

PROFESSIONAL TRAINING PROGRAM IN ORGAN OSTEOPATHY
2026 - 2028 HONG KONG

專業培訓課程——器官骨體感醫學專項

器官骨體感醫學

Organ Osteopathy

兩年制文憑課程

2-year diploma program

專業培訓課程——器官徒手治療專項

香港 HONG KONG 2026

研討課程一：2026年4月9-12日

研討課程二：2026年4月16-19日

Seminar 1 : April 9-12, 2026

Seminar 2 : April 16-19, 2026

香港現代骨體感醫學學院
Hong Kong School of Modern Osteopathy

www.sosa-osteopathy.com

課程簡介 | PROGRAM OVERVIEW

香港現代骨體感醫學學院（HKSMO）榮譽推出其旗艦兩年制文憑課程——

器官骨體感醫學，將於 **2026 年 4 月正式開課**。

The Hong Kong School of Modern Osteopathy is proud to present its flagship **two-year diploma program in Organ Osteopathy**, commencing in **April 2026**.

本課程為器官徒手治療教育樹立全新的學術與臨床標準。

This program establishes a new academic and clinical benchmark in organ education.

適合對象 | Who Is This Program For

本課程專為具備臨床經驗的專業人士，以及高度投入、具備自我要求的學員而設。課程結合嚴謹的**科學理解與臨床技能訓練**，提供完整全面的器官骨體感醫學教育。

Designed for experienced practitioners as well as highly motivated individuals, the curriculum integrates **scientific understanding with applied clinical skill development**, offering a comprehensive education in organ osteopathy.

為何專注器官？ | Why Organ Specialization

當我們與器官工作時，正正處於與個體健康與生命力最直接接觸的位置。正確而深入的器官治療，能對組織再生與修復、免疫與整體活力，以及身體的自我調節能力產生深遠影響。

When we work with the organs, we have the best opportunity to engage with the health and vitality of the individual. Proper organ treatment has profound effects on regeneration and restoration, immunity and vitality, and the body's capacity for self-regulation.

本課程有何不同？ | What Is Different

這種「現代」的取向是新的嗎？不盡然。

「經典」與「現代」同樣屬於骨體感醫學的傳統脈絡。經典取向保留其原有形式，而現代取向則為成長與反思預留空間，在忠於創始人理念與實踐方式的前提下，整合其當時尚未具備的科學理解。這並非背離傳統，而是其成熟與深化——在一條相對獨立的傳承脈絡中，歷經數十年的發展，持續梳理並釐清骨體感醫學的核心原則，並已成功於多所頂尖骨體感醫學學院中教授。

Is this “modern” work new? Not exactly.

Both “classical” and “modern” belong to the osteopathic tradition. Where the classical preserves its original form, the modern allows space for growth and reflection, integrating scientific understanding that was not yet available to the founder, while remaining faithful to his words and way.

This is not a departure from tradition, but its maturation—refining and clarifying osteopathic principles over several decades within an independent lineage successfully taught in leading institutes.

現行多數器官徒手治療方法，仍建立於「結構與功能（structure and function）」的舊有觀念之上。此觀念多年來備受挑戰，因其包含對生理學的誤解與內在限制。

Current approaches to manual organ treatment remain based on the outdated idea of “structure and function.” This concept has been challenged and scrutinized for decades due to inherent misunderstandings of physiology.

本課程以「**形態與活動 (form and activity)**」取而代之——這不只是一個模型，而是一種符合生理學與生命過程本質的實際運作方式。其結果是一套真正獨特、並涵蓋更廣泛臨床可能性的治療取向。

We remedy this by offering “**form and activity,**” not as a model but as a reality aligned with physiology and the nature of living processes. The result is a truly unique approach that encompasses a far greater range of clinical possibilities.

課程內容 | What Is Taught

雖然本課程為器官專修訓練，但教學從不將器官視為孤立結構。我們同時教授**與器官相關的整體內容**，包括**筋膜與神經、血管與體液、脊柱與關節，以及局部、區域與整體系統之間的關係。**

Although this is an organ specialization, we teach **organ-related material** broadly. This includes working with **fascia and nerves, blood vessels and fluids, spine and articulations**. No part of the body lives in isolation; therefore, students learn to treat **local organs, regional relationships, and global systems**.

