



SCALE
SRI CHAKRA ACADEMY OF
LEARNING & EDUCATION
IN FERTILITY

SCALE 360⁰

The Academic Journey of 2025



WWW.SCALEACADEMY.IN

FROM THE EDITORS DESK

Welcome to the inaugural issue of the Scale 360 Academic Newsletter. This platform brings together the SCALE Masterclass ecosystem—our academic initiatives, collaborative efforts, and future learning opportunities—while keeping our participants, faculty, and partners informed, inspired, and connected.

The year 2025 marked a defining phase for SCALE, where academic intent translated into meaningful and impactful learning experiences. Through our masterclasses and expert-led discussions, we focused on strengthening clinical reasoning, evidence-based practice, and ethical decision-making in reproductive medicine and embryology.

Guided by the belief that “knowledge, like sweetness, is best when shared,” SCALE Masterclass began as the brainchild of Dr Vasundara Jagannathan, with a singular vision of providing continuous, accessible academic learning through pioneers in the field.

SCALE has always been about people- We are deeply grateful to our faculty, learners, and the SCALE academic and technical teams for ensuring that every session upheld the highest standards of quality and clarity. Over time, these masterclasses have connected participants across India and abroad, fostering interactive discussions, active Q&A sessions, and the sharing of real-world clinical challenges. The consistent participation and encouragement from our learners inspired us to expand further.

Building on this momentum, we successfully conducted hands-on workshops in Andrology and Embryology, along with a well-received Certificate Course in Genetics and Immunology, attended by practicing infertility consultants from across the country.

As we step into 2026, we look forward to an exciting year ahead. Our academic roadmap includes continued masterclasses, Elevate 2026—a focused postgraduate revision course for embryology exam candidates, fellows, and MCh trainees in Reproductive Medicine—and additional hands-on workshops designed to enhance interactive and experiential learning.

We believe learning is not a destination but a continuous journey of empowerment and growth. We look forward to your continued encouragement and collaboration as we build the future of SCALE together.



Dr Sindhuja Srinivasan

WARM REGARDS

Dr Vasundara Jagannathan



**ADVANCED ART
MASTER CLASS
SERIES**

**ADVANCED
EMBRYOLOGY
MASTER CLASS
SERIES**

**CERTIFICATE
COURSE IN
REPRODUCTIVE
GENETICS**

**CERTIFICATE
COURSE IN
REPRODUCTIVE
IMMUNOLOGY**

**1 year Fellowship
Program in
Clinical
Embryology/ART**





SCALE

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LEARNING & EDUCATION
IN FERTILITY



10,000 +
REGISTRATIONS



50 +
FACULTY



ONLINE
CERTIFICATION
COURSES



20+
MASTERCLASS



1 YEAR FELLOWSHIP
PROGRAM IN CLINICAL
EMBRYOLOGY/ART



GLIMPSES OF 2025

SCALE
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SCALE - "MASTER CLASS IN EMBRYOLOGY SERIES"
Episode - 1

Topic : A to Z of human fertilization

Date: 9th January 2025 (Thursday) Time: 7:30 PM - 8:30 PM

Inaugural session - "Master class in Embryology Series"

Chief Guest

Dr. Ratna Chattopadhyay
Chief Embryologist, Faculty IIM

Speaker

Dr. Sujatha Ramakrishnan
Head, Embryology, NOVAFertility

Welcome Address

Dr. Vasundara J
Medical Director, Sri Chakra Fertility

Academic Coordinator

Dr. Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility

Interactive session with polls and quiz during and at the end of the session. Active participants will be featured!

Register now. It's FREE AND FOR ALL!

Hurry up

CLICK HERE TO REGISTER

<https://us06web.zoom.us/j/94811111111>

www.srichakrafertility.com

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SRI CHAKRA ACADEMY OF LEARNING & EDUCATION IN FERTILITY

SCALE - "MASTER CLASS IN EMBRYOLOGY SERIES"
Episode - 2

Topic : Implantation - A complete Overview

Date: 5th February 2025 (Wednesday) Time: 7:30 PM - 8:30 PM

Chairperson

Dr. Swaminathan D
Scientific Director & Sr Embryologist, Santhosh Centre for Reproductive Medicine

Speaker

Dr. (Caj) Sandeep Karunakaran
Senior Fertility Consultant, Apollo Fertility, Hyderabad

Welcome Address

Dr. Vasundara J
Medical Director, Sri Chakra Fertility

Academic Coordinator

Dr. Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility

Interactive session with polls and quiz during and at the end of the session. Active participants will be featured!

