



Traveller's Emergency Info Sheet

Keep this printed and packed—just in case.



☒ EMERGENCY CONTACT INFORMATION

(In case you are unable to speak or need to be assisted)

Name: _____

Phone: _____

Relationship to You: _____

Email: _____

Alternative Contact: _____



ACCOMMODATION DETAILS

Hotel/Airbnb Name: _____

Address: _____

Phone Number: _____

Booking Reference: _____

Check-In Date: _____ Check-Out Date: _____



PASSPORT & ID DETAILS

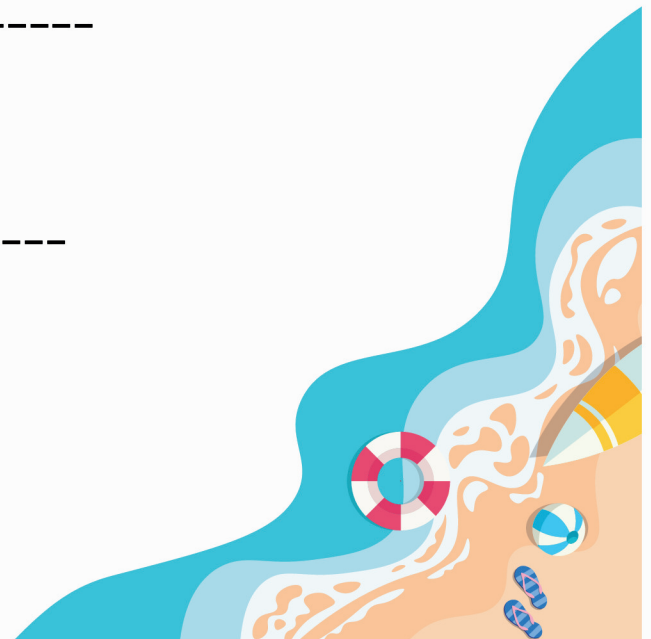
(Write or tape a copy below – DO NOT include this in digital copies)

Passport Number: _____

Issue Date: _____

Expiry Date: _____

Issuing Country: _____



MEDICAL INFORMATION

Blood Type: _____

Allergies: _____

Medical Conditions: _____

Medications Taken: _____

Insurance Company: _____

Policy Number: _____

24-Hour Helpline: _____



IMPORTANT FINANCIAL CONTACTS

(For lost cards, bank alerts, etc.)

Bank Name: _____

Card Support Line: _____

Travel Insurance Emergency Line: _____



LOCAL EMERGENCY NUMBERS

(Research & write these down before your trip)

- Police: _____
- Ambulance/Medical: _____
- Fire Department: _____
- Embassy or Consulate: _____
- Local Taxi or Ride App: _____



OTHER ESSENTIALS

Language Help Phrase: _____

Hotel Wi-Fi Password: _____

Daily Budget Notes: _____

Safe Location for Docs/Valuables: _____

