- **Scripture:** Hebrews 4:12
- **Prayer Prompt:** Choose a verse that speaks to you and meditate on it today. Write about what it means to experience God through His Word.

### ***Day 7: Prayer as Connection***

- **Reflection Question:** How does prayer help you to feel connected to God?
  
- **Scripture:** Philippians 4:6-7
- **Prayer Prompt:** Write a list of things you want to pray about today. Reflect on how prayer opens a channel for God's presence in your life.

### ***Day 8: Gratitude and Presence***

- **Reflection Question:** How does gratitude change your perspective on experiencing God?

- **Scripture:** 1 Thessalonians 5:16-18
- **Prayer Prompt:** List five things you are grateful for today. Write a prayer of gratitude, inviting God's presence into your acknowledgment of blessings.

### ***Day 9: Challenges and Growth***

- **Reflection Question:** How have difficult times led you to experience God's presence in new ways?
  
  
  
  
  
  
  
  
  
  
- **Scripture:** 2 Corinthians 12:9-10
- **Prayer Prompt:** Reflect on a challenge you're currently facing. Write about how you can invite God into this situation and lean on His strength.

### ***Day 10: Commitment to Presence***

- **Reflection Question:** What steps can you take to make experiencing God's presence a regular part of your life?

- **Scripture:** James 4:8
- **Prayer Prompt:** Write a commitment to pursue God more intentionally. Outline specific actions you will take to deepen your relationship with Him.

### **Closing Reflection:**

Take a moment to review your journal entries from the past 10 days. What patterns do you see? What has God revealed to you about His presence? Write a closing prayer of thanks and commitment to continue seeking Him in your daily life.

This prayer journal format encourages personal reflection and deeper exploration of one's relationship with God, making it a valuable tool for experiencing His presence in daily life.