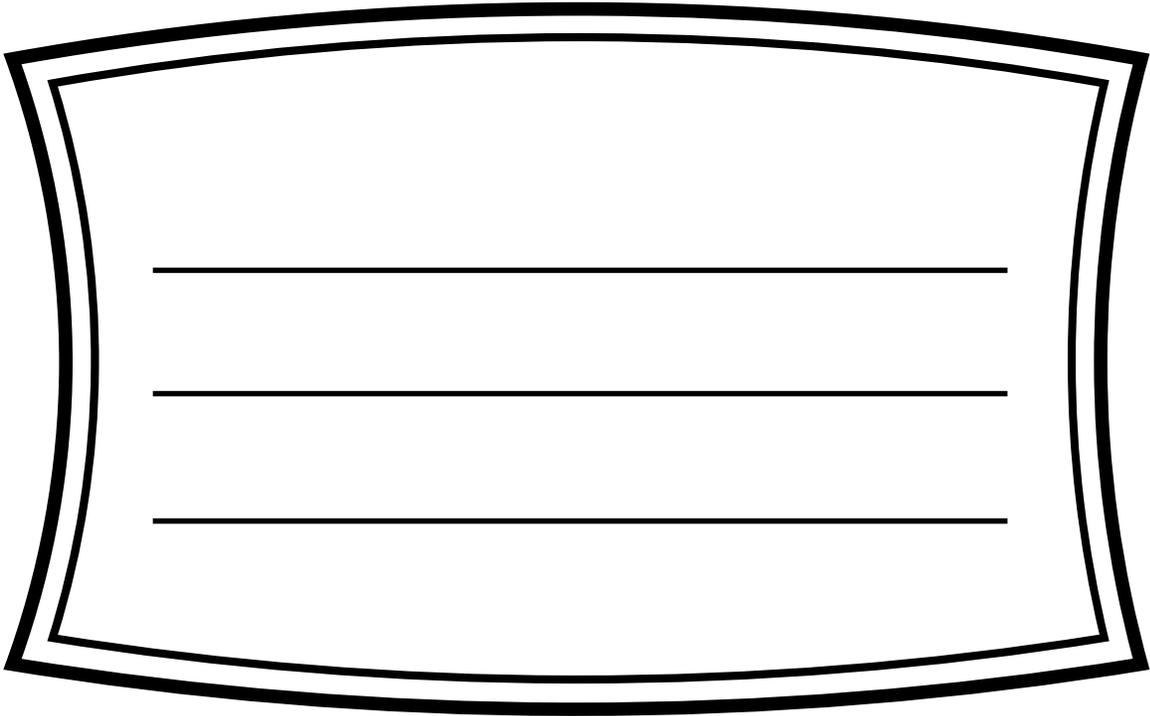


My Back to School Prayer Book







Each day contains a Bible verse, thoughtful questions to ask and a special prayer.

Also included are Daily Kindness Cards and a Pocket Verse that can be cut out and kept in child's pocket, placed in lunch bag, kept in notebook, etc.

May God bless you and your child this new school year and every year.



The Night Before School Starts

Verse of the Day:

Be strong and courageous. Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

Joshua 1:9

What are you worried about for school tomorrow?

Do you think other kids are nervous too? Do you think teachers are ever nervous?

What can you do to help others who may be nervous about the new school year?

Did you know that God is always with you? Does this help you to be less afraid?

PRAYER

Dearest Heavenly Father,

As I start this new school year, I'm feeling excited but I am nervous too. Please help me to remember that no matter what happens at school tomorrow, you are always with me. Help me to feel brave when I meet new people or face challenges that seem scary.

When I feel worried about fitting in, remind me that You made me exactly as I am for a reason.

Help me to be confident and not to worry too much about what other people think.

Give me courage to stand up for what's right, even when it's hard. Help me to be kind to others, especially kids who might be lonely or left out.

When I feel scared, help me to remember that I can talk to You anytime, anywhere. Thank You for loving me and for promising to be with me always.

Dear God, help me to have a great day at school and to be an example of Your love wherever I go.

Amen.



Day 1

Verse of the Day:

And as you wish that others would do to you, do so to them.

