



Talk with Master Saint-Germain (MSG)

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Recorded by Helmut Vandersmissen (H)

H: What is it I need to know?

MSG: Wrong question. What do you want to focus on? What do you want? When you know what you want, than ask for our help.

H: There's a lot that I want. I want clarity, I want health, I want love, I want Abundance,...

MSG: Things you already have...so you want more of it?

H: Yes. I am grateful for what I have and I like to have more so it reaches a level of being comfortable.

MSG: You keep seeing it as things outside of you, that need to be brought to you, as if you want to buy them but you can't afford them. These are not consumer goods.

H: So, it's the story of finding and cultivating inner gems. It's all already there. I have heard this before. I know this is true and yet my reality is that I don't experience abundance in these areas of my life. I have some level, but not the level that would allow me to help friends, people and to create heaven on Earth. I love helping people. I have done exercises for it. I cleared blocks myself, I had others clear blocks for me, I did affirmations and prayers, I created visionboards, I did visualisations while feeling the emotions of gratitude and love and joy, I created opportunities (playing on the lottery), I keep spending money on others, supporting them (sharing the abundance I have more than them, like food, clothing,...) And then frustration comes...it doesn't manifest. I keep having financial struggles.

MSG: Help them to be more conscious. Help them to take more responsibility for what's happening in their lives. Stop fixing things, stop fixing people. They are not broken. They may have trauma. They might not see the bigger picture.

And perhaps they just need some spirituality sparking up their life. You can act as a booster. You boost what's already there. They too already have what they are seeking for.

H: Ok, that's what I can do for others. And how to boost abundance in my own life and circumstances? Let's start with upgrading and infusing abundance in my financial situation so that I can travel to all the places that have been brought to my attention and buy some more vibrational healing tools from Buddha Maitreya (<https://www.buddhamaitreya.org/>).

MSG: Ask and they shall be given.

H: I am asking...are you listening?

MSG: Laughter. Silence.

H: I Am worthy, so it should be possible to manifest immediately.

MSG: aha...pressure, expectations, worries,...self sabotaging but you don't seem to see that.

H: it's true, I don't have patience anymore. I have been doing efforts for a long time.

Can you explain it better to me? What to do different?

MSG: Trust. Go with the flow. Follow your Joy. Stay in the feeling of Joy.

H: You are kidding me. You know that's my favorite quote : Go with the flow.

MSG: You have the knowledge, it's like a light switch in a room. But you are looking at the wrong place to switch it on. You won't find it on the ceiling, that wouldn't be logical would it? It needs to be nearby to be logical and functional, right?

It's like the mirror story you saw on Instagram. You cannot expect to see a smile and happiness in the mirror (outside you), if the person in front (he's nearby) is not producing the corresponding emotions. Go within. You are close to finding the switch.

H: give me abundance on my bank account and I guarantee you that I will be smiling for a long time. I might have borrowed those words of a friend, but I kind of agree. Although I think I know what you'll say on that.

MSM: You are playing with words, but you are circling around the situation. And taking your own focus away by trying to outsmart us (you are not at that level yet, but you can be, of course once at that level there's no competition and no need for that).

Now we get back to the beginning...expecting it from outside. We can feel you are tired. It is indeed a good idea to continue the conversation later.

H: let's restart. You said: 'Go within'

I am within. I went with my attention to my heart, entered the control room, visualized us both on a golden throne, and then put 3 golden infinity symbols connecting our 3, 4 and 6 th chakras (gut, heart and pineal gland). Than I jumped into you.

MSM: That's the technique to have a talk with me. For reflecting on your life it's advice to bring in your Higher Self. Call upon your birthright. Ask your Higher Self to be fully present in your body. Feel how a white light is filling you, coming from above your head and going downwards in your body, till it goes beneath your feet. You are surrounded by Light, You are pure Light now. You can say it: I am Light. I am Love. I am Love and Light. I AM that I AM !

Now focus on your Heart and ask your question.

H: I do that visualization. I focus on my Heart and I ask: How to quickly manifest Abundance ?

Higher Self: See what you do with that Abundance. Feel the Joy of visiting your friends in those countries. Feel the Joy of connecting with other People. Feel the Joy of being in Nature of visiting beautiful places. Taste how delicious the local Fruits and foods are. Hear the sounds of Nature. Here the local music in your ears, how you want to start dancing, you want to follow and express that rhythm. Feel the unity. See and feel yourself blessing Nature by

touching the trees and plants, while feeling Joy, Love and Gratitude. You can say what you feel inspired to say. You can also simply say 'Thank you for being here with me', 'Thank you for grounding my energy here'.

Connect to this feeling of Joy and Love, multiple times per day. Feel how you are radiating a bliss, shining your Light to all around you.

MSM: Do that and you are in the Magnet state and vibration of attracting all the Abundance that you need to do exactly those things that you saw in your mind's eye, while feeling the Joy, Love and Gratitude in your heart, and expending to your Whole body and beyond it.

Before you go to sleep, go over the moments of your day where you felt this Joy and the energy of Abundance. Connect to it. Take it with you in your sleep mode. Tell yourself: I believe and expect something wonderful will happen to me tomorrow. And when you wake up (before standing up) say: I believe and expect something wonderful will happen to me today. FEEL IT. SMILE ! That's the feeling of Heaven on Earth.

We are always there. Like a friend who's standing behind you and let you know his presence (there to support you) by laying his hand on your shoulder. It makes you calm, you feel comfort, you feel supported and energized. You feel confident. You know everything will work out for your best. And the moment you ask for it, we step forward.