

The **7** Foundations of **Faith**

(30 Scriptures for Steadfast Trust)

Volume 5 **Love**

Rooted in Scripture.
Strengthened in Faith.
Steadfast in Christ.

RETAG Foundation

About This Series

The *7 Foundations of Faith* series was created to provide believers with a structured and Scripture-centered journey through the essential pillars of Christian life.

In a time when fear, uncertainty, and emotional instability are common, we believe the answer is not found in human motivation but in the unchanging Word of God.

Each volume in this series focuses on one foundational area of spiritual growth:

- Fear & Anxiety
- Worry & Stress
- Healing & Restoration
- Hope & Future
- Love
- Strength & Encouragement
- Comfort in Grief

These journals are designed to help you slow down, reflect deeply, and anchor your heart in biblical truth over 30 days.

This is not a quick devotional. It is a guided Scripture discipline.

Our prayer is that through daily meditation on God's Word, your mind would be renewed, your faith strengthened, and your heart steadied in Christ.

How to Use This Guide

This journal is designed to be used over 30 days.

Each day includes:

- A carefully selected Scripture
- A key biblical truth
- Reflection questions
- A guided prayer
- Space for personal journaling

We encourage you to:

- 1. Read** the Scripture slowly and thoughtfully.
- 2. Reflect** honestly on the questions.
- 3. Write** your response without rushing.
- 4. Pray** the provided prayer as a starting point, then continue in your own words.

Consistency matters more than speed.

Set aside a specific time each day.

Return to the previous entries as needed.

Allow Scripture—not emotion—to shape your understanding.

30 Scriptures for Steadfast Trust

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
1 Corinthians 13:4–7	John 3:16	1 John 4:7	1 John 4:19	Romans 8:39
DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
Colossians 3:14	Ephesians 4:2	Proverbs 10:12	John 15:13	1 Peter 4:8
DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
Song of Songs 8:7	Romans 12:9	1 John 4:8	Ephesians 5:25	Mark 12:30–31
DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
Galatians 5:22	Luke 6:31	Proverbs 17:17	1 Corinthians 16:14	1 John 3:18
DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
Psalms 136:1	Romans 13:10	Jude 1:21	1 Thessalonians 3:12	Zephaniah 3:17
DAY 26	DAY 27	DAY 28	DAY 29	DAY 30
Ephesians 3:17–19	2 John 1:6	John 13:34–35	Proverbs 3:3	1 John 4:16

PHASE 1

God's Love for Us

DAY 1 /	DAY 2 /	DAY 3 /	DAY 4 /	DAY 5 /
1 Corinthians 13:4-7	John 3:16	1 John 4:7	1 John 4:19	Romans 8:39
DAY 6 /	DAY 7 /	DAY 8 /	DAY 9 /	DAY 10 /
Colossians 3:14	Ephesians 4:2	Proverbs 10:12	John 15:13	1 Peter 4:8

DAY 1 “Christlike love”

1 Corinthians 13:4–7 (WEB)

4 Love is patient and is kind. Love doesn’t envy. Love doesn’t brag, is not proud,

5 doesn’t behave itself inappropriately, doesn’t seek its own way, is not provoked, takes no account of evil;

6 doesn’t rejoice in unrighteousness, but rejoices with the truth;

7 bears all things, believes all things, hopes all things, and endures all things.

Reflection

1. Which part of biblical love most exposes your impatience or self-seeking today?
2. What relationship would change if you stopped keeping “an account of evil”?

Prayer

Father, You define love by Your Word, not by my feelings. Forgive me for practicing love only when it is easy or beneficial. Form in me the patient, truthful, enduring love that reflects Jesus Christ. Make my love obedient, steady, and shaped by Your holiness.

Journal

DAY 2 “God gave His Son”

John 3:16 (WEB)

For God so loved the world, that he gave his only born Son, that whoever believes in him should not perish, but have eternal life.

Reflection

1. Where have you doubted God’s love because of present circumstances?
2. How does believing in Christ reshape the way you view your future?

Prayer

Father, You have shown love by giving Your only born Son. Forgive me for treating the cross as familiar rather than central. Strengthen my faith to rest in Christ’s saving work. Teach me to live as one who has eternal life through Him.

