



Center Policies

These policies are designed to ensure high-quality care, clear communication, and respect for both patients and providers at Freedom Health Center of Minnesota. Please read carefully.

Scope and Philosophy of Care. Freedom Health Center of Minnesota is a collaborative practice, including naturopathic medicine and chiropractic care. Our approach emphasizes treating the whole person, using the least invasive and most appropriate therapies, whenever possible. Care is personalized and may differ significantly from conventional medical approaches. Patients are encouraged to ask questions and actively participate in their care. Our providers frequently communicate over clients, but it may be necessary to establish with both providers, depending on your needs.

Dr. Jodi Kunkel is a naturopathic doctor (registered/licensed in Minnesota & Wisconsin), graduating from Sonoran University of Health Sciences. She has been providing excellent naturopathic care for over 10 years. She also holds a BS in Kinesiology and MA in Exercise Science. She has completed a yearlong fellowship in integrative psychiatry. She is a member of MNANP and NAEM.

Dr. Paul Kunkel is a doctor of chiropractic (licensed in Minnesota), graduating from Northwestern Health Sciences University. He also holds a BS in Business Management and Financial Planning.

Provider-Patient Relationship. Establishing care at Freedom Health Centers of Minnesota does not guarantee a cure or specific outcome. Healing and response to treatment may vary. Providers will make recommendations based on clinical judgment, training, and patient goals. Patients are responsible for honest communication, following agreed-upon plans, and notifying the clinic of changes in health status.

Appointments, Cancellations & No-Shows. Appointments must be scheduled ahead, and appointment times are reserved specifically for you. If a provider is available at the time, a brief walk-in appointment may be accepted. Please give at least 24 hours notice ahead of appointment, if canceling, or a “no show” fee of \$75 will be charged to your credit card on file. Repeated missed appointments are subject to dismissal from the practice. Patients who do not attend scheduled visits or do not follow up as recommended may experience delays in care or suboptimal outcomes. Continuity of care is important for safe and effective treatment. Late arrivals may result in a shortened visit, or may be asked to reschedule. Our providers always try to be on time! We appreciate when our patients are on time so we can maintain our schedule. For new patient appointments, please arrive 20 minutes early to allow time for paperwork or have your paperwork completed prior to arriving.

Payments and Billing. In order for us to provide the best level of comprehensive care, we operate as a “cash pay” practice, which is common for naturopathic, integrative and functional medical practices. Payments are due in full, at time of service. You are welcome to submit to insurance on your own - we will provide procedure and diagnosis codes that you will need.

We require an active credit card on file for phone consults, supplement orders and missed appointment fees. Full payment is due at the time of service. We accept cash, check and some major credit cards. We

also accept HSA. If we receive a check that does not clear the bank, you will be responsible for the fees. We reserve the right to refuse future care, if payments are not made at time of service.

Communication & Between-Visit Care. Non-urgent questions may be submitted via phone or patient portal. Complex questions, treatment changes, or new concerns may require an appointment. We do not provide medical advice through social media platforms. Your provider may occasionally briefly reach out to you in regards to new lab results. However, due to the complexity of specialty labs, results will generally be reviewed at a scheduled appointment.

Supplements & Products. Any supplements or products recommended are based on clinical judgment and patient needs. The supplement lines carried and recommended are tested for purity and potency. Please keep in mind that choosing your own products may not yield the same results, and may contain fillers or be contaminated with toxic substances. Supplements are not a substitute for emergency care or prescribed medications.

Emergency & Urgent Care. Freedom Health Centers of Minnesota does not provide emergency care. In a medical emergency, call ****911**** or seek the nearest emergency medical department. We do frequently provide urgent care, depending on the concern and availability.

Records, Privacy & HIPAA. We comply with HIPAA and state privacy laws. Medical records are confidential and released only with written authorization, except as permitted or required by law. Patients may request copies of their records; reasonable processing fees may apply.

Respectful Conduct. We are committed to maintaining a safe, respectful, and professional environment. Abusive, threatening, or inappropriate behavior toward staff or providers will not be tolerated. The clinic reserves the right to terminate the patient-provider relationship if conduct compromises safety or care.

Termination of Care. Freedom Health Centers of Minnesota reserves the right to discontinue care for reasons including, but not limited to: repeated missed appointments, non-payment of balances, non-compliance with agreed-upon treatment plans, disruptive or unsafe behavior. When appropriate, reasonable notice and referral options will be provided.

Acknowledgment. I acknowledge that I have read, understand, and agree to the clinic policies of Freedom Health Centers of Minnesota.

Patient Name (print): _____ Date of Birth: _____

Signature: _____ Date: _____

Relationship to patient (if patient is a minor): _____