Luke 6:31

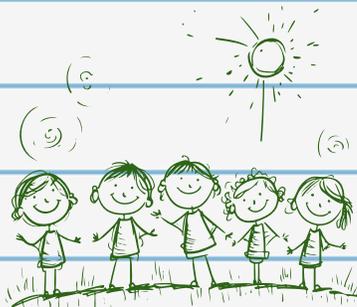
What was the best thing that happened at school today?

Did anything make you feel worried or sad today?

Did you smile and say hello to someone you never talked to?

How do you want kids to treat you?

Can you treat other kids the way you want them to treat you?



PRAYER

Dearest Heavenly Father,

Help me to be nice to all my friends and to be a friend to those who are lonely. May I be an example of your kindness and may they see You in me.

Give me courage to stand up for what's right, even when it's hard.

Please help me make good friends this year and to be a good friend to others.

Teach me how to be a kind, loyal, and trustworthy.

Help me to include kids who might feel left out and to be friendly to everyone.

Remind me to smile and say hello to new kids and teachers I meet.

And dearest heavenly Father, I pray that I have a great day at school and that I may be an example of Your love wherever I go.

In Jesus' name I pray. Amen.



Day 2

Verse of the Day:

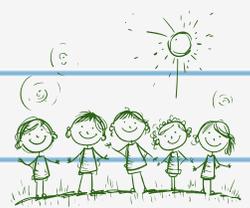
Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

Did anyone say or do something that made you feel good today?

What are some things you could say to someone that would make them feel good?

What do you like best about your new teacher? Do you think you could tell them that?



PRAYER

Dearest Heavenly Father,

You have blessed me in so many ways, help me to be a blessing to others. May I be an example of your kindness and may they see You in me.

It makes me feel good to know that you are always with me. It also feels good when people say nice things to me. God, help me to know what to say and what to do to help other people feel good too.

And dearest heavenly Father, let me have a great day at school and to be an example of Your love wherever I go.

In Jesus' name I pray. Amen.



Day 3

Verse of the Day:

Commit your work to the Lord, and
your plans will be established

Proverbs 16:3

What is the most interesting thing you learned about today?

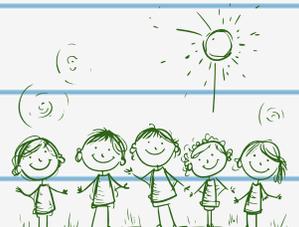
Do you have a favorite subject?

Do you like to do work alone or in a group?

Would you like to create a special study area?

What kind of light do we need?

What supplies do we need to put in your study area?



Prayer

Dear God, fill me with joy as I learn new things this school year. Where there is confusion, bring clarity and where there is frustration, bring patience.

Please help me stay focused in school and give me the concentration I need to learn. Help me to manage time wisely and to approach each task with a willingness to learn new things. May Your peace fill my mind so I can learn effectively and do my best. Help me to remember to breathe deeply and know that I am not alone.

And dearest God, help me to have a great day at school and to be an example of Your love wherever I go.

In Jesus' name I pray. Amen.



Day 4

Verse of the Day:

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

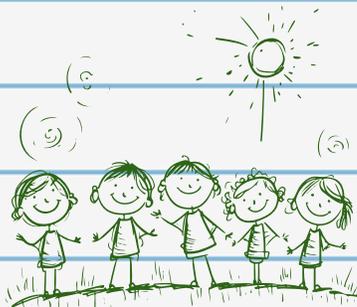
John 14:27

What does the word peace mean to you?

How do you think peace feels?

Is there a special song that makes you feel peaceful?

How can we make your bedroom more peaceful?



Prayer

Dearest Lord of Peace,

Grant me peace as I go through my day and grant peace to all the parents, teachers, and students too. Remind them that You are with them always. Bless all of my school friends so they may grow in the knowledge of your beautiful world.

Bless those who teach, that they may share the wisdom they have received from above and that they may do their work with patience and love that reflects your peace.

And dearest heavenly Father, help me to have a great day at school and to be an example of Your peace wherever I go. In Jesus' name I pray.
Amen.



Day 5

Verse of the Day:

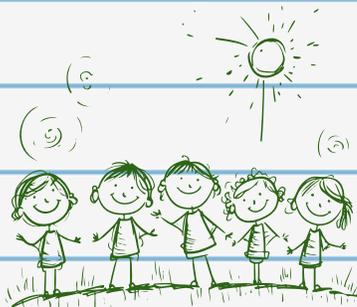
For everything God created is good, and nothing is to be rejected if it is received with thanksgiving."