Journal

DAY 3 *“Love is from God”*

1 John 4:7 (WEB)

Beloved, let’s love one another, for love is of God; and everyone who loves has been born of God and knows God.

Reflection

1. Do you love from God’s grace, or from a desire to be approved by others?
2. What would it look like to love “one another” in a concrete way today?

Prayer

God, You are the source of true love. Forgive me for shallow love that is driven by pride or convenience. Renew me as one born of You, so my love reflects Your character. Help me love believers faithfully for Christ’s sake.

Journal

DAY 4 “He loved first”

1 John 4:19 (WEB)

We love him, because he first loved us.

Reflection

1. Where have you tried to earn God’s affection instead of receiving it?
2. How does God’s first love free you to love without fear?

Prayer

Father, Your love came first, before my response, before my worthiness. Forgive me for forgetting grace and slipping into performance. Teach me to love You with gratitude, not bargaining. Let Your initiating love shape how I treat others today.

Journal

DAY 5 “Nothing can sever”

Romans 8:39 (WEB)

nor height, nor depth, nor any other created thing will be able to separate us from God’s love which is in Christ Jesus our Lord.

Reflection

1. What “created thing” has been threatening your assurance lately?
2. How would unshakable love in Christ change the way you face hardship?

Prayer

Lord, nothing in creation can separate me from Your love in Christ Jesus. Forgive me for living as though my security depends on my stability. Strengthen my assurance in the Lordship of Christ and Your faithful covenant love. Help me endure with confidence that You will not let me go.

Journal

DAY 6 “Love completes us”

Colossians 3:14 (WEB)

Above all these things, walk in love, which is the bond of perfection.

Reflection

1. What good habits have you pursued while neglecting love as “above all”?
2. Where do you need to “walk” in love rather than merely speak about it?

Prayer

Father, teach me to put love above all spiritual virtues. Forgive me for pursuing correctness without charity. Bind my life together with love that reflects Christ. Make my conduct consistent, patient, and faithful in the daily path You give.

Journal

DAY 7 “Love bears burdens”

Ephesians 4:2 (WEB)

with all lowliness and humility, with patience, bearing with one another in love,

Reflection

1. Where is pride making you impatient with another person?
2. What does “bearing with” someone look like in your situation without compromise?

Prayer

Lord, You call me to humility, patience, and love within the body of Christ. Forgive me for quick irritation and slow mercy. Give me strength to bear with others in love as You have borne with me. Shape my relationships by Christlike humility and steadfast patience.

Journal

DAY 8 “Love covers wrongs”

Proverbs 10:12 (WEB)

Hatred stirs up strife, but love covers all wrongs.

Reflection

1. Where has resentment been stirring strife in your heart or home?
2. How can you practice love that covers wrongs without excusing sin?

Prayer

God, guard me from hatred that multiplies conflict. Forgive my harshness and the pleasure I take in winning disputes. Teach me love that covers wrongs through mercy, truth, and wise restraint. Help me pursue peace in a way that honors Your righteousness.

Journal

DAY 9 “Christ laid down life”

John 15:13 (WEB)

Greater love has no one than this, that someone lay down his life for his friends.

Reflection

1. Where are you called to sacrificial love that costs you time, comfort, or pride?
2. Who has God placed in your life to serve quietly as a friend today?

Prayer

Lord Jesus, You define love by Your sacrifice. Forgive me for selfish love that protects my comfort. Teach me to lay down my life in faithful service where You call me. Make my love courageous, practical, and patterned after Your cross.

Journal

DAY 10 “*Earnest love forgives*”

1 Peter 4:8 (WEB)

And above all things be earnest in your love among yourselves, for love covers a multitude of sins.

Reflection

1. Where has your love grown cold or casual toward other believers?
2. What would earnest love require you to forgive or overlook today?

Prayer

Father, make my love earnest, not lazy or superficial. Forgive me for holding grudges and rehearsing offenses. Teach me to cover a multitude of sins with gospel-shaped forgiveness. Let my life strengthen the unity and purity of Christ’s church.

