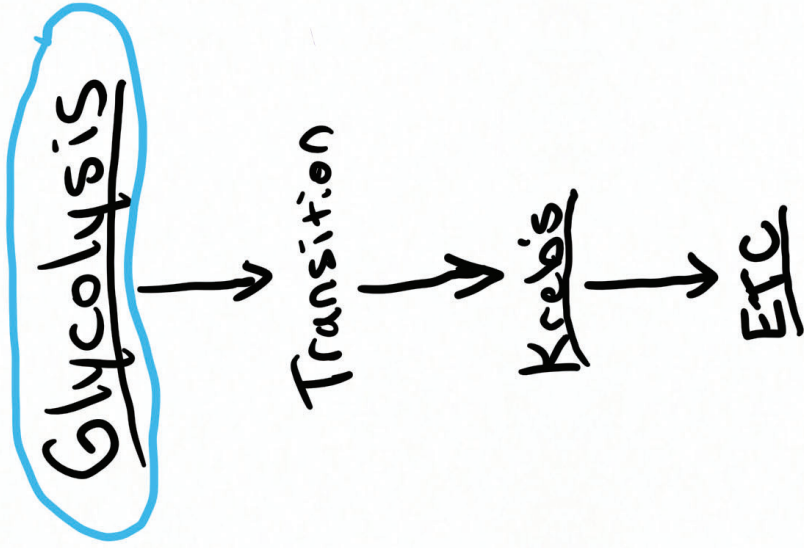


Aerobic  
Metabolism



# METABOLISM

1) Glycolysis \*

(Anaerobic)

2) Fermentation

\*  
(Aerobic)

Transition (Prep)

2 aero) Krebs

3 aero) ETC

(AEROBIC)  
METABOLISM - CELLULAR RESPIRATION (3 major steps + Transition)

\* 1) Glycolysis (both aerobic & anaerobic processes)

→ 2a) Transition (Pyruvate Oxidation - Preparatory Step)

2) Krebs (The Citric Acid - TCA) Cycle

3) ETC (Electron Transport Chain - Oxidative Phosphorylation)

Krebs - aerobic  
TCA cycle

(Thru the cell membrane  
and into the cytoplasm)

Glycolysis

(Thru the mitochondrial  
membrane to enter  
the mitochondria)

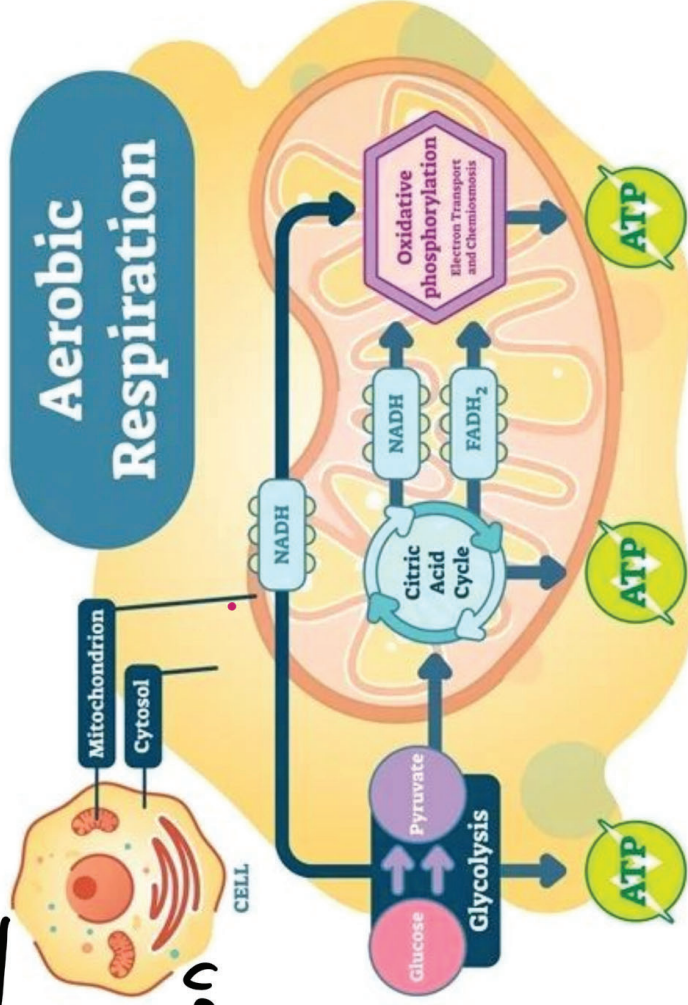
Transition

(Inside mitochondria)

Krebs's

(Thru the mitochondrial  
membrane to exit  
the mitochondria)

ETC



(entering the cell's cytoplasm)

# GLYCOLYSIS

✓ Glucose is water soluble, 6-carbon chain molecule  
= can't get into the cell thru membrane



Glucose Transporters

→ i) GLUT brings glucose into cell cytoplasm thru cell membrane

IN 2 ATP      OUT 4 ATP

→ Rest of steps in cell's cytoplasm

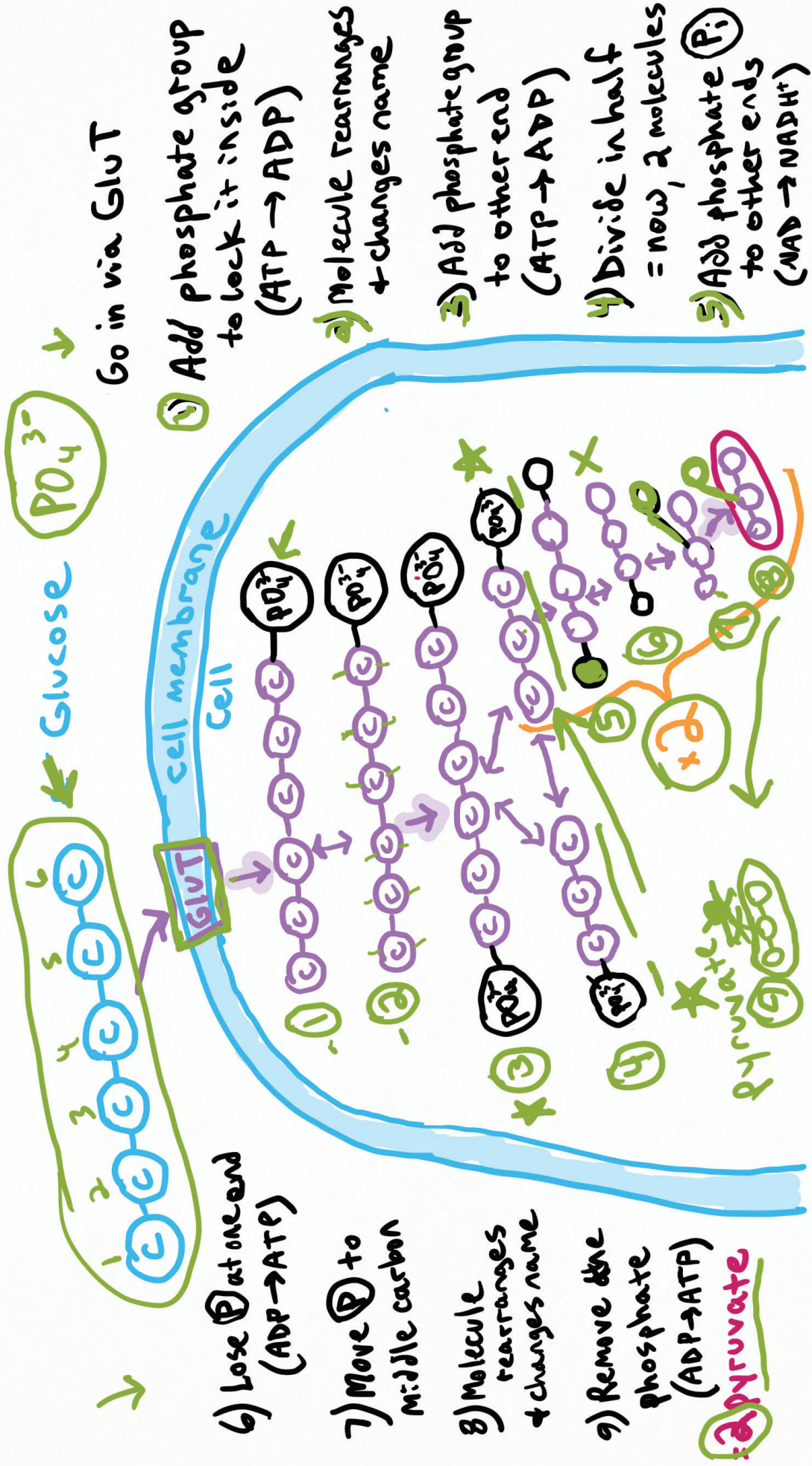
★ Enzymes drive reactions

★ Energy transporters ATP, NADH

NET 2 ATP

1 molecule of glucose = Result is 2 molecules of Pyruvate in cell's cytoplasm





Go in via GLUT

1) Add phosphate group to lock it inside (ATP  $\rightarrow$  ADP)

