



Jillian Diesner, LPC
www.JillianDiesner.com
Bethesda, MD

Fee Disclosure Notice

Purpose of This Notice This Fee Disclosure Notice is intended to provide clear and transparent information about fees, billing practices, and financial responsibilities related to services provided by Jillian Diesner, LPC. Please review this information carefully and ask questions at any time.

Fees for Services

Fees are based on the type of service provided, the length of the session, and the clinician delivering care. Current fee information is available upon request and may be discussed prior to the start of services. Fees may apply to, but are not limited to:

- Individual therapy sessions
- Family or couples therapy sessions
- Extended sessions
- Crisis calls
- Documentation, letters, or report writing
- Phone consultations or coordination of care outside of scheduled sessions, when applicable
- Case file and records requests
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Payment Responsibility

Clients are responsible for payment of fees at the time services are rendered unless other arrangements have been made in advance. Payment methods accepted will be communicated by the practice. If you are using insurance, you are responsible for understanding your coverage, including deductibles, copayments, coinsurance, and any non-covered services. Insurance benefits are determined by your insurance provider.

Insurance and Self-Pay

Jillian Diesner, LPC accepts Care First/Blue Cross Blue Shield (and most subsidiaries thereof) in the states of Florida, Maryland, and the District of Columbia. She is an out-of-network mental health practice for all other insurances and does not bill any other companies directly. Clients are responsible for payment of services at the time they are provided. Clients may choose to submit claims to their insurance company independently for possible out-of-network reimbursement. Reimbursement is determined solely by your insurance plan and is not guaranteed. In these cases, Jillian Diesner can provide a superbill summarizing the services provided. Superbills are typically issued at the end of each month and include the information insurance companies commonly require for out-of-network claims. It is the client's responsibility to submit the superbill to their insurance provider and to follow up regarding reimbursement. Any portion of fees not reimbursed by insurance remains the responsibility of the client.

Case Consultations

Case consultations may be provided on a limited basis, depending on availability of the practice. These consultations do not constitute therapy services and are therefore not reimbursable by insurance companies. If an agreement is made between Jillian Diesner, LPC and an entity for case consultations, fees for such services must be made in full at the time of the consultation. A paid invoice receipt will be provided upon request. No superbill or associated information such as billing codes or diagnoses will be provided.

Changes to Fees

Fees may be updated periodically. Clients will be informed in advance of any changes to standard rates or billing practices. Updated fee information will be provided prior to services being billed at a new rate.

Missed Appointments and Late Cancellations

Appointments that are missed or canceled without adequate notice may be subject to a cancellation fee. The specific cancellation policy, including required notice time and associated fees, will be outlined in the practice's scheduling and attendance policy. Missed or late-canceled appointments are typically not reimbursed by insurance and remain the client's responsibility.

Good Faith Estimates

Clients who are uninsured or who choose not to use insurance have the right to receive a Good Faith Estimate of expected charges under the No Surprises Act. This estimate is available upon request and will be provided in accordance with federal requirements.

Questions About Fees

If you have questions regarding fees, billing, or payment expectations, please contact JillianDiesner.LPC@gmail.com

Effective: January 1, 2024