Journal

PHASE 2

Love in Relationships

DAY 11 /	DAY 12 /	DAY 13 /	DAY 14 /	DAY 15 /
Song of Songs 8:7	Romans 12:9	1 John 4:8	Ephesians 5:25	Mark 12:30–31
DAY 16 /	DAY 17 /	DAY 18 /	DAY 19 /	DAY 20 /
Galatians 5:22	Luke 6:31	Proverbs 17:17	1 Corinthians 16:14	1 John 3:18

DAY 11 “*True love endures*”

Song of Solomon 8:7 (WEB)

Many waters can't quench love, neither can floods drown it. If a man would give all the wealth of his house for love, he would be utterly scorned.

Reflection

1. What “many waters” have threatened your love with dryness or bitterness?
2. Where are you tempted to treat love as something you can purchase or control?

Prayer

Lord, You teach that true love cannot be quenched by floods. Forgive me for abandoning love when pressures rise. Strengthen my commitments with steadfast faithfulness and truth. Teach me to value love as You define it, not as the world measures it.

Journal

DAY 12 “Sincere love obeys”

Romans 12:9 (WEB)

Let love be without hypocrisy. Abhor that which is evil. Cling to that which is good.

Reflection

1. Where is your love tempted to become polite hypocrisy rather than truth?
2. What evil must you abhor today, and what good must you cling to?

Prayer

Father, cleanse my love from hypocrisy. Forgive me for using kindness to avoid truth or to protect my image. Give me courage to hate what is evil and hold fast to what is good. Shape my love to be honest, holy, and grounded in Christ.

Journal

DAY 13 “God is love”

1 John 4:8 (WEB)

He who doesn't love doesn't know God, for God is love.

Reflection

1. What does your current pattern of love reveal about what you truly know of God?
2. Where do you need to repent of lovelessness in speech, attitude, or action?

Prayer

Holy God, You are love, and You call Your people to reflect You. Forgive me for lovelessness that contradicts my confession. Teach me to know You truly through Christ and to love accordingly. Let Your love govern my words and decisions today.

Journal

DAY 14 “Christ loved the church”

Ephesians 5:25 (WEB)

Husbands, love your wives, even as Christ also loved the assembly and gave himself up for her,

Reflection

1. How does Christ’s sacrificial love correct your expectations in relationships?
2. Where are you called to give yourself up rather than demand your rights?

Prayer

Lord Jesus, You loved the assembly and gave Yourself up for her. Forgive me for self-protection that refuses costly love. Teach me to serve with humility, purity, and faithfulness. Make my love reflect Your gospel and bring honor to Your name.

Journal

DAY 15 “Love God, love neighbor”

Mark 12:30–31 (WEB)

30 You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.’(A) This is the first commandment.

31 The second is like this: ‘You shall love your neighbor as yourself.’(B) There is no other commandment greater than these.”

Reflection

1. Which part of your life is not loving God with “all” right now?
2. Who is your “neighbor” you are tempted to ignore or resent?

Prayer

Father, You command wholehearted love toward You and toward neighbor. Forgive me for divided affections and selective compassion. Unite my heart to fear Your name and love You fully in Christ. Help me love my neighbor with practical mercy and truth.

Journal

DAY 16 “*Spirit produces love*”

Galatians 5:22 (WEB)

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faith,

Reflection

1. Where are you trying to manufacture love without dependence on the Spirit?
2. What fruit of the Spirit needs to grow alongside love in you this week?

Prayer

Holy Spirit, produce Your fruit in me according to Your power. Forgive me for relying on willpower instead of abiding in Christ. Grow love in me that is patient, kind, and faithful. Let my character show that I belong to Jesus.

Journal

DAY 17 *“Do as you would”*

Luke 6:31 (WEB)

“As you would like people to do to you, do exactly so to them.”

Reflection

1. How would you want to be treated in the situation you face today?
2. What specific action can you take to treat someone rightly before they treat you well?

Prayer

Lord, teach me the righteousness of love that acts first. Forgive me for waiting to be treated well before I do good. Give me wisdom to practice fairness, mercy, and integrity. Let my actions reflect the grace I have received in Christ.