1 Timothy 4:4

Do you think people have a duty to take care of the Earth?

How do you think people can help take care of the Earth?

What can you do to take care of the earth that God created?



Prayer

Divine Creator God,
Thank You for the blessings of our world. You gave us the trees, the oceans and everything on our Earth.

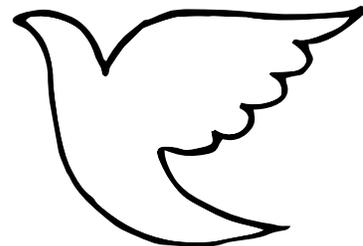
We pray for harmony, understanding, and cooperation among all people, regardless of their background. Let us work together to protect the planet and cherish the gift of creation.

Thank you for creating me, loving me, and walking with me daily. I'm so grateful for every experience I have with you and I hope that I never take for granted this life you have blessed me with.

And dearest heavenly Father, help me to have a great day at school tomorrow and help me to be an example of Your love wherever I go.

In Jesus' name I pray.

Amen.



Day 6

Verse of the Day:

Give thanks to the Lord, for he is good; his love endures forever.

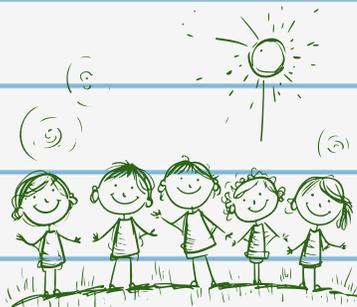
Psalm 107:1

Look around your room and list ten things you are thankful for?

Who are five people you are happy to have in your life?

How can we make everyday like Thanksgiving day?

Next time you go for a walk, try to notice all the things around you.



Prayer

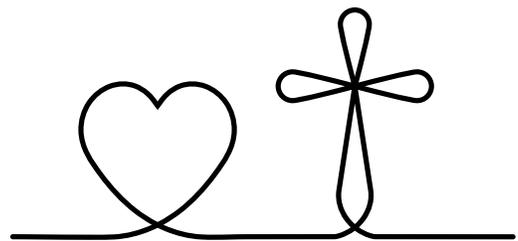
Dear God,

As I have come to the end of this day, my gratitude for everything you have done overflows.

Thank you for the body you have given me. Thank you for keeping me healthy and fit enough to walk without growing weary. Thank you for the gift of your creation and the joy it brings as we notice it.

Thank You, Lord, for Your eternal love and for all that You've given me. May my heart be filled with gratitude today.

And dearest heavenly Father, help me to have a great day at school and to be an example of God's love wherever I go. In Jesus' name I pray. Amen.



Day 7

Verse of the Day:

For God gave us a spirit not of fear
but of power and love and self-
control.

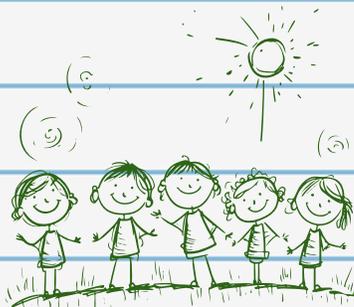
2 Timothy 1:7

What are two things that you are good at?

What are two things you wish you were better at?

What is something you are afraid of?

How can God help you to not be afraid anymore?



Prayer

Dearest Heavenly Father,
Thank You for the opportunity to go school and learn. Help me to have a positive attitude and to be grateful for each day.

I ask for Your help in building my self-confidence. Help me believe in my abilities and have faith in my strengths. Remove any self-doubt and replace it with the assurance that I am capable and worthy. May Your confidence inspire me to face challenges with a positive outlook.

And dearest heavenly Father, help me to have a great day at school and to be an example of Your love wherever I go. In Jesus' name I pray.
Amen.





KINDNESS

challenge

Say something nice to three people today.

