

# MAHA Has Become HAHA...



Donald Trump's love for fast food is no secret. He has also been known to drink as many as a dozen cans of Diet Coke daily. Aspartame, the artificial sweetener used in Diet Coke and numerous other "diet" products, has been linked to severe neurological harm through multiple mechanisms, including neurotoxicity, cognitive decline, and disruption of brain function. Aspartame metabolizes into harmful byproducts, including methanol and formaldehyde, which are known neurotoxins capable of crossing the blood-brain barrier and causing long-term damage. Aspartame disrupts neurotransmitter balance by altering levels of serotonin and dopamine, leading to mood swings, depression, and anxiety.

Even moderate aspartame consumption—equivalent to one can of Diet Coke daily can cause accelerated brain aging by 1.6 years, with pronounced declines in memory, language, and executive function. Middle-aged adults (under 60) are particularly vulnerable, suggesting that early exposure may predispose individuals to neurodegenerative conditions later in life. Aspartame is a key contributor to inflammation and oxidative stress in neural tissue, which are hallmarks of Alzheimer's and Parkinson's diseases. This can cause poor decisions, memory loss, and aggressive behavior...