技能層面豐富、概念層次深廣，臨床應用的可能性極為廣闊。

Skills will be numerous, concepts abundant, and possibilities expansive.

理論基礎 | Foundational Principles

本課程奠基於骨體感醫學 Osteopathy 的三大核心支柱：**治療性觸診、治療性關係，以及對健康與疾病的生物力學理解。**

The program is grounded in the three pillars of modern osteopathy: **therapeutic touch, therapeutic relationship, and a biomechanical understanding of health and disease**.

結語 | Invitation

誠邀您參與一套具備**學術深度、臨床實踐力與整體視野**的現代器官徒手治療訓練，全面建構於骨體感醫學 Osteopathy 的方法論之內。

You are invited to engage in a **systematic, academically grounded approach** to manual organ therapy, fully situated within the framework of osteopathy.

首屆招生現正開放 | FIRST INTAKE NOW OPEN

報名 ENROLLMENT → info@sosa-osteopathy.com

www.sosa-osteopathy.com

我們提供一套高度有效、具學術嚴謹性的器官治療訓練方法。隨著每一個模組的推進，課程將逐步深化理論與方法論，為學員建立穩固且勝任的臨床實務能力。課程同時高度重視治療者自身的專業發展，確保學員能親身接受並體驗其未來將施予他人的治療方式。班級人數將嚴格控制，以確保每位學員都能獲得充分的個別指導與關注。

We offer a highly effective academic approach to working with organs. As we progress through each module we take you deeper into theory and methodology, preparing you for competent and effective clinical practice. Much focus is given to practitioner development, making sure you receive and experience the treatment that you will be giving. Class sizes will be kept small to give attention to every person.

教學方法 **Teaching Methodology**

每一堂課皆引導學生理解並「觸感」器官的特質與可觸診品質，探索器官在治療性關係中的角色，以及可介入的功能失衡與病理狀態。課程由器官的外形、內在結構與其本質活動開始，並循序漸進地探討器官在局部環境與體腔中的嵌合關係，以及其在身體整體與外在世界中的調節與整合功能。最終目標是發展針對器官低活性與高活性狀態，以及常見病理狀況的治療選項。

Each class guides students to understand and feel the organ character and palpable qualities, the role of the organ in the therapeutic relationship and the treatable dysfunctions and pathologies. We start with the form, inner architecture, and intrinsic activity of the organ and - step by step - address the organs embeddedness in the local environment and in the cavity, as well as its regulatory integration in the body and in the outer world. The goal is to develop treatment options for hypo- and hyperactivity and common pathologies

- 器官本身的組織

the tissues of the organ

- 不同活動狀態下的器官組織

the tissues in states of activity

- 各種活動狀態與其對應的典型症狀

states of activity explaining typical symptoms

- 器官特有的可觸診品質（治療性觸診）

the organ-specific palpable qualities (therapeutic touch)

- 器官以「具身能力」進行溝通的方式（治療性關係）

the organs embodied skills in communicating (therapeutic relationship)

- 器官的生物力學特質（健康與疾病的生物力學理論）

the bio-mechanical organ character (bio-mechanical theory of health and disease)

- 可進行治療的相關病理狀況

pathologies we are able to treat

- 與其他器官及系統之間具臨床重要性的交互作用（脊柱、關節、顱骶系統）

clinically important interactions with other organs and systems (spine, joints, cranial-sacral)

課程涵蓋內容包括

學術架構 Academic Format

本課程為期兩年，以實體授課為主，並結合相當比例的線上理論教學。整體課程共設 **12 個模組**，每個模組為期 **4 天**，並以成對區塊方式進行。

This program is delivered in person over a two-year period, with a significant portion of the theoretical content taught online. The curriculum consists of **twelve modules**, each **four days** in length and delivered in paired blocks.

除實體操作訓練與線上理論學習外，學員需完成書面與實作考試，並在課程中累積實際進行與接受臨床治療的經驗。整體學習負荷具挑戰性但可被妥善管理，課程期間將持續提供學術與實務上的支持。學員需具備高度投入與承諾。

In addition to in-person hands-on training and online theory, students will complete written and practical examinations, as well as gain experience in both giving and receiving clinical sessions. The workload is structured to be demanding yet manageable, with ongoing academic and practical support provided throughout the program. Commitment is essential.