2) Molecule rearranges + changes name

3) Add phosphate group to other end (ATP  $\rightarrow$  ADP)

4) Divide in half = now, 2 molecules

5) Add phosphate ( $\text{P}_i$ ) to other ends (NAD  $\rightarrow$  NADH $^+$ )

6) Lose  $\text{P}$  at one end (ADP  $\rightarrow$  ATP)

7) Move  $\text{P}$  to middle carbon

8) Molecule rearranges + changes name

9) Remove the phosphate (ADP  $\rightarrow$  ATP)

Pyruvate

Energy Carriers (Transporters)

ATP / ADP	Energy in phosphate bonds
NAD <sup>+</sup> / NADH	Energy in hydrate bonds

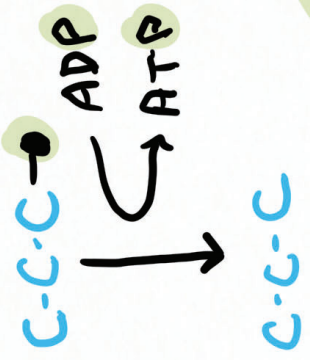
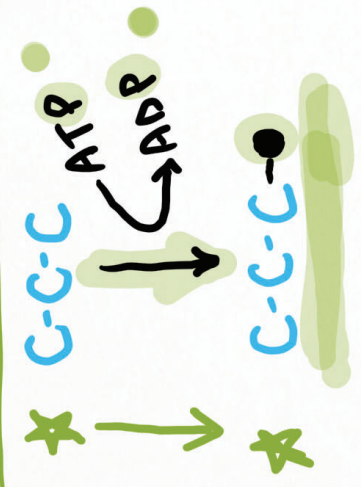


3P ATP - Adenosine Triphosphate

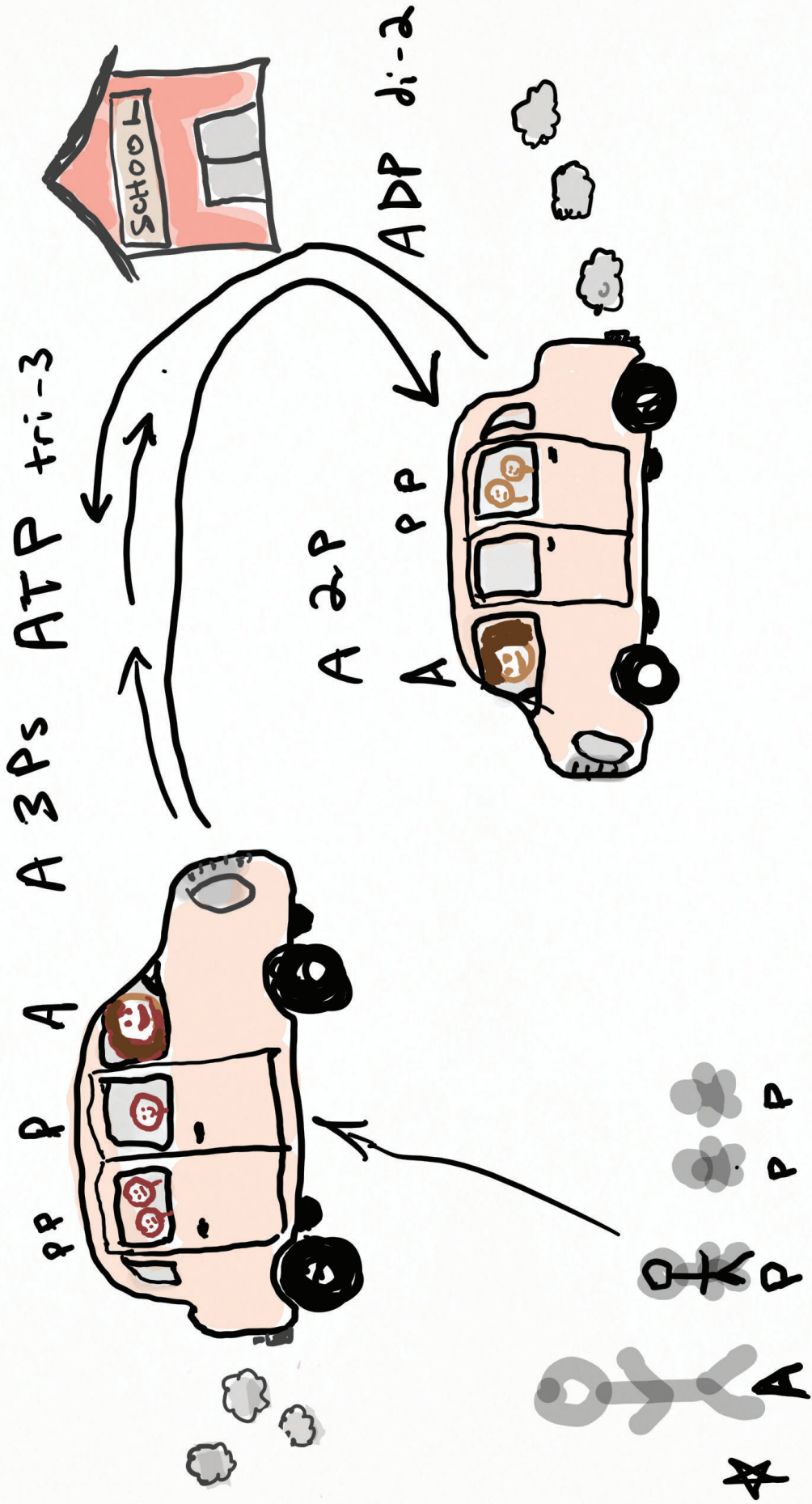
"tri" - three (3) = 3 Phosphates 

2P ADP - Adenosine Diphosphate

"di" - two (2) = 2 Phosphates 



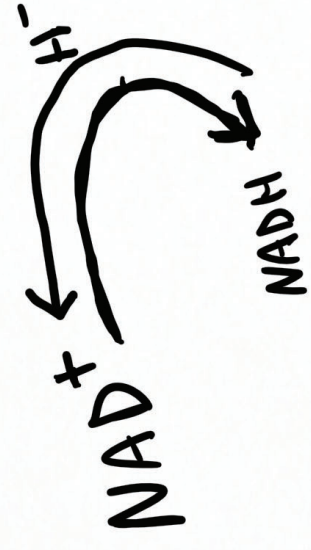
Phosphate:  $PO_4^{3-}$



$NAD^+$  Nicotinamide Adenine Dinucleotide

$NADH$  1,4-Dihydro NAD

hydrate -  $(H^-)$  1 Hydrogen + extra  $e^-$   
(hydro)



Enzymes end in "-ase"

When ADP/ATP involved: enzymes: " — kinase"

When NAD<sup>+</sup>/NADH involved: enzymes: " — dehydrogenase"

When molecule gets rearranged: enzymes: " — isomerase" or " — enolase"  
isomer or enol

Once glucose enters cell:

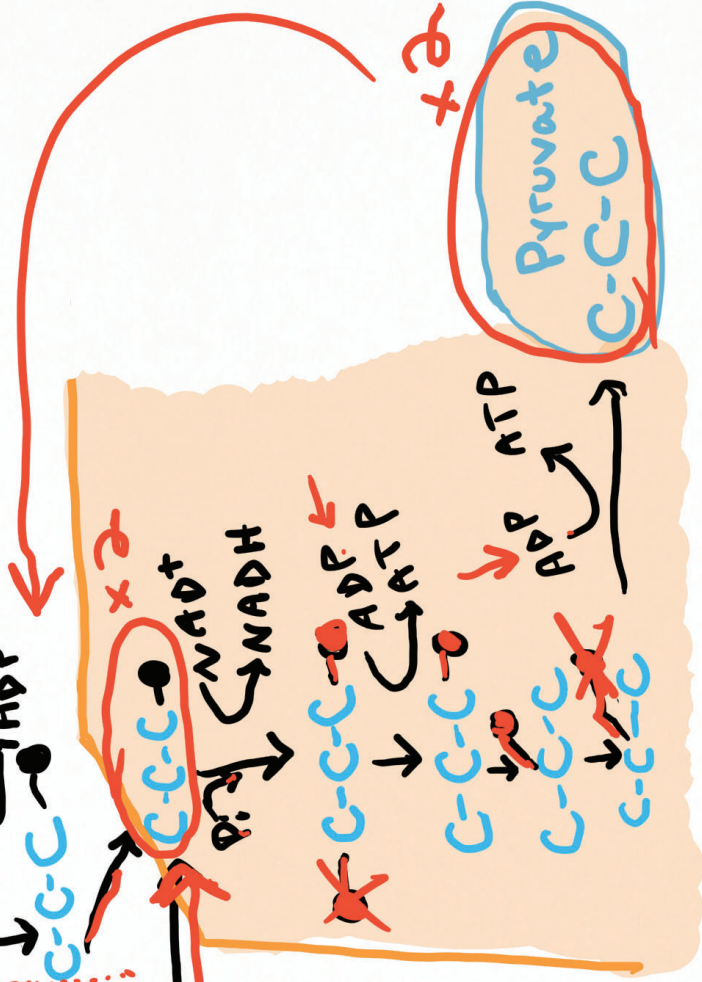


# OVERVIEW



P<sub>i</sub> inorganic P<sub>04</sub><sup>3-</sup>

each of



Pyruvate  
C-C-C

+2



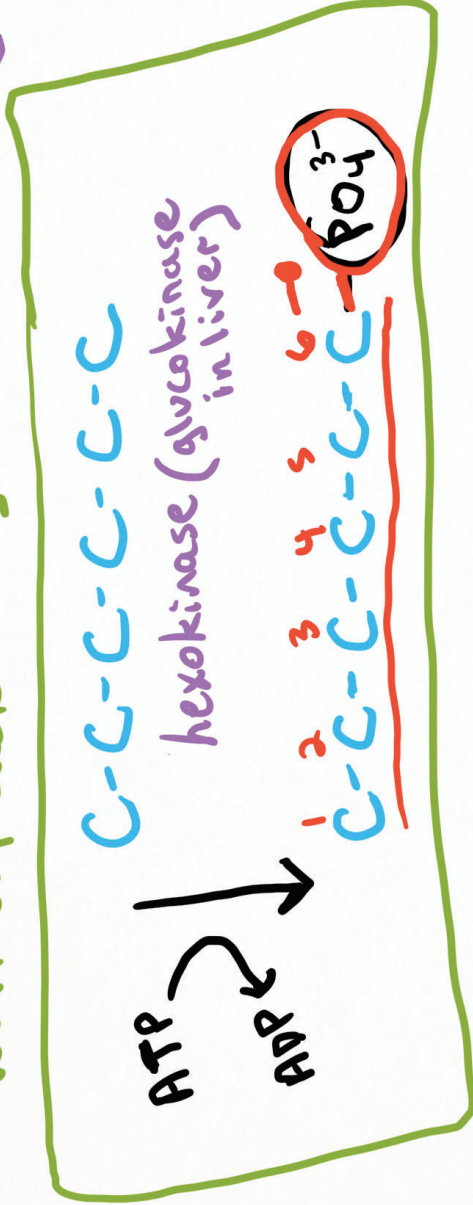
(START: outside of cell) Glycolysis - Step 1



★ Thru GLUT in cell membrane into cell.

(Rest: takes place in cytoplasm inside cell)

★ Add on a  $PO_4^{3-}$  (phosphate) to keep it trapped inside cell, so it won't slip back out again thru GLUT (enzyme: hexokinase)



IN: ATP  
STICKS:  $PO_4^{3-}$   
OUT: ADP



## Glycolysis - Step 2



Glucose-6-phosphate ★

Rearrange the other atoms in the molecule, changes name  
(enzyme: phosphohexase isomerase)



Fructose-6-phosphate



# Glycolysis - Step 3

Fructose-6-phosphate

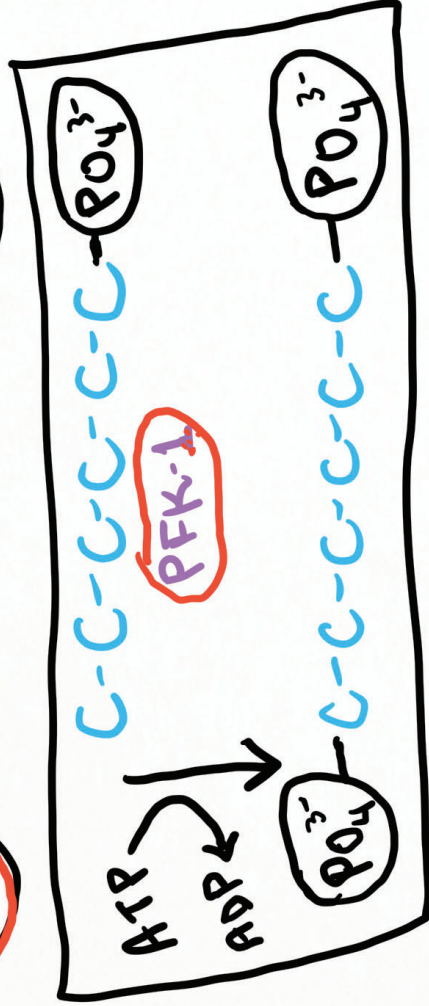


★ Add another phosphate to other end of molecule so it won't slip back into glucose-6-phosphate

(enzyme: phosphofructokinase-1 (PFK1))



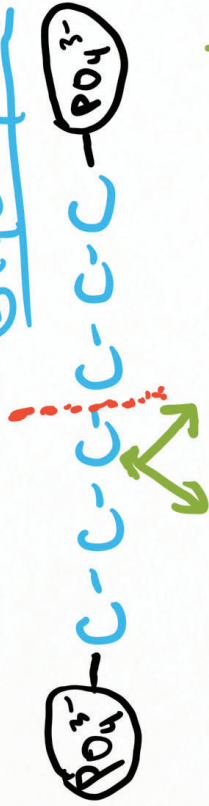
= Fructose-1,6-bisphosphate



In: ATP  
Sticks: PO<sub>4</sub><sup>3-</sup>  
Out: ADP

# Glycolysis - Step 4a

Fructose-1,6-bisphosphate



Split in 1/2: now you have 2 molecules that everything happens to, so everything is doubled from now on  
(enzyme: Aldolase)



x2

# Glycolysis - Step 4b (• for $PO_4^{3-}$ )



Convert DHAP to GAP (so they're both GAP)

(enzyme: Triose-phosphate Isomerase)

x2 GAP GAP

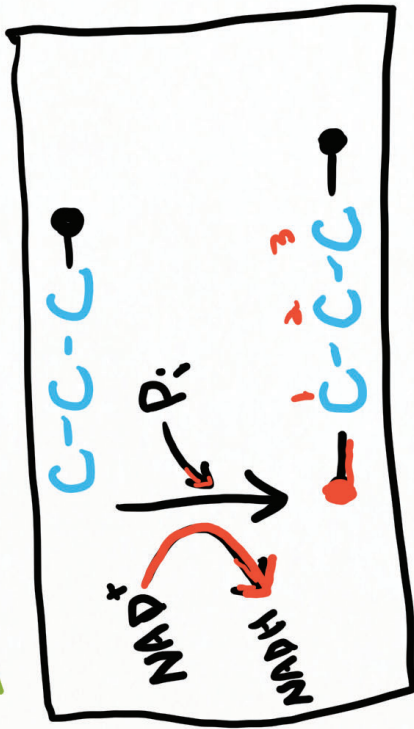
# Glycolysis - Step 5



"GAP" x 2



Adds inorganic phosphate to other end so it won't slip back into DHAP  
AND Removes a hydride ( $\text{H}^-$ )  
(enzyme: GAP Dehydrogenase)



IN:  $\text{NAD}^+$   
Removes:  $\text{H}^-$   
OUT:  $\text{NADH}$

# Glycolysis - Step 6

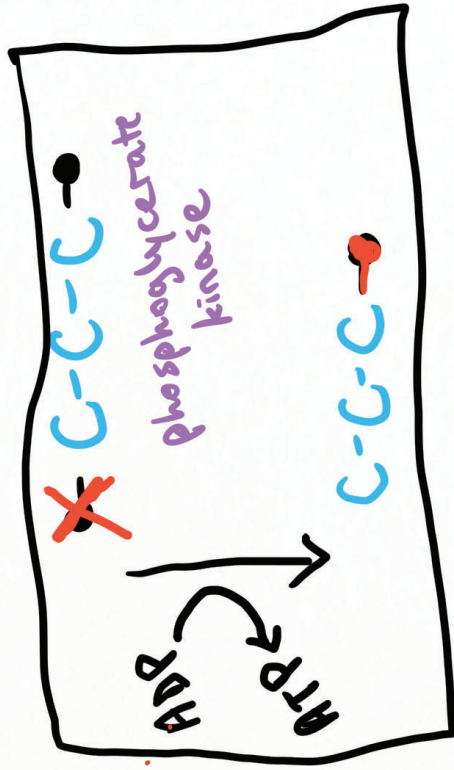


1,3-Bisphosphoglycerate



Loses a phosphate

(enzyme: phosphoglycerate kinase)