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SCALE - "MASTER CLASS IN EMBRYOLOGY SERIES"
Episode - 3

Topic : A comprehensive guide to Oncytes - The X Factor

Date: 6th March 2025 (Thursday) Time: 7:30 PM - 8:30 PM

Chairperson

Dr. Sashala N
Founder & Scientific Director, Cooper Surigals, India

Speaker

Dr. Rajni Mehta
Consultant, Cooper Surigals, India

Welcome address

Dr. Vasundara J
Medical Director, Sri Chakra Fertility

Academic coordinator

Dr. Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility

Interactive session with polls and quiz during and at the end of the session. E Certificate for all attendees

Hurry up Register now. It's FREE AND FOR ALL!

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LIVE WEBINAR

Advances in ART Masterclass Series

Novel Stimulation Protocols

Speaker

Dr Sachin Kulkarni
IVF Specialist, Reproductive Medicine, India

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

19 JUNE, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
<https://us06web.zoom.us/j/94811111111>

www.srichakrafertility.com

LIVE WEBINAR

Advances in Embryology Masterclass Series

From Freezing to thawing : the full cryopreservation journey

Speaker

Dr. Keral Avari
IVF Specialist, Reproductive Medicine, India

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

19 JUNE, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
<https://us06web.zoom.us/j/94811111111>

www.srichakrafertility.com

LIVE WEBINAR

Advances in ART Masterclass Series

Novel Stimulation Protocols Part-II

Speaker

Dr Sachin Kulkarni
IVF Specialist, Reproductive Medicine, India

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

24 July, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
<https://us06web.zoom.us/j/94811111111>

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CfHE Center for Healthcare Entrepreneurship

SCALE SRI CHAKRA ACADEMY OF LEARNING & EDUCATION IN FERTILITY

SCALE FELLOWSHIP PROGRAM

1 year Fellowship Program in Clinical Embryology

Any Life Science Graduate or Post Graduate - MBBS, BDS, MDS, Can Apply

20 Days Hands On For Embryology Students at CfHE, IIT, Hyderabad

1 year Fellowship Program in ART

MS (OBG)/DGO/DNB Can Apply

Hands On For ART Students At Sri Chakra Fertility

www.srichakrafertility.com

Krishna Murthy Reddy
+91 96 42 43 11 55

GLIMPSSES OF 2025

SCALE SRI CHAKRA ACADEMY OF LEARNING & EDUCATION IN FERTILITY

Advance Your Fertility Expertise!

TWO EXCLUSIVE CERTIFICATE COURSES FOR REPRODUCTIVE MEDICINE PROFESSIONALS

GENETICS IN INFERTILITY

12 WEEKS
ONLINE LIVE
START 28-10-2025

REPRODUCTIVE IMMUNOLOGY

8 WEEKS
ONLINE LIVE
START 12-11-2025

LIVE WEBINAR

Advances in Embryology Masterclass Series

The Backbone of IVF : Must Have Equipment For Fertility Labs

Speaker

Dr. Priya Kannan
Chief Embryologist, Fertility Specialist, Reproductive Medicine, Chennai

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

04 Sep, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
<https://us06web.zoom.us/j/94811111111>

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LIVE WEBINAR

SCALE ADVANCED ART MASTERCLASS

Regenerative Medicine in ART

Speaker

Dr Nayana Patel
Medical Director, Akanksha Hospital and Research Institute & Zivia IVF

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

18 SEP, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
<https://us06web.zoom.us/j/94811111111>

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LIVE WEBINAR

Advances in ART Masterclass Series

Receptor Polymorphisms Part-2

Speaker

Dr G A Rama Raju
Medical Director, Sri Chakra Fertility, Chennai

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

25 Sep, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
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LIVE WEBINAR