Kindness Matters

KINDNESS

challenge

Hold a door open for classmates or teacher

Be Kind

KINDNESS

challenge

Pick up another student's pencil or paper when it falls

#BeKind

KINDNESS

challenge

Leaving a note of appreciation for a custodian or lunch aide

great job

KINDNESS

challenge

Leave a thank you card or gift for school nurse, librarian, gym teacher or teacher's aide

SPREAD Kindness

KINDNESS

challenge

Pick up two pieces garbage in your classroom or in the lunchroom without being asked



KINDNESS

challenge

Smile and say hello to someone you have never talked to before.

Hello

KINDNESS

challenge

Offer to share crayons, colored pencils or other school supplies with a classmate

SHARING IS CARING



POCKET

Verse



Be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.

Joshua 1:9

POCKET

Verse



And as you wish that others would do to you, do so to them.

Luke 6:31

POCKET

Verse



And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:7

POCKET

Verse



Commit your work to the Lord, and your plans will be established

Proverbs 16:3

POCKET

Verse



Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14:27

POCKET

Verse



For everything God created is good, and nothing is to be rejected if it is received with thanksgiving."

1 Timothy 4:4

POCKET

Verse



Give thanks to the Lord, for he is good; his love endures forever.

Psalms 107:1

POCKET

Verse



For God gave us a spirit not of fear but of power and love and self-control.

2 Timothy 1:7



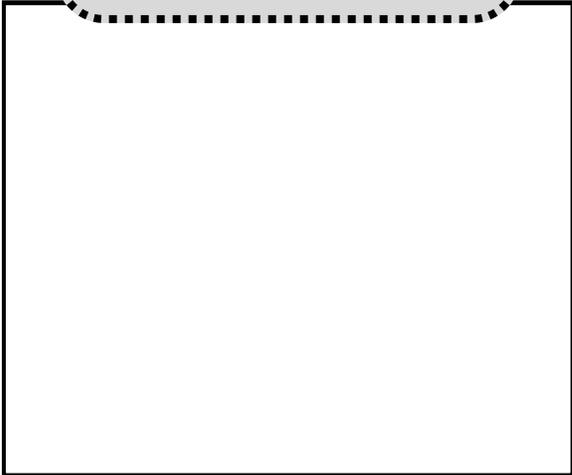
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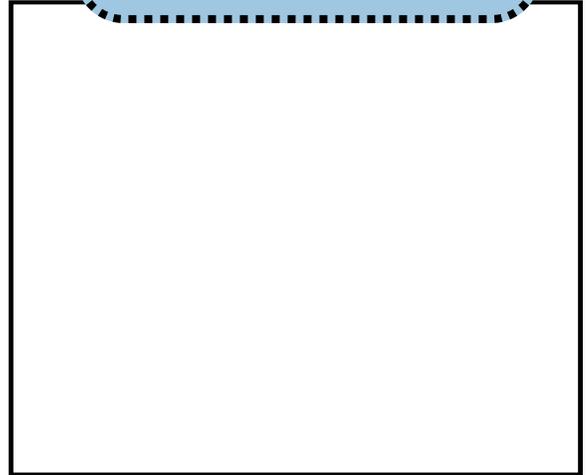
Gratitude Walk

Take a walk outside and pay close attention to your surroundings. Use this worksheet to help you notice the world around you.