Journal

DAY 18 *“Love stays faithful”*

Proverbs 17:17 (WEB)
A friend loves at all times;
and a brother is born for adversity.

Reflection

1. Who needs your steady friendship when adversity has come upon them?
2. Where do you withdraw love when others become inconvenient or difficult?

Prayer

Father, make me faithful in love through changing seasons. Forgive me for inconsistent care that follows comfort rather than covenant. Teach me to be a true friend and a reliable brother or sister in Christ. Use my presence and service to strengthen others in adversity.

Journal

DAY 19 “Do all in love”

1 Corinthians 16:14 (WEB)
Let all that you do be done in love.

Reflection

1. What daily task do you do with grumbling instead of love?
2. How would your work change if love governed your motives and tone?

Prayer

Lord, You call me to do all things in love. Forgive me for acting from pride, impatience, or self-interest. Purify my motives so love shapes my words, decisions, and labor. Let my life be a consistent witness to Christ’s love.

Journal

DAY 20 *“Love in deed”*

1 John 3:18 (WEB)

My little children, let’s not love in word only, or with the tongue only, but in deed and truth.

Reflection

1. Where have you spoken love without backing it with action?
2. What “deed and truth” step will you take today to serve someone faithfully?

Prayer

Father, forgive me for empty words that avoid costly obedience. Teach me love that is shown in deed and rooted in truth. Give me discernment to act wisely, not impulsively, and to serve sincerely. Let my love reflect the reality of the gospel.

Journal

PHASE 3

Love in Action

DAY 21 /	DAY 22 /	DAY 23 /	DAY 24 /	DAY 25 /
Psalm 136:1	Romans 13:10	Jude 1:21	1 Thessalonians 3:12	Zephaniah 3:17
DAY 26 /	DAY 27 /	DAY 28 /	DAY 29 /	DAY 30 /
Ephesians 3:17–19	2 John 1:6	John 13:34–35	Proverbs 3:3	1 John 4:16

DAY 21 *“Thank God for love”*

Psalm 136:1 (WEB)

Give thanks to Yahweh, for he is good,
for his loving kindness endures forever.

Reflection

1. What goodness of God are you forgetting in your current season?
2. How can thanksgiving reshape your relationships and speech today?

Prayer

Yahweh, You are good, and Your loving kindness endures forever. Forgive my complaint and forgetfulness. Teach my heart to give thanks with sincerity and reverence. Let gratitude strengthen my love and steady my faith in Christ.

Journal

DAY 22 *“Love fulfills the law”*

Romans 13:10 (WEB)

Love doesn't harm a neighbor. Love therefore is the fulfillment of the law.

Reflection

1. Where might your choices be harming a neighbor through neglect or harshness?
2. What would it look like to pursue your neighbor's good in a specific decision today?

Prayer

Lord, teach me love that does not harm but seeks the good of others. Forgive me for excusing selfishness with spiritual language. Shape my conduct so it fulfills Your law through genuine love. Let Christ's mercy govern how I treat every person.

Journal

DAY 23 “Keep in His love”

Jude 1:21 (WEB)

Keep yourselves in God’s love, looking for the mercy of our Lord Jesus Christ to eternal life.

Reflection

1. What pulls you out of steady fellowship with God’s love—sin, distraction, or unbelief?
2. How can you live today with your eyes on Christ’s mercy and eternal life?

Prayer

Father, keep me in Your love through faith and obedience. Forgive me for drifting into habits that dull my affection for You. Teach me to look for the mercy of our Lord Jesus Christ with patient hope. Guard me until the day You bring me fully into eternal life.

Journal

DAY 24 “Love must abound”

1 Thessalonians 3:12 (WEB)

May the Lord make you to increase and abound in love toward one another and toward all men, even as we also do toward you,

Reflection

1. Where is your love currently small and restrained when it should increase?
2. Who outside your comfort circle is God calling you to love with sincerity?

Prayer

Lord, make my love increase and abound by Your grace. Forgive me for narrow love that serves only those who serve me. Expand my heart to love believers and all people with wisdom and truth. Let my love reflect Christ’s generous mercy.