SCALE ADVANCED ART MASTERCLASS

From genes to generations: the role of genetics in infertility Part - II

Speaker

Dr Fiona
Head - Genetic Operations, Anderson Diagnostics

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

09 October, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
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LIVE WEBINAR

Advances in Embryology Masterclass Series

Creating Life in a dish : The critical role of embryo culture media

Speaker

Dr Sanjay Shukla
Sr Consultant Embryologist, Repro

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

6 NOV, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
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LIVE WEBINAR

SCALE ADVANCED ART MASTERCLASS

i - COS IN ART

Speaker

Dr Jatin Shah
Founder & Medical Director, Member, Fertility Council & ICM, CLMCC, Sri Chakra Fertility, Chennai

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

27 Nov, 2025
5:00 pm to 7:00 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
<https://us06web.zoom.us/j/94811111111>

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LIVE WEBINAR

SCALE ADVANCED ART MASTERCLASS

LUTEAL PHASE SUPPORT

Speaker

Dr Rajesh S Koradia
Medical Director, Mitra Hospital & IVF CENTRE, Mumbai

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

18 December, 2025
7:30 pm to 8:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
<https://us06web.zoom.us/j/94811111111>

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LIVE WEBINAR

Advances in Embryology Masterclass Series

EMBRYO TRANSFER ESSENTIALS - PRECISION, TIMING, TRACEABILITY

Speaker

Dr Steven Fleming
Embryology Director, Cooper Surgical

Moderator

Dr Vasundara Jagannathan
Medical Director, Sri Chakra Fertility, Chennai

Academic Coordinator

Dr Sindhuja Srinivasan
IVF Lab Manager, Sri Chakra Fertility, Chennai

11 Dec, 2025
6 pm to 7:30 pm

FREE REGISTRATION CERTIFICATE FOR ALL ATTENDEES

Link Registration:
<https://us06web.zoom.us/j/94811111111>

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SCALE SRI CHAKRA ACADEMY OF LEARNING & EDUCATION

MASTER CLASS - ADVANCES IN ART

CERTIFICATE

This is to certify that has attended the online Masterclass - Advances in ART on the topic **Regenerative Medicine in ART** by **Dr Nayana Patel**, organized by **SCALE** in association with **Sri Chakra Fertility**, Ashok Nagar, Chennai, on 18th September 2025.

Dr Vasundara Jagannathan
Medical Director - Sri Chakra Fertility

Dr Sindhuja Srinivasan
IVF Lab Manager - Sri Chakra Fertility

Dr Nayana Patel
Medical Director, Akanksha Hospital and Research Institute & Zivia IVF



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IN FERTILITY

EMBRYOLOGY
ESCAPE ROOM



Test your IVF and embryo grading skills—if you dare!

1. Day 3 Embryo Challenge

Scenario: You have 3 Day 3 embryos.

Embryo Cells Symmetry Fragmentation

A - 8 Symmetrical <10 B - 7 Slightly uneven 20% C - 6 Uneven 30%

Question: Which embryo is best for culture or transfer?

Answer:

Hint: Symmetry + low fragmentation = happy embryo = happy embryologist.

2. Blastocyst Showdown (Day 5)

Scenario: You have 3 blastocysts.

Blastocyst ICM Trophectoderm

X A A Y A B Z B B

Question: Which blastocyst is optimal for single embryo transfer?

Answer:

Hint: Think of ICM as the VIP section—the embryo’s “brain” of implantation.

3. Fragmentation Frenzy

Scenario: Day 3 embryo has 9 cells but 35% fragmentation.

Question: Best next step?

Answer:

Hint: Patience is a virtue—even for embryos.



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EMBRYOLOGY
ESCAPE ROOM



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4. Poor-Quality Blastocyst

Scenario: Day 5 blastocyst appears collapsed with poor trophectoderm (C grade).

Question: How would you handle it?

Answer:

Hint: Sometimes even embryos need a “nap” before performing their best.

5. Multi-Embryo Decision

Scenario: 4 Day 3 embryos: 2 grade 1, 1 grade 2, 1 grade 3.

Question: Which embryos do you prioritize for blastocyst culture?

Answer:

Hint: Quality over quantity. Always.

6. Assisted Hatching Alert

Scenario: Thick zona pellucida, repeated implantation failure.

