

YELLOW FLOWER TRAVEL

TRAVEL

ISSUE NO. 01

THE INSIDER EDITION —

**SENSORY-FRIENDLY AND
ACCESSIBLE TIPS**

FREE PREVIEW
**THE FULL EXPERIENCE
AWAITS WHEN YOU BOOK
WITH US.**



TRAVEL

but make it feel like you.

WELCOME TO YELLOW FLOWER TRAVEL



Travelling should feel like freedom — not overwhelm. At Yellow Flower Travel, we design journeys that honour you: your comfort, your pace, your sensory world, your access needs, your family dynamics, and your joy.

Here's a sneak peek into the kind of guidance we give our clients every day — practical, compassionate, sensory-smart, and grounded in lived experience.

This isn't generic travel advice. It's real, thoughtful strategy for travellers who want trips that feel safe, empowering and beautifully smooth.

Want the full personalised roadmap? Book your consultation and let us craft your Yellow Flower Travel Pathway.

Nora & Kate



BECAUSE YOU MATTER MOST

Every Journey Begins With You.



At Yellow Flower Travel, everything starts with the traveller — your comfort, your pace, your sensory world, your access needs, your joy.

You don't have to "push through" or pretend everything is fine.



You deserve a trip that feels safe, calm, and designed around you.



THE YELLOW FLOWER TRAVEL ESSENTIALS: OUR TOP 9 QUICK TIPS

Pack Your Comforts First

Noise-cancelling headphones, a small sensory kit, familiar snacks, comfort toy for kids, a neck pillow — these are as essential as bringing your passport.

Choose Calm Over Convenience

Sometimes the “quicker” route is the overstimulating one. We help you choose airports, accommodations, seating and timings that reduce stress from the start.

Soft Starts Save The Day

Build in a “buffer morning” when you arrive. No rush. No commitments. Just gentle adjustment time. Your nervous system will thank you.

Scout Accessibility Before You Go

Lifts, ramps, quiet zones, step-free routes, seating options — don’t gamble. We verify these details for you when you book a consultation with us.

Sensory Mapping = Game Changer

Lighting, noise levels, smells, crowds. We map this for clients so you know what to expect before you step foot at your destination.

Travel Slow. Always.

Include spacious days — low-demand, high-enjoyment days that let you breathe, reset and wander intuitively.

Eat in the Calm Hours

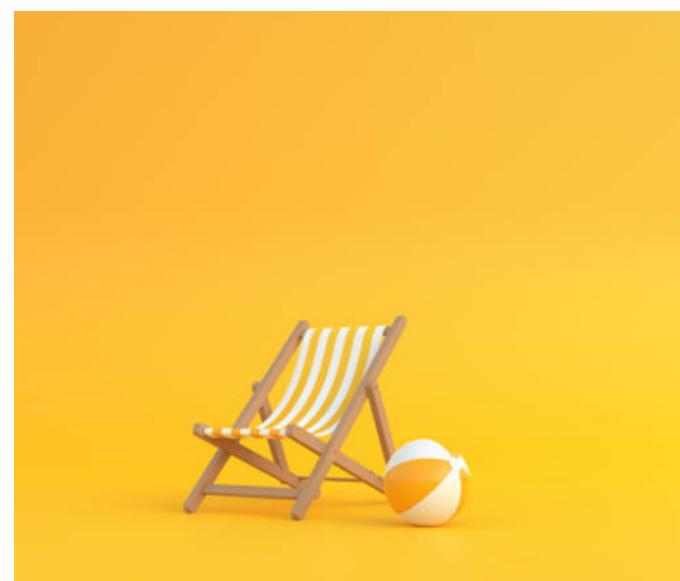
Avoid lunch rushes, choose quieter corners, and research menus ahead of time (We do this for you).

Create a “Signal Word” With Your Group

A simple word — “yellow”, “pause”, “reset” — helps families communicate sensory overload without fuss.

Never Apologise for Your Needs

Your comfort is valid. Your access is valid. Your pace is valid. Your trip is allowed to be shaped around you.





WHERE
COMFORT

MEETS

ADVENTURE

A Yellow Flower Travel trip is not just a holiday. It's clarity, calm, and confidence wrapped in one journey.

CONTACT US



WE'D LOVE TO HEAR
FROM YOU

REACH OUT & SAY HELLO

WHETHER YOU NEED PERSONALISED TRAVEL GUIDANCE, ACCESSIBILITY ADVICE, OR SIMPLY WANT TO EXPLORE WHAT WE OFFER, WE'RE HERE — WARM, RESPONSIVE AND READY TO HELP.



Yellow Flower Travel

INCLUSIVE & ACCESSIBLE TRAVEL FOR ALL

Got a question? Curious about our consultations or training? Or just want to see how Yellow Flower Travel can support your next adventure?

You're in the right place.



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TRAVEL *for* ALL



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