



CAPABILITY STATEMENT



MBE NYC/NYS Malik Excalibur LLC

Certified & Insured

MISSION STATEMENT

To provide health and wellness, real-world experiences paired with meaningful mentorship that prepares high school students for life, direction, and work beyond graduation.

CONTACT INFORMATION

Malik Excalibur
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518-690-5605
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Brooklyn, NY

SERVICE AREA

New York City, NYS, NJ

VENDOR IDENTIFICATION

NYS DOE Vendor# MAL
468974

NAICS CODES

611620 - Sports & Recreation Instruction
611430 - Professional Development Training
621999 - Health & Wellness Services
611710 - Educational Support Services

MBE CERTIFIED



CORE COMPETENCIES

* Youth Health & Wellness Programming

Designing age-appropriate fitness curricula, nutrition education 7-12 grade.

* Fitness Instruction & Physical Education

Delivering structured group exercise, athletic conditioning, and movement-based learning for diverse populations.

* Mentorship & Leadership Development

Guiding youth and young adults through goal-setting,

* Nutrition Education & Healthy Lifestyle Coaching

Teaching sustainable eating habits and holistic wellness strategies for long-term behavior change.

* Interactive Enrichment & Team-Building

Facilitating hands-on experiences that build communication, collaboration, and community among participants.

* Post-Secondary & Career Exposure Programming

Connecting students to multiple career pathways.

PAST PERFORMANCES

- * Youth Health & Wellness Program- August Martin High School - 2025
- * International Beach Fitness & Wellness Events - Diversity Bermuda - 2025
- * Corporate Fitness Instruction & Wellness Coaching - Equinox Wallstreet - 2023
- * Fitness Training & Group Exercise Programming - Crunch Fitness Union Square
- * Personal Training & Athletic Conditioning - LA Fitness 2021
- * Corporate Wellness Coach - NY/NJ Professionals 2020-2026

- LightKube Inc AI, STEM for DOE - July 2026

TESTIMONY

"Malik brought energy, structure, and genuine care to our students. His programs are engaging, well-organized, and make a real difference in young people's lives. He connects with every student and creates a safe space for growth."
- School Administrator, August Martin High School