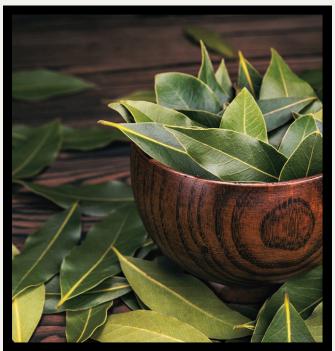
Bay leaf Toner

Pick a handful of bay leaves (or dried)
Add a mug of spring water to a saucepan
Add 10 bay leaves
Bring to heat, then simmer for 10 minutes.
Remove from heat and let cool
Pour the water into a glass bottle & discard
the leaves.

Keep in the fridge (keeps for 5 days)

Benefits

Reduces wrinkles and fine lines
Brightens skin tone
Tightens pores
Natural astringent properties help tighten skin
Full of antioxidants to protect against damage
and promote a radiant complexion.



@sexagenarian