課程資訊一覽：

修讀年期： 2 年 (2026–2028)

Duration 2-years (2026-2028)

學習形式： 混合式學習 (12 個實體模組 + 線上理論)

Format Blended learning: 12 in-person modules with online theory

實體課程： 12 個模組 × 4 天 (共 48 天實務操作訓練)

In-person 12 modules x 4 days (48 days total hands-on instruction)

線上內容： 理論、解剖學、生理學、胚胎學、病理學

Online Theory, anatomy, physiology, embryology, pathology

授課語言： 英語及中文 (提供雙語教材)

Language English and Chinese, with bilingual textbooks

學歷資格：

Credential **Diploma in Modern Organ Osteopathy (D.M.O.O.)**

執業範疇：

Scope **Osteopathic Organ Practitioner**

*我們理解在職專業人士的時間安排並不容易。若因時間衝突無法親身出席，**學員可選擇以線上形式參與最多 1 個區塊 (2 個模組) 的課程**。雖然實體學習為首選，但我們願意提供彈性，以配合您的實際需要。

*We understand that maintaining a consistent schedule can be challenging for working professionals. If time conflicts prevent in-person attendance, **students may participate in up to 1 block (2 modules) online**. While in-person learning is preferred, we are committed to providing flexibility to accommodate your needs.

學費資訊 | TUITION & FEES

每個模組：港幣 10,000 元

完整課程（12 個模組）：港幣 120,000 元

Per Module: HK\$10,000

Complete Program (12 modules): HK\$120,000

課程結構 Program Structure

課程以「區塊（block）」形式進行，每個區塊包含 2 個模組（共 8 天）。

各區塊之間相隔約 3-4 個月，讓學員有充足時間整合學習內容並累積臨床經驗。

The program is delivered in blocks, with each block consisting of 2 modules (8 days total). Blocks occur every 3-4 months, allowing time for integration and clinical practice between sessions.

報名資訊 Enrollment Information

首屆招生現正開放。詳細開課日期與報名方式，請瀏覽我們的網站。

First intake now open. For detailed dates and enrollment procedures, please visit our website.

報名 ENROLLMENT → info@sosa-osteopathy.com

www.sosa-osteopathy.com



香港現代骨體感醫學學院「HKSMO」致力於提供具豐富經驗的教學與卓越的學術品質。我們代表著更高標準的骨體感醫學，並承諾為學員帶來更高層次的教育品質。此兩年制文憑課程的推出，僅是我們未來發展藍圖的起點。

The Hong Kong School of Modern Osteopathy offers experienced instruction and academic excellence. We represent a higher standard of Osteopathy, and will ensure a higher quality of instruction. The launch of this 2-year diploma program is just the beginning of what we will offer.

我們的方法奠基於嚴謹的研究基礎，經過臨床實證與測試，並透過廣泛的實務應用不斷精煉。我們維持高度的治療專業能力與臨床思維標準，同時體認到學習並非僅僅是認知層面的過程。因此，本課程的教學設計具有高度的參與性，能培養學員的好奇心，並提供持續且具深度的智識啟發。

Our method is grounded in rigorous research, clinically tested, and refined through extensive practical application. We maintain a high standard of therapeutic competence and clinical thinking, while recognizing that learning is not solely cognitive. The teaching is therefore engaging, cultivates curiosity, and provides intellectual stimulation.

師資團隊 Faculty

我們的課程由具備專業資格及豐富臨床經驗的骨體感師授課，並以 英語及中文進行教學。Our classes are taught by qualified and highly experienced Osteopaths, and will be in English and Chinese

- Peter Levin D.O.

German Academy of Science in Osteopathy

- Paul Roberts D.O.M.P.

SOSA Osteopathy and Somatic Therapy Center HK
Hong Kong School of Modern Osteopathy



香港現代骨體感醫學學院（HKSMO）為德國骨體感醫學科學院（GASO）的副會員。本「器官專項」課程獲德國骨體感醫學科學院認可，並可計入其四年制骨體感醫學 Osteopathy D.O. 課程之修讀時數。

The Hong Kong School of Modern Osteopathy is an associate member of the German Academy of Science in Osteopathy (GASO). This “Organ Specialization” program is recognized by the German Academy of Science in Osteopathy and may be credited toward its four-year D.O. program in Modern Osteopathy.