Journal

DAY 25 “God calms in love”

Zephaniah 3:17 (WEB)

Yahweh, your God, is among you, a mighty one who will save. He will rejoice over you with joy. He will calm you in his love. He will rejoice over you with singing.

Reflection

1. Where do you need to be calmed by God’s love instead of controlled by fear?
2. How does God’s saving presence correct your view of yourself today?

Prayer

Yahweh, You are among Your people and You are mighty to save. Forgive me for acting as though Your presence is distant. Calm me in Your love and strengthen my confidence in Christ. Let my life respond with worship, obedience, and humble trust.

Journal

DAY 26 “Christ’s love surpasses”

Ephesians 3:17–19 (WEB)

17 that Christ may dwell in your hearts through faith, to the end that you, being rooted and grounded in love,

18 may be strengthened to comprehend with all the saints what is the width and length and height and depth,

19 and to know Christ’s love which surpasses knowledge, that you may be filled with all the fullness of God.

Reflection

1. Where are you living unrooted, as though Christ does not dwell in you by faith?
2. How would knowing Christ’s love reshape your confidence and obedience this week?

Prayer

Lord Jesus, dwell in my heart through faith and root me in love. Forgive me for shallow faith that forgets Your nearness. Strengthen me to comprehend Your love with the saints and to live as one filled with God’s fullness. Let Your surpassing love produce holiness, stability, and joy.

Journal

DAY 27 “Walk in love”

2 John 1:6 (WEB)

This is love, that we should walk according to his commandments. This is the commandment, even as you heard from the beginning, that you should walk in it.

Reflection

1. Which command of Christ are you resisting while claiming to love?
2. What would obedience look like in one concrete area today?

Prayer

Father, teach me love that walks according to Your commandments. Forgive me for separating love from obedience. Give me humility to submit to Your Word and courage to follow through. Let my life show love that is faithful, disciplined, and Christ-centered.

Journal

DAY 28 “Love marks disciples”

John 13:34–35 (WEB)

34 A new commandment I give to you, that you love one another. Just as I have loved you, you also love one another.

35 By this everyone will know that you are my disciples, if you have love for one another.”

Reflection

1. How has Christ loved you in a way you are reluctant to extend to others?
2. What would it look like for others to “know” you belong to Jesus by your love?

Prayer

Lord Jesus, You command a love shaped by Your own love. Forgive me for treating love as optional or secondary. Teach me to love fellow believers with truth, patience, and sacrifice. Make my life a clear witness that I am Your disciple.

Journal

DAY 29 *“Love and truth stay”*

Proverbs 3:3 (WEB)

Don't let kindness and truth forsake you. Bind them around your neck.
Write them on the tablet of your heart.

Reflection

1. Which is harder for you to keep: kindness or truth? Why?
2. What would it mean to “write” kindness and truth on your heart in daily habits?

Prayer

Lord, keep kindness and truth from forsaking me. Forgive me for harsh truth without mercy, or soft kindness without honesty. Shape my heart so Your ways are not merely external but deeply formed within. Let Christ rule my speech and conduct with both grace and truth.

Journal

DAY 30 “*Remain in God*”

1 John 4:16 (WEB)

We know and have believed the love which God has for us. God is love, and he who remains in love remains in God, and God remains in him.

Reflection

1. What competes with believing God’s love for you in daily life?
2. How can you practice “remaining” in love through obedience, prayer, and fellowship today?

Prayer

Father, I know and believe the love You have for me in Christ. Forgive me for unbelief that doubts Your heart. Teach me to remain in love by abiding in Your Word and walking in obedience. Let my life show that You remain in me, and that Your love is my dwelling place.

Journal

About RETAG FOUNDATION

Retag Foundation is a federally incorporated evangelical Christian nonprofit organization in North America.

Our mission is to strengthen pastors, seminary students, missionaries, and their families by reconnecting churches, households, and ministry fields around faithful stewardship and prayer-centered support.

We believe that healthy ministry ecosystems are built on:

- Biblical truth
- Spiritual accountability
- Financial integrity
- Long-term faithfulness

This Scripture series is part of our broader commitment to providing solid, accessible biblical resources that help believers stand firm in Christ.

For more information, visit:

<https://retagfund.org>