IN: ADP  
Takes: Phosphate  
OUT: ATP

## Glycolysis - Step ①



Rearrange phosphate to center of molecule

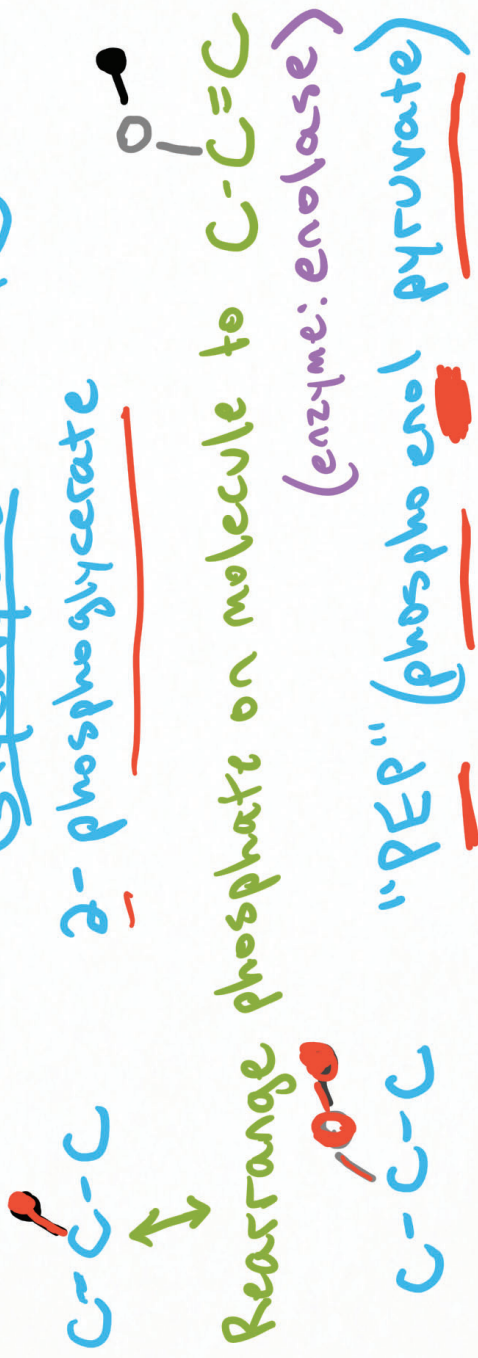


3-phosphoglycerate

(enzyme: phosphoglycerate mutase)



## Glycolysis - Step 8



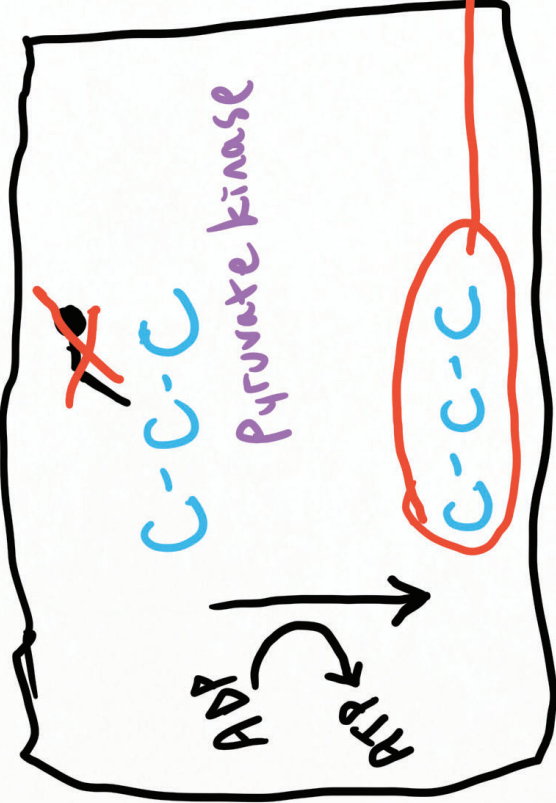
# Glycolysis - Step 9

Phospho eno<sub>l</sub> Pyruvate "PEP"



Remove phosphate

(enzyme: Pyruvate kinase)



IN: ADP

REMOVE:  $PO_4^{3-}$

OUT: ATP

Pyruvate

x2



## ★ GLYCOLYSIS RESULTS

(include BOTH molecules)

2 ATP = generate 2

2 NADH = 2

2 Pyruvates = 2

# GLYCOLYSIS

Steps: ① Enter cell, add phosphate    1 ATP used    ~~→ 1 ADP gained~~    - 1 ATP

② Rearrange    - 1 ATP

③ Add phosphate    1 ATP used    ~~→ 1 ADP gained~~

④ Split in 2

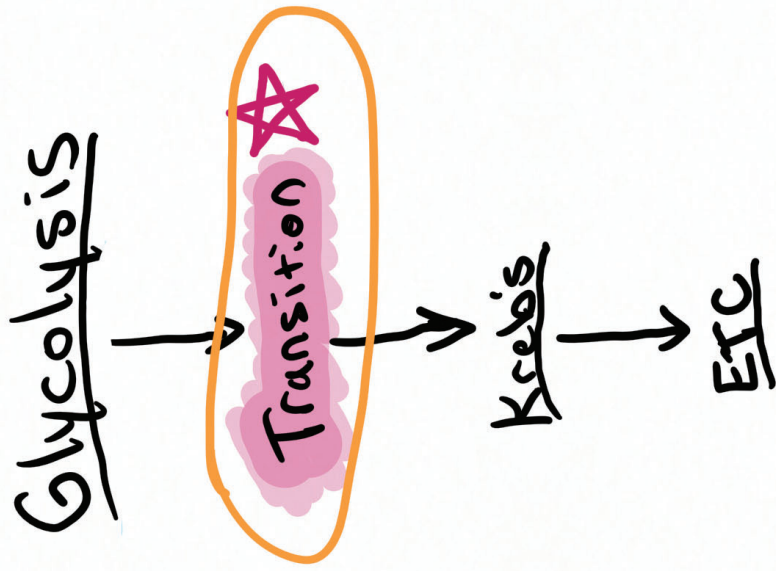
⑤ Add phosphate    NAD<sup>+</sup> used    → NADH × 2 gained

⑥ Remove phosphate    ADP → ATP × 2 gained    2 ATP

⑦ Rearrange ✓

⑧ Rearrange ✓

⑨ Remove phosphate    ADP → ATP × 2 gained    2 ATP  
= 2 pyruvates    2 ATPs  
gained



Aerobic  
Metabolism

# METABOLISM

1) Glycolysis

(Anaerobic)

2) Fermentation

★ (Aerobic)

Transition (Prep)

2 aero) Krebs

3 aero) ETC

(Thru the cell membrane  
and into the cytoplasm)

Glycolysis



(Thru the mitochondrial  
membrane to enter  
the mitochondria)

Transition



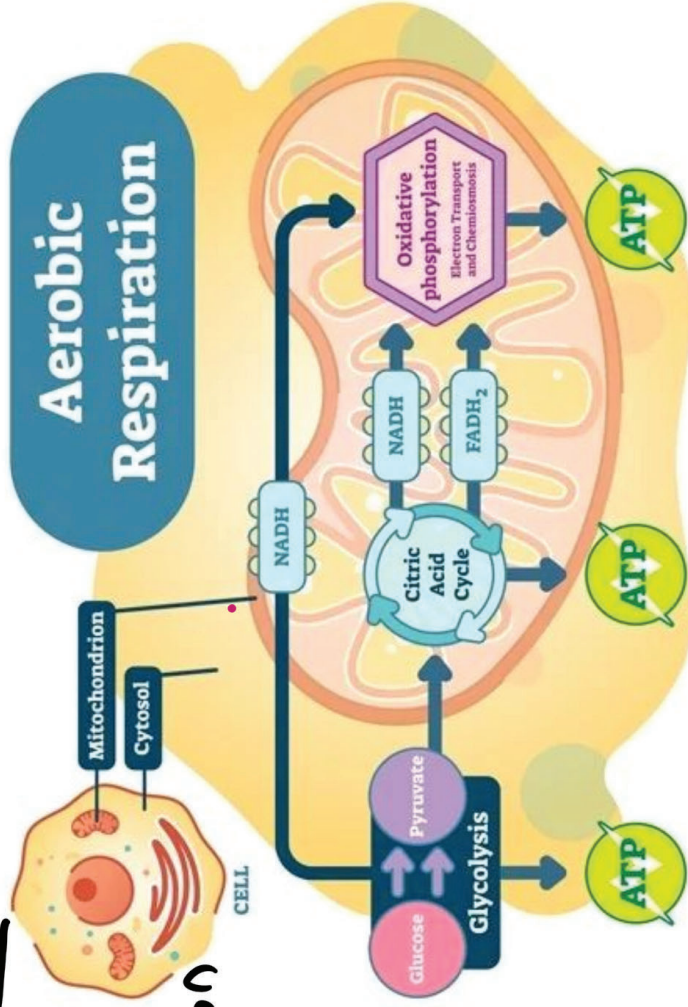
(Inside mitochondria)

