

DAMODARA YEAR 2025 TERM - 1 (January - March)													
Class Schedule		Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
		10-Jan	17-Jan	24-Jan	31-Jan	7-Feb	14-Feb	21-Feb	28-Feb	7-Mar	14-Mar	21-Mar	28-Mar
1	Mangalacaran (5 min)	Mangalacarn Prayers											
2	Japa (5 min)	1 MALA JAPA											
3	Devotional Practices (20 min)	Nityananda Festival Kit						Gauranga Festival Kit					
		Who is Nityananda?	crossword puzzle & Word Scramble	12 names of nityananda & Lotus feet	Lord Nityananda & Brahmana Nitai Name painting	Nital's childhood pastimes & 10 names of Nitai	Delivrance of Jagai & Madhai & colouring	Who is Lord Caitanya?	cross word puzzle & Maze	Nimai's Childhood pastimes & Navadwip Lotus	Holiday	Caitanya mahaprabhu's studies & Colouring	Gauranga delivers the offender & 10 names of Nimai
4	Kirtan (10 min)	Saci Sutashtakam - nava gaura-varaṁ											
5	Session (50 min)	Bhagavadgita (Timeless teachings of wisdom and virtue)											
		Attachment BG 1.1	Kindness BG 1.27	Emotions BG 2.14	Anger BG 2.62	Focused Work BG 3.19	Karma Yoga BG 3.35	Faith BG 4.8	Guru BG 4.34	Search for Happiness BG 5.21 & 5.22	GAURA PURNIMA - HOLIDAY	The restless mind BG 6.34	Practice makes perfect BG 6.35
	Session material	Children workbook Slokas & Kirtan - Lyrics & Audio											

DAMODARA YEAR 2025 TERM - 2 (April - June)													
Class Schedule		Week 1	Week 2	Week 3	week 4	Week 5	Week 6	Week 7	Week 8	week 9	Week 10	Week 11	Week 12
		4-Apr	11-Apr	18-Apr	25-Apr	2-May	9-May	16-May	23-May	30-May	6-Jun	13-Jun	20-Jun
1	Mangalacaran (5 min)	Mangalacarn Prayers											
2	Japa (5 min)	1 MALA JAPA											
3	Devotional Practices (10 min)	Narasimha Caturdi Festival Kit											
4	Kirtan (10 min)	Narasimha kavacham											
		1 - 3 Verses	4 - 6 Verses	7 -9 Verses	10 - 12 Verses	13 - 15 Verses	16 - 18 Verses	19 - 21 Verses	22 - 24 Verses	25 - 27 Verses	28 - 30 Verses	Revision	Revision
5	Session	Bhagavadgita (Timeless teachings of wisdom and virtue)											
		Prayer BG 7.16	A Positive Attitude BG 7.27	Death BG 8.6	God knows BG 8.9	Discover A Treasure BG 9.14	Offering Love BG 9.26	The Right Choice BG 10.10	Inner Vision BG 10.11	Universal Form BG 11.12	God's Greatness BG 11.43	Adopt Simplicity BG 12.13	Divine Qualities BG 12.20
	Session material	Children workbook Slokas & Kirtan - Lyrics & Audio											
Summer vacation													

DAMODARA YEAR 2025													
TERM - 3 (September - December)													
Class Schedule		Week 1	Week 2	Week 3	week 4	Week 5	Week 6	Week 7	Week 8	week 9	Week 10	Week 11	Week 12
		12-Sep	19-Sep	26-Sep	3-Oct	10-Oct	17-Oct	24-Oct	31-Oct	7-Nov	14-Nov	21-Nov	28-Nov
1	Mangalacaran (5 min)	Mangalacarn Prayers											
2	Japa (5 min)	1 MALA JAPA											
3	Devotional Practices (20 min)	Damodara fun month											
4	Kirtan (10 min)	Damodarastakam - namamisvaram											
5	Session	Bhagavadgita (Timeless teachings of wisdom and virtue)											
		Non-violence BG 13.8	The Witness BG 13.23	Eternal Father BG 14.4	The 3 modes of Material nature BG 14.9	Virtual world BG 15.1	Detachment BG 15.3	Ignorance BG 16.4	Greed BG 16.21	Satisfaction BG 17.16	Charity BG 17.20	Wisdom to Forgive BG 18.42	God's Promise BG 18.66
	Session material	Children workbook Slokas & Kirtan - Lyrics & Audio											
December onwards - Dance /Drama/Kirtan Festival celebrations													

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