Question: Recommended intervention?

Answer:

Hint: Sometimes a little “help with the hatch” goes a long way.



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EMBRYOLOGY
ESCAPE ROOM



Test your IVF and embryo grading skills—if you dare!

7. Cryopreservation Selection

Scenario: Day 5 embryos: AA, AB, BB, BC.

Question: Which would you vitrify first?

Answer:

Hint: Always freeze the best-looking embryos first—they're the drama-free ones.

8. Mosaic Mystery

Scenario: PGT-A shows mosaic embryo (20% aneuploidy), morphology looks perfect.

Question: Correct approach?

Answer:

Hint: Sometimes “imperfect” still has a shot at glory.

9. Sibling Blastocyst Showdown

Scenario: Two blastocysts:

1: Expanded, ICM A, TE B

2: Early blastocyst, ICM A, TE A

Question: Which to transfer fresh?

Answer:

Hint: Expansion > Early stage... like coffee before exams.



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IN FERTILITY

EMBRYOLOGY
ESCAPE ROOM



Test your IVF and embryo grading skills—if you dare!

10. Bonus Humor Question 🧐

Scenario: You just finished grading embryos after 6 hours of lab work.

Question: What's your official reward?

- A) Coffee ☕
- B) More grading
- C) Sleep (optional)
- D) Applause from the embryos

Answer:

Hint: Lab life: caffeine, chaos, and occasional triumph.

ANSWERS

- 1 - Answer: A
- 2 - Answer: X
- 3- Culture to Day 5 and reassess
- 4- Vitrify and try later
- 5- Quality over quantity. Always.
- 6- Sometimes a little “help with the hatch” goes a long way.
- 7- Always freeze the best-looking embryos first—they're the drama-free ones.
- 8 - Sometimes “imperfect” still has a shot at glory.
- 9 - Answer: 1
- 10 - Answer: A



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IN FERTILITY



COMIC CORNER

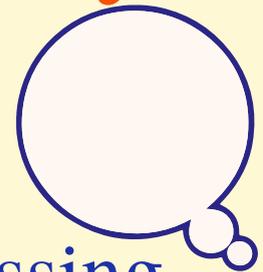


“Hey, did you survive the
SCALE Masterclass?”

“Survive? I think I leveled up. Suddenly my answers make sense... and I’m dangerously confident before exams.”



“Wait, isn’t that... unhealthy?”



“Probably. But at least I’m not guessing anymore. That’s progress.”





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INFERTILITY



COMIC CORNER



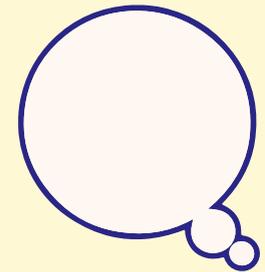
“And what about the one-day PG prep?”

“Oh, that’s a special kind of madness. Three years of syllabus crammed into one day. Panic teaches faster than planning, and your syllabus finally meets its deadline—whether it’s ready or not.”



“So... basically, chaos with a certificate?”

“Exactly. Zero excuses, multiple subjects, and just enough clarity to feel like a genius... for a few hours, at least.”





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IN FERTILITY

JUNE -2026

Medical management of
male infertility

SEP -2026

A day in the life of
an embryologist

APRIL-2026

Decoding IVF

DEC-2026

Translational
Reproductive Physiology

Elevate 2026- March

pg preparation course 1
day embryology, 2 days
clinical

FREE MASTER CLASS

EVERY MONTH ONE IN
EMBRYOLOGY &
ONE IN ART

SCALE 360°

The Road Map of 2026



DECODING IVF



**MEDICAL
MANAGEMENT
OF MALE
INFERTILITY**



**SCALE
CAMPUS
COURSES**



**A DAY IN THE
LIFE OF AN
EMBRYOLOGIST**



**TRANSLATIONAL
REPRODUCTIVE
PHYSIOLOGY**



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We love hearing from you! If you have ideas for new SCALE initiatives, topics you'd like us to cover, or suggestions to make our masterclasses and courses even better, don't hesitate to reach out. Your feedback helps us grow, keeps our programs relevant, and ensures SCALE continues to be a space for learning, collaboration, and innovation.



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