Krebs'



(Thru the mitochondrial  
membrane to exit  
the mitochondria)

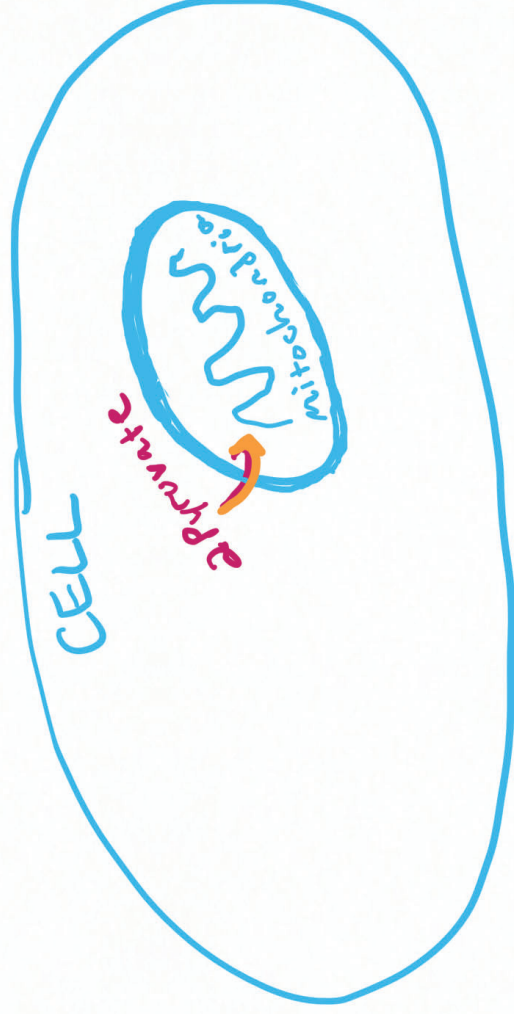
ETC



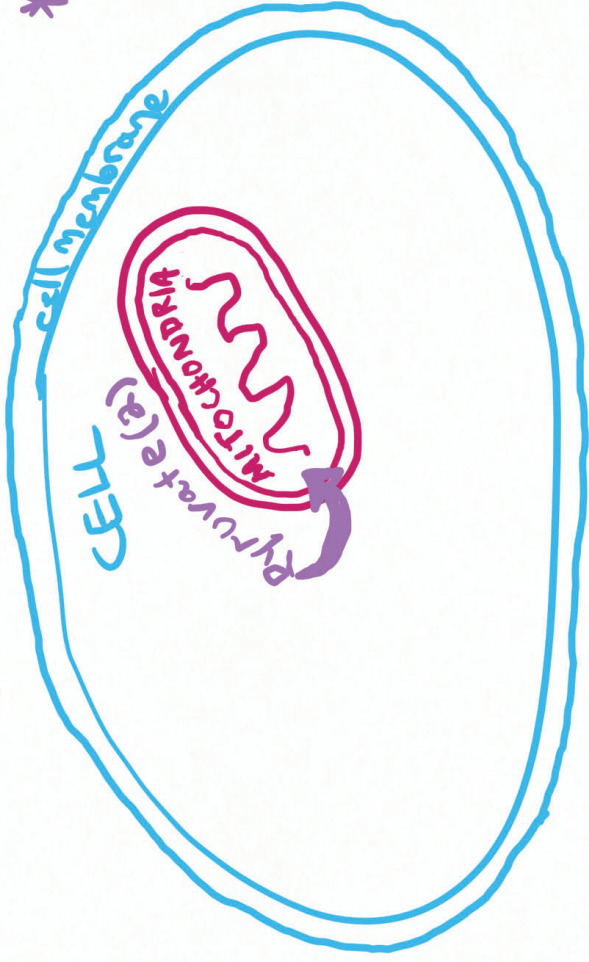
## TRANSITION STAGE (aka "Pyruvate Oxidation") (aka "Preparatory Phase")

Brings the 2 molecules of pyruvate into the mitochondria

(Pyruvate can't cross the mitochondrial membrane  
by itself)



- MUST have OXYGEN present!  
(Otherwise, goes to fermentation pathway)  
(Can't cross mitochondrial membrane w/o oxygen)  
↳ therefore, can't get in to mitochondria



\*Remember:  
Count for 2  
molecules of  
pyruvate!



enzyme: Pyruvate Dehydrogenase  
(aka "PDH")

NET x 2

2 CO<sub>2</sub> X

OUT

CO<sub>2</sub> X

2 NADH

NADH

= 2 Acetyl CoA





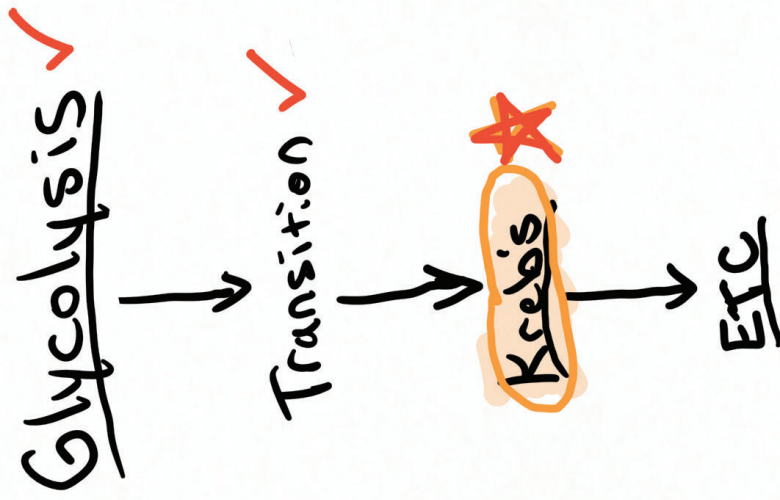
THE

KREB'S

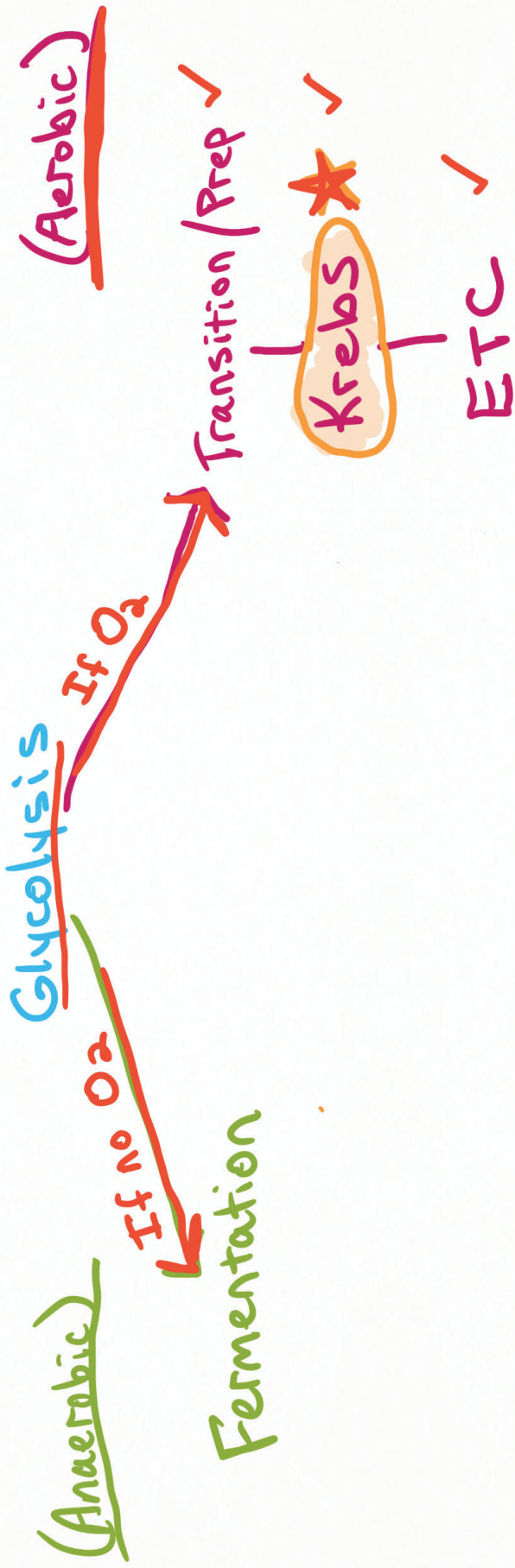
CYCLE!

