



## **LOST BORNEO TOURS SDN BHD**

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### **4D3N Maliau Basin Jungle Trekking**

Step into the heart of Borneo's Lost World—the legendary Maliau Basin. Hidden away in Sabah's untouched wilderness, this vast Jurassic jungle is a natural fortress bounded by towering cliffs, home to rare wildlife, giant trees, and thundering waterfalls. With only a fraction of the 390km<sup>2</sup> basin explored, you will be among the few to set foot into its depths.

This is not just a trek. It's a journey back in time—through ancient forests, across rivers, and into remote camps accessible only by days of hiking. Along the way, discover carnivorous pitcher plants, towering dipterocarps, and the roaring 7-tiered Maliau Falls—the crown jewel of the basin.

#### **Itinerary**

##### **Day 01 - Kota Kinabalu → Maliau Basin Study Centre (MBSC)**

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|----------|---|
| 0800 hrs | Pick up from your hotel in Kota Kinabalu. Road trip into Sabah's interior with a stop for lunch at Sapulot town.                      |
| 1500 hrs | Arrive at the Maliau Basin entrance gate for documentation. Proceed deeper to the Maliau Basin Studies Centre.                        |
| 1700 hrs | Registration & safety briefing by park rangers—final prep before entering the Lost World.   |
| 2000 hrs | Dinner followed by a short documentary on the basin. If weather allows, join a one hour night safari in search of nocturnal wildlife. |

## **Day 02 - MBSC → Agathis Camp → Nepenthes Camp**

- 0800 hrs      Transfer to Agathis Camp and begin your trek into the jungle. A 7.5km trail winds through towering Agathis trees and mossy undergrowth. Packed lunch along the way.
- 1400 hrs      Arrive at Nepenthes Camp, check in.
- Afternoon: Trek to Giluk Falls (subject to weather). Listen to the roar of cascading water echoing in the dense forest.
- 1900 hrs      Dinner and free at leisure under the rainforest canopy. Overnight.

## **Day 03 - Nepenthes Camp → Maliau Falls → Ginseng Camp**

- 0700 hrs      After breakfast, trek towards the basin's most iconic landmark—Maliau Falls. The trail (approx. 10km) takes you through remote jungle before descending steeply to the magnificent 7-tier Maliau Falls. Picnic lunch by the falls, where mist fills the air and rainbows dance across the spray.
- 1500 hrs      Trek back to the junction and continue to Ginseng Camp (700m away).
- 1730 hrs      Arrival at camp, settle in for the evening.
- 1900 hrs      Dinner and storytelling around the jungle night sounds.

## **Day 04 - Ginseng Camp → Agathis Camp → Kota Kinabalu**

- 0700 hrs      Early breakfast, short trek to Ginseng Falls for a final group photo.
- 0830 hrs      Begin your last 9km trek—an undulating but mostly downhill journey back to Agathis Camp.
- 1400 hrs      Arrival at Agathis, check out, and transfer out of the basin.
- 1530 hrs      Drive back to Kota Kinabalu with dinner en route at Keningau.
- 0000 hrs      Estimated arrival in Kota Kinabalu.

**Things to Bring:**

45L backpack minimum

Sleeping bag,

Extra clothing,

Sandals

Socks

Towels,

Insect repellent

Headlamp

Personal medication

Camera

**Recommended attire:**

Long pants, long/short sleeve trekking shirt, sturdy hiking shoes.

**Tour Includes**

Return hotel transfers

Full-board meals & accommodations (camps & centre)

Licensed ranger

Night drive safari & trekking activities

Conservation, entrance & trekking fees

🔥 This expedition is for those seeking true adventure—remote, rugged, and raw. Only a handful of people each year venture into the Lost World of Sabah. Will you be one of them?