

Personal Study Guide for Genesis 3

Introduction

This guide is meant to help you slow down and sit with God after reading the Genesis 3 study. These questions are not for judgment. They are for clarity, healing, and connection. As you reflect, ask God to show you what He wants you to see, and let Him speak gently to your heart.

Scriptures to Sit With

Genesis 3:1–24 (You don't need to list every section — the booklet already does that.)

Heart-Reflection Questions

Understanding What Happened

1. What part of Genesis 3 feels new or clearer to me after reading the study?
2. What did I learn about the serpent's strategy that I didn't see before?
3. What truth about God's heart stood out to me the most?
4. Where do I still feel confused or unsure?

Understanding Myself

1. What emotions rose up as I read about shame, hiding, or fear?
2. Where do I see myself in Adam and Eve's reactions?
3. What lies have I believed about myself or about God that this chapter exposes?
4. What part of my heart feels tender, guarded, or in need of God's reassurance?

Understanding God's Heart

1. What did this chapter reveal about God's character that I may have missed before?
2. How did God show mercy, protection, or tenderness in this story?
3. What does God want me to know about His heart toward women?
4. What does God want me to know about His heart toward men?

Understanding the Battle

1. Where have I seen the enemy use similar tactics in my own life?
2. What lies has the enemy whispered that I need to reject?
3. What truth from Scripture do I need to stand on more firmly?
4. What area of my life needs God's covering and protection?

Understanding Redemption

1. How does the promise in Genesis 3:15 speak to my life today?
2. What part of my story needs God's healing or restoration?
3. Where do I sense God inviting me into deeper trust?
4. What step of obedience or surrender is God asking me to take?

Closing Prayer

Father, thank You for meeting me in this study. Show me what You want me to see. Heal the places in me that carry shame, fear, or misunderstanding. Help me recognize the enemy's lies and stand in Your truth. Cover me with Your grace, strengthen my heart, and lead me into deeper trust. Thank You for pursuing me, protecting me, and redeeming what the enemy tried to steal. Amen.