Why do you  
EASIER  
CLEAR

Aerobic  
Metabolism



# METABOLISM



(Thru the cell membrane and into the cytoplasm)

Glycolysis

(Thru the mitochondrial membrane to enter the mitochondria)

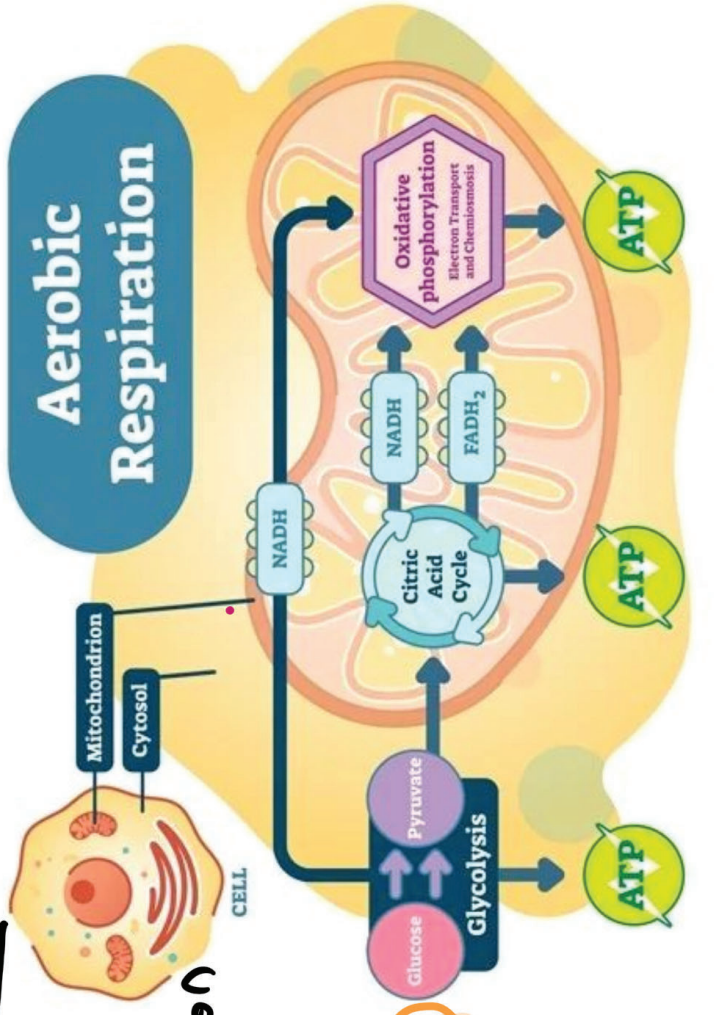
Transition

(Inside mitochondrial matrix)

Krebs's

(Thru the mitochondrial membrane to exit the mitochondria)

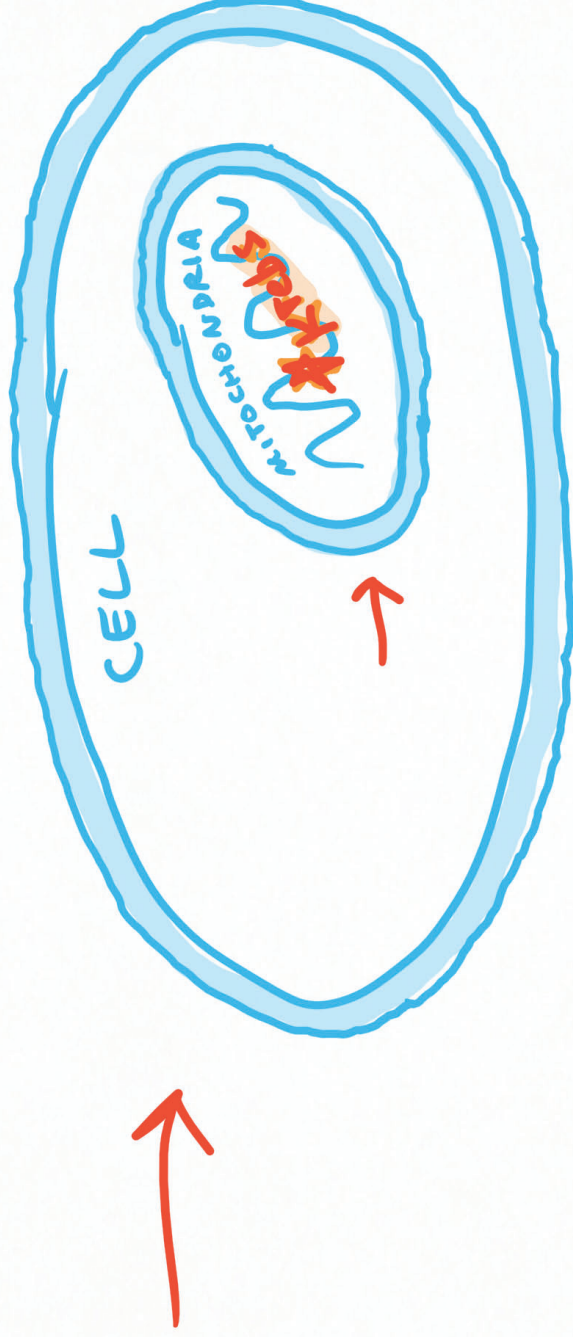
ETC



# Kreb's Cycle

(aka The Citric Acid Cycle)  
or TCA  
or Tri-Carboxylic Acid Cycle ✓

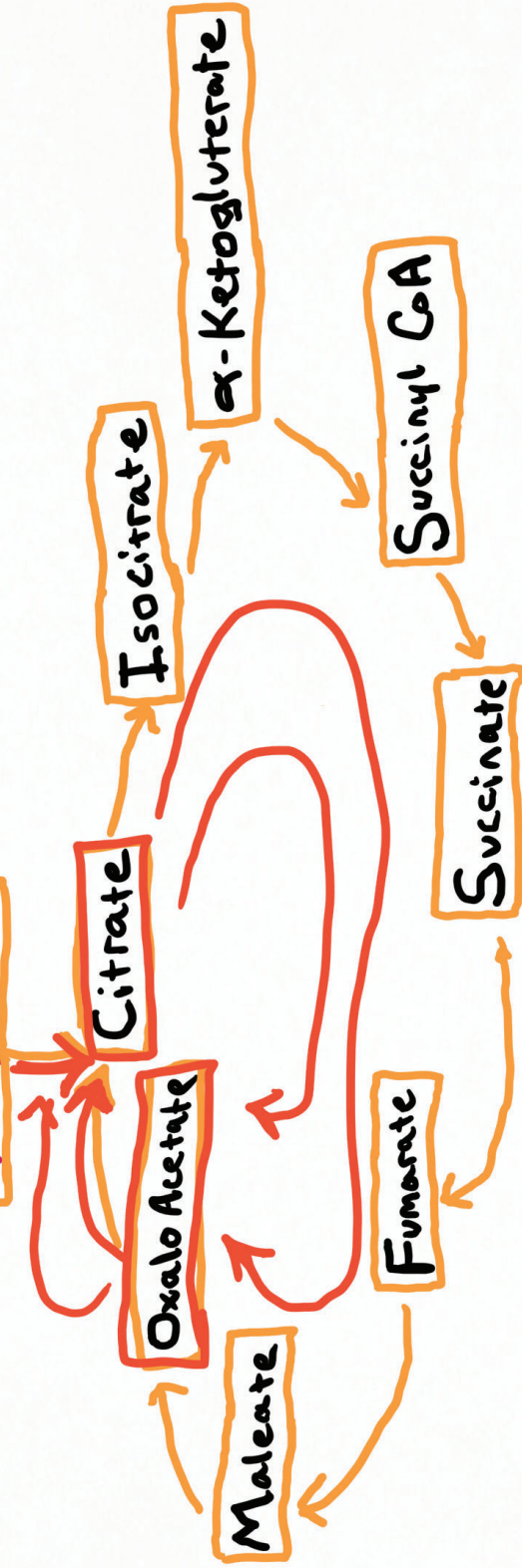
- 2 molecules
- Happens in mitochondrial matrix
- Middle step in AEROBIC RESPIRATION (oxygen)



