

Peppermint

**I am a cool and tingly
herb-like brushing
your teeth with a
leaf! I can also make
your tummy feel
better too!**



Lemon Balm

**I am a happy herb
that smells like
lemons and make
bedtime feel cozy.
Bees love me too!**

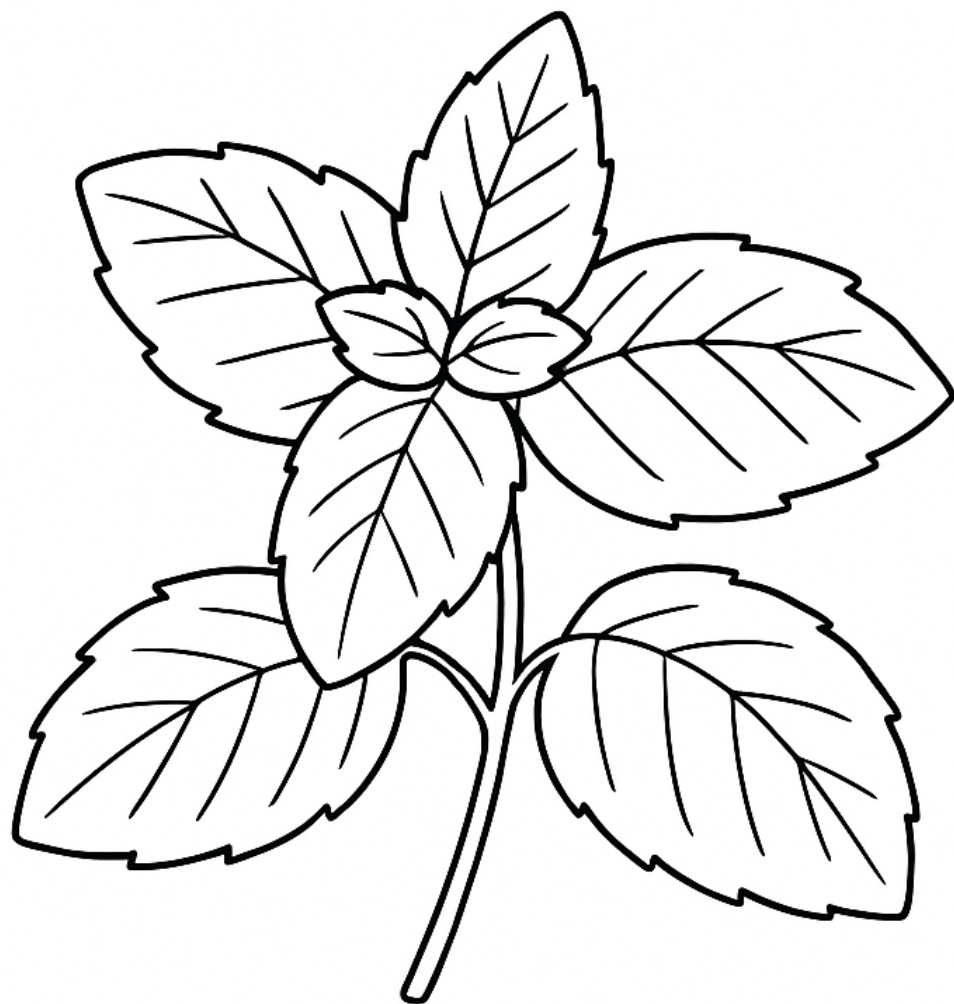


Chamomile

**I have tiny flower
faces that look like
