



ANALYSIS AND MILESTONES: DYSPRAXIA FROM CHILDHOOD TO ADULTHOOD

AGE GROUP	MILESTONES & SYMPTOMS	SCREENING TESTS & OBSERVATIONS
CHILDHOOD (0-5 YEARS)	Delay in reaching developmental milestones (e.g., crawling, walking)	Pediatric developmental screenings
	Difficulty with fine motor skills (e.g., tying shoelaces)	Peabody Developmental Motor Scales (PDMS)
	Poor hand-eye coordination	Observations and assessments by pediatricians
	Clumsiness and frequent falls	Clinical observations and parent/teacher reports
	Difficulty with self-care tasks (e.g., dressing, eating)	Pediatric Occupational Therapy evaluations



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CHILDHOOD (6-12 YEARS)	Difficulty with sports and physical activities	Movement Assessment Battery for Children (MABC)
	Poor handwriting and drawing skills	Detailed writing and drawing assessments
	Challenges with organization and planning	Observations in academic and daily activities
	Social difficulties (e.g., playing with peers)	Observations by teachers, parents, and therapists
	Sensitivity to sensory stimuli (e.g., light, noise)	Sensory processing assessments



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ADOLESCENCE (13-18 YEARS)	Continued challenges with coordination and balance	Motor Assessment Scale for Adolescents (MASA)
	Academic difficulties, especially in subjects requiring fine motor skills	Academic assessments and observations
	Poor spatial awareness and navigation skills	Observations and assessments in new environments
	Social challenges, such as making and maintaining friendships	Social skills assessments and observations
	Increased self-awareness and frustration due to ongoing difficulties	Self-report questionnaires and psychological assessments



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ADULTHOOD (19+ YEARS)	Persistent difficulties with coordination and fine motor skills	Adult Dyspraxia Checklist (ADC)
	Challenges with activities of daily living (e.g., cooking, driving)	Occupational Therapy assessments and observations
	Difficulties in professional settings, especially tasks requiring coordination	Work performance evaluations and self-reports
	Continued social challenges and potential mental health issues	Psychological assessments and counseling
	Potential compensatory strategies and adaptations	Adaptive strategies assessments and observations