



LOST BORNEO TOURS SDN BHD

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5D4N Maliau Basin Jungle Trekking

Deep within Sabah's interior lies one of the world's last great untouched wildernesses - the Maliau Basin, also known as the "Lost World of Sabah". Bounded by a fortress of cliffs and shrouded in mystery, this 390km² self-contained ecosystem is home to hidden waterfalls, carnivorous pitcher plants, rare orchids, and elusive wildlife including leopard cat, gibbons, hornbills, pygmy elephants, sun bear and more.

This journey will take you on an epic jungle expedition, trekking through primeval rainforest, discovering cascading falls, and spending nights at remote campsites far from civilization.

Expedition Itinerary

Day 01: Kota Kinabalu - Gateway to the Lost World

- 0800 hrs Pickup from your hotel in Kota Kinabalu. Begin your overland journey deep into Sabah's heartlands, passing through rugged countryside and stopping at Sapulut town for a hearty local lunch.
- 1500 hrs Arrive at the guarded gates of Maliau Basin. After documentation, continue to the Maliau Basin Studies Centre (MBSC) - your last frontier of modern comfort before the jungle swallows you whole.
- 1700 hrs Registration and safety briefing with the rangers. Learn the "do's and don'ts" of surviving in one of Borneo's toughest terrains.
- 2000 hrs Dinner followed by a short documentary about Maliau's secrets. Weather permitting, embark on a Night Safari Drive - headlights scanning the darkness for civets, deer, leopard cats, or even the rare Bornean pygmy elephant. Return to MBSC and rest for the adventure ahead.

Day 02: Into the Wild - MBSC → Agathis Camp → Nepenthes Camp

- 0830 hrs After breakfast, transfer to Agathis Camp, the starting point of your jungle trek. From here begins a 7.5km trek through ancient dipterocarp forest to Nepenthes Camp. The trail is alive with bird calls, strange fungi, and carnivorous pitcher plants waiting quietly in the shadows. Packed lunch en route.
- 1400 hrs Arrive at Nepenthes Camp, nestled in the forest. After check-in, continue trekking to the stunning Giluk Falls, a secluded cascade hidden within the trees.
- 1900 hrs Dinner at camp. Free at leisure, listening to the symphony of cicadas and frogs under a canopy of stars.

Day 03: Waterfalls of the Basin - Nepenthes Camp Exploration

- 0800 hrs After breakfast, gear up for a full-day trek. Today you will chase waterfalls deep in the basin: Takob Akob, Fowzi, and Giluk Falls, each unique in size and character. Picnic lunch at one of the falls, followed by refreshing swims in pristine jungle pools. 1700 hrs - Return to Nepenthes Camp, exhausted but exhilarated. Dinner and rest - tomorrow, the legendary Maliau Falls awaits.

Day 04: The Icon of Maliau - Nepenthes Camp → Ginseng Camp via Maliau Falls

- 0700 hrs Breakfast and check out. Begin your 10km trek towards the crown jewel of the basin: Maliau Falls, a colossal 7-tiered waterfall plunging 28 meters into a jungle amphitheatre. Along the way, stop for packed lunch at the junction.
- From the junction, take a detour: a steep 5km descent through tangled roots and mossy ground to reach the thunderous roar of Maliau Falls. Stand in awe before its raw power - few outsiders have laid eyes on this view.
- After soaking it all in, trek back to the junction and proceed a short 700m further to Ginseng Camp.
- 1730 hrs Arrive at camp, check in, and rest.
- 2030 hrs Dinner under the jungle canopy. Free at leisure.

Day 05: Farewell to the Lost World - Ginseng Camp → Kota Kinabalu

- 0700 hrs Breakfast. Before departing, take a short 300m trek to Ginseng Falls for a final group photo.
- 0815 hrs Begin your 9km trek back to Agathis Camp, mostly downhill but still testing your endurance. Packed lunch en route.
- 1400 hrs Arrive at Agathis Camp, board your transport, and exit through the Maliau Basin gate.
- 1530 hrs Begin the long return journey to Kota Kinabalu, with dinner stop at Keningau town.
- 0000 hrs Estimated arrival in Kota Kinabalu. Expedition complete - you have conquered the Lost World of Sabah.

Things to Bring

Extra clothing & socks, Sandals, Towel, Insect repellent, Headlamp, Sleeping bag Prescribed medication, Camera & at least a 45L backpack

Recommended Attire

Long pants & Hiking shoes, Long sleeve / Short sleeve shirts

Package Inclusions

- ✔ Return hotel transfers
- ✔ Full-board meals
- ✔ Accommodations at MBSC & jungle camps
- ✔ Ranger services
- ✔ Conservation, entrance & trekking fees
- ✔ Night drive & guided jungle trek