baby daisies and
help your body relax
after a busy day!**



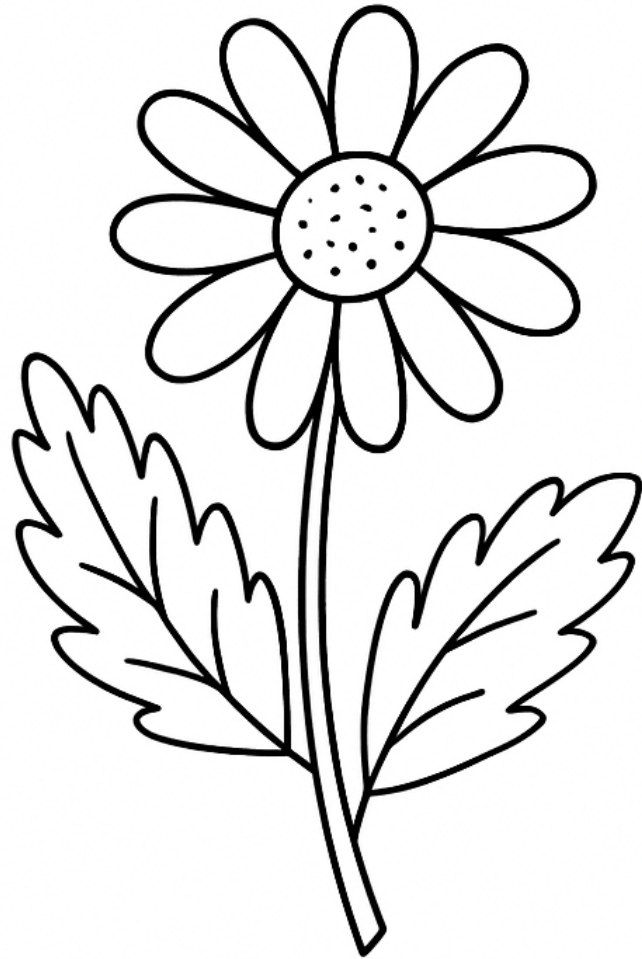
PEPPERMINT



Color Me!

Peppermint is cool
and tingly!

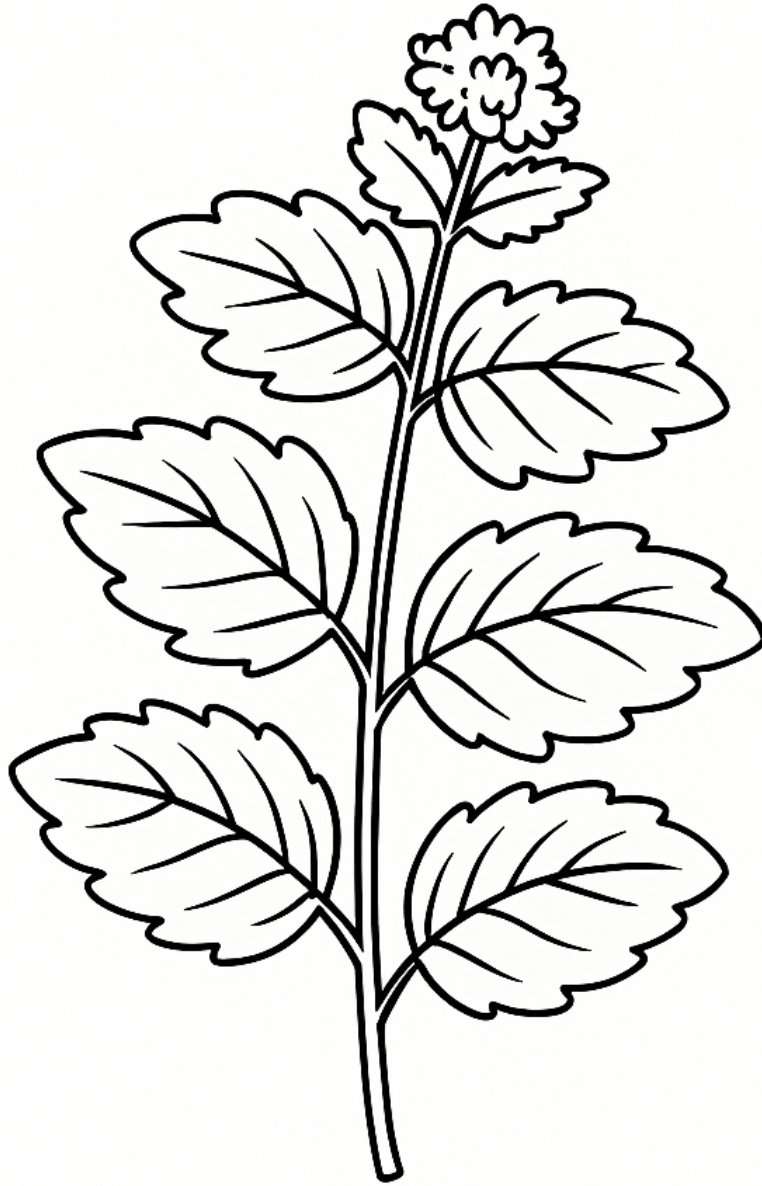
CHAMOMILE



Chamomile helps you
feel calm and cozy.

Color Me!

LEMON BALM



Color Me!

This herb smells lemony and
sweet!