# Krebs's

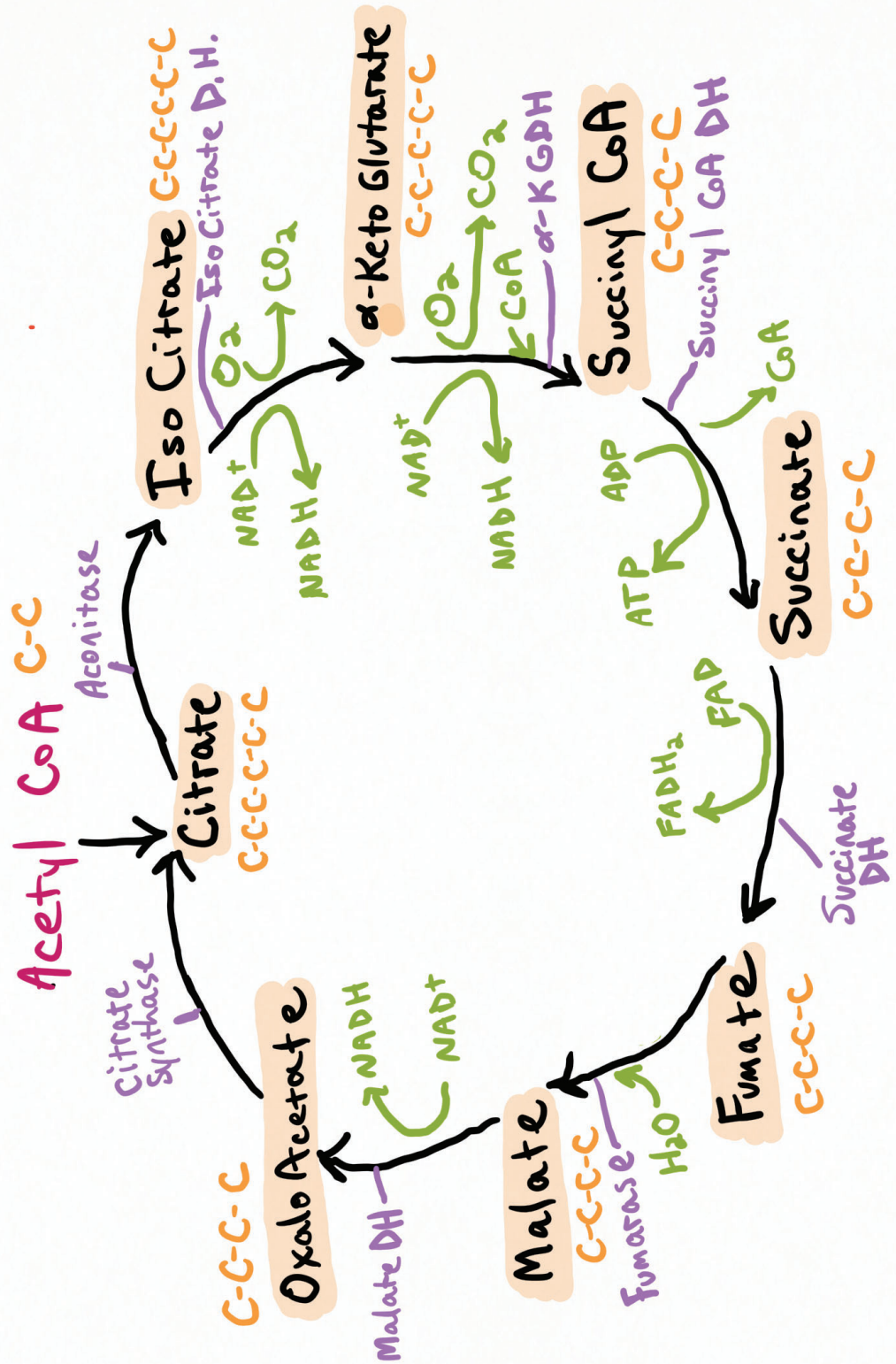
- "Cycle" because beginning Acetyl CoA fuses with <sup>from transition stage</sup> end product Oxalo Acetate and starts cycle again

Transition Stage End Product  
Acetyl CoA

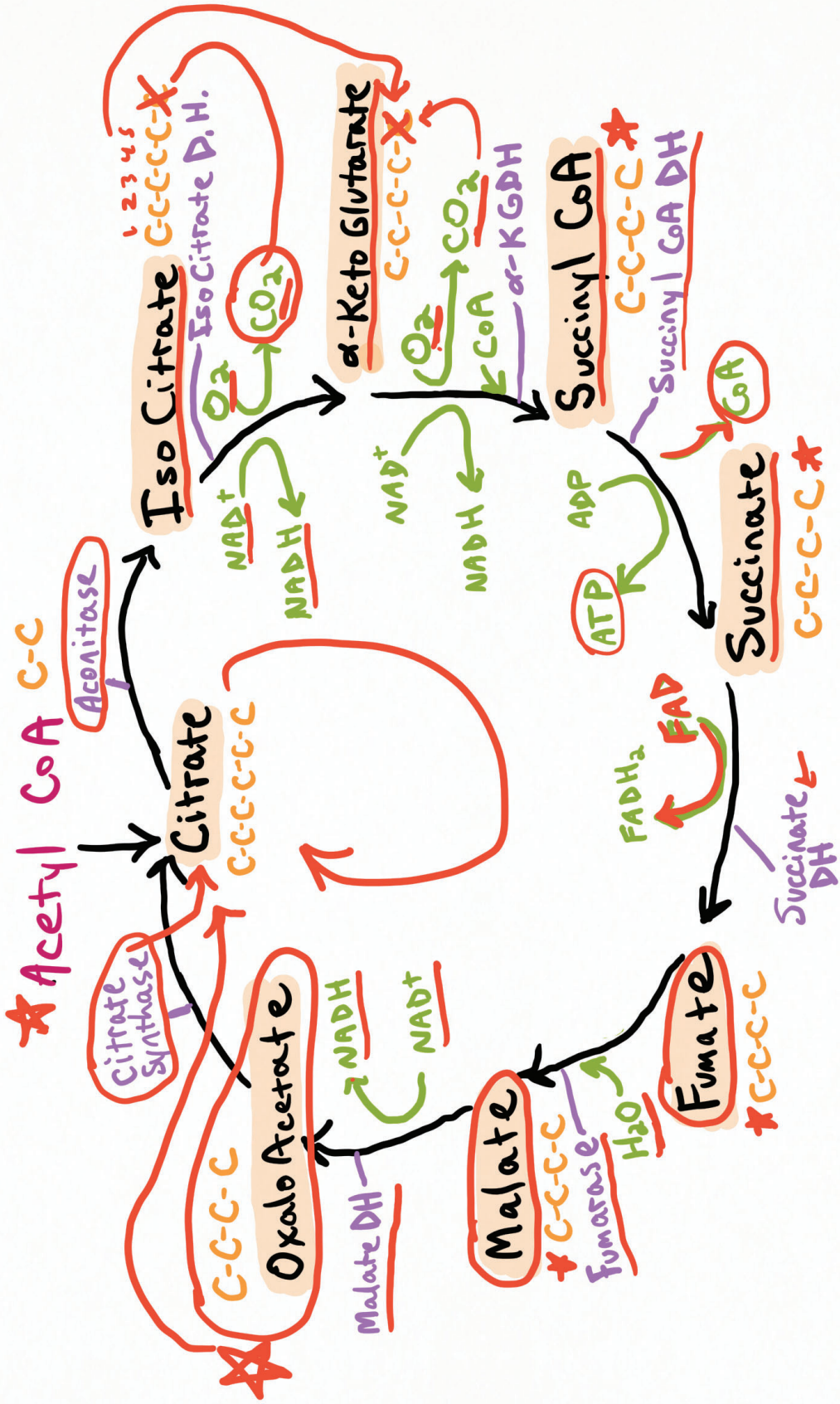








enzymes



# KREB'S Step 1



Synthesize Citrate

enzyme: Citrate Synthase enzymes

KREB'S Step 2

Turns Citrate into Iso Citrate  
C-C-C-C-C-C      C-C-C-C-C-C  
(both 6-carbons)

"isomer" of, aka  
(rearrangement of Citrate)

enzyme: Aconitase

### KREB'S Step ③

Iso-Citrate is decarboxylated (loses a Carbon)