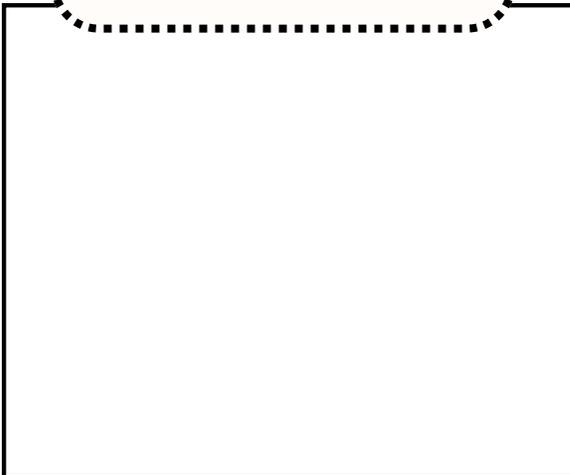
what do you feel



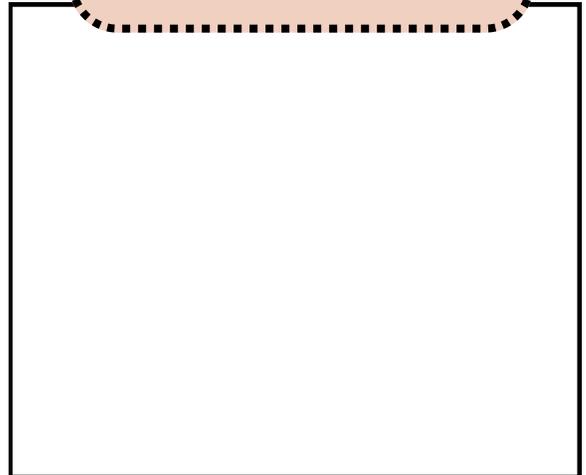
what do you hear

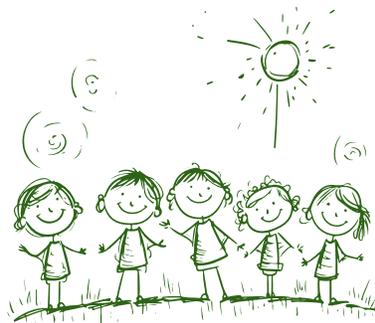


what do you see



what do you smell



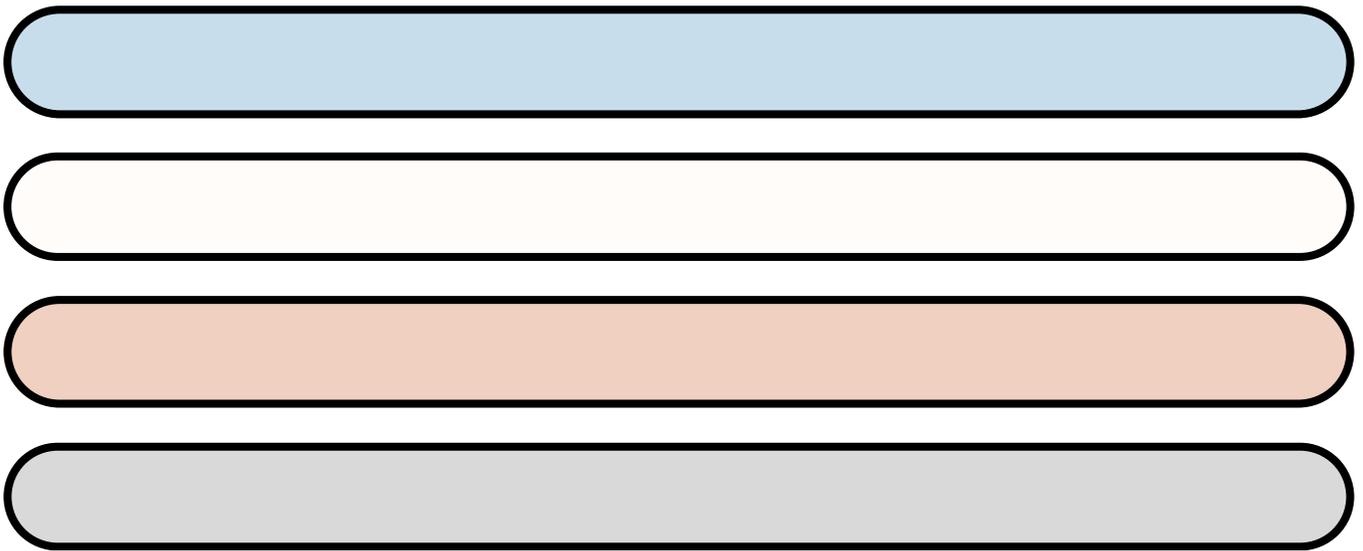


Gratitude Walk

Dear God, as I have come to the end of my walk today, my gratitude for everything you have done overflows.

Thank you for the legs you have given me to go on this walk. Thank you for keeping me healthy and fit enough to walk without growing weary. Thank you for the gift of your creation and the joy it brings as we notice it.

Add one from each box to your thankful prayer



Four horizontal rounded rectangular boxes for writing, colored light blue, white, light orange, and light grey.

Thank you for creating me, loving me, and walking with me. I'm so grateful for every experience I have with you and I hope that I never take for granted this life you have blessed me with. In Jesus' name, I pray. Amen.