Removed



↳ in form of  $CO_2$

enzyme: Iso Citrate Dehydrogenase

<u>IN</u>	<u>OUT</u>
$NAD^+$	$NADH$
$O_2$	$CO_2$
<u>NET</u>	
$2 NADH$	
$2 CO_2$	

## KREB'S Step ④

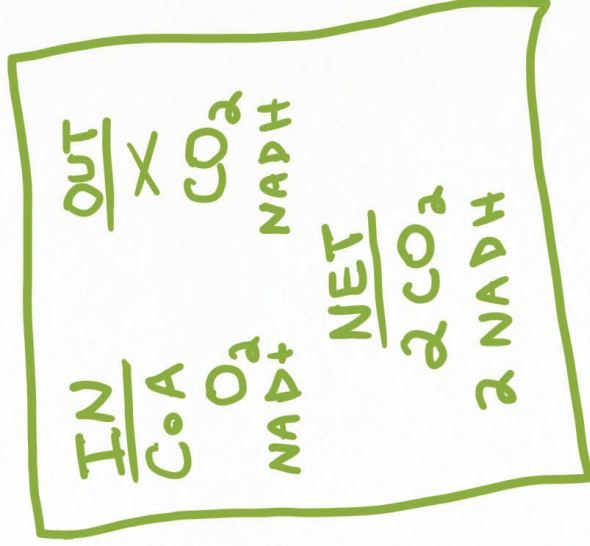
$\alpha$ -Keto-Glutarate is De-Carboxylated, CoA added

turns into Succinyl CoA



loses a Carbon

enzyme:  $\alpha$ -KetoGlutarate DeHydrogenase



KREB'S Step 5

Succinyl CoA loses CoA C-C-C-C-~~CoA~~

= turns into Succinate C-C-C-C

enzyme: Succinyl CoA Synthetase  
Synthesizing Succinate

<u>IN</u>	<u>OUT</u>
ADP	ATP
	CoA
	<u>NET</u>
	2 ATP

## KREB'S Step 6

Succinate

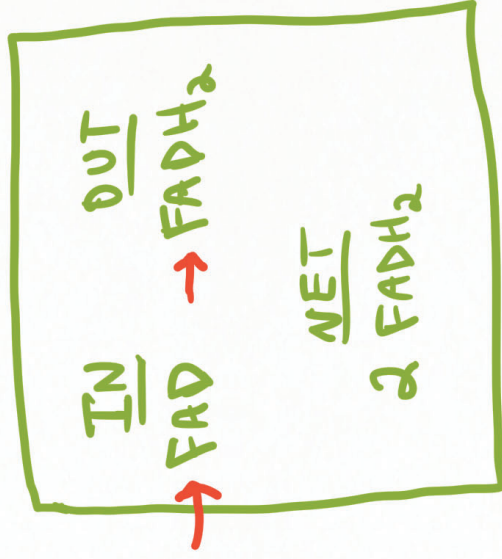
= turns into

Fumarate

Fumarate

C-C-C-C ★

C-C-C-C ★



enzyme: Succinate Dehydrogenase



KREB's Step 1

C-C-C-C 4Cs

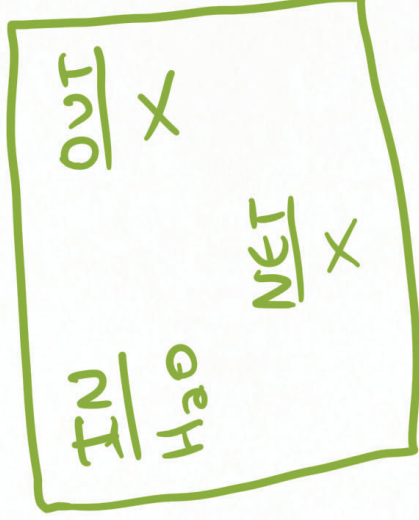
C-C-C-C 4Cs

H<sub>2</sub>O

Fumarate

= turns into Malate

enzyme: fumarase  
enzyme



## KREB'S Step ⑧

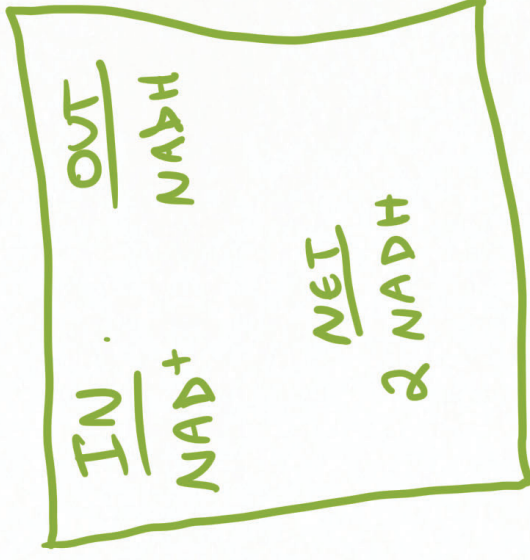
Malate

= turns into

Oxaloacetate \*

C-C-C-C

C-C-C-C



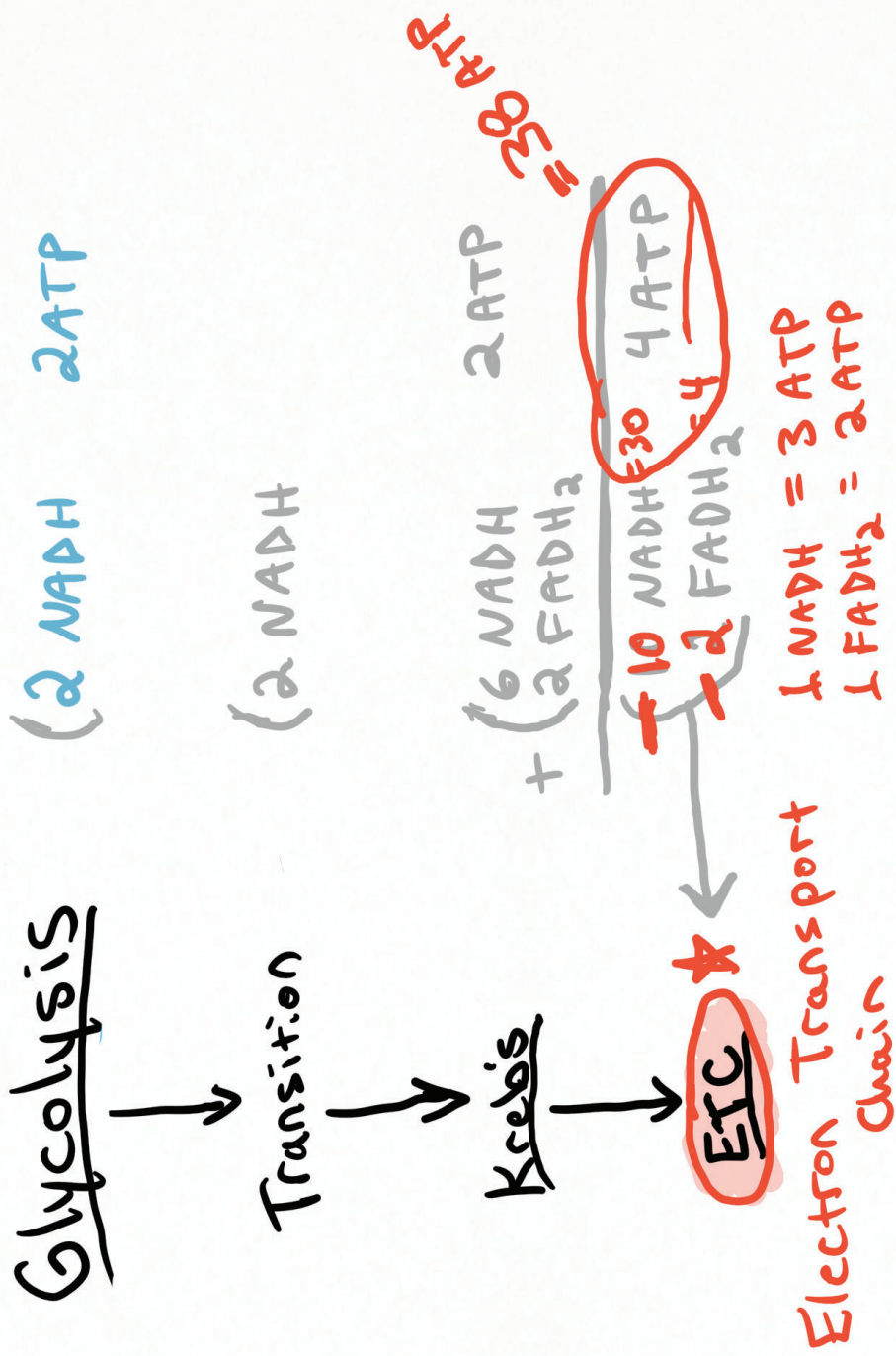
enzyme: Malate Dehydrogenase

## KREB'S CYCLE PRODUCTS

- ✓ 2 ATP
- ✓ 6 NADH
- ✓ 2 FADH<sub>2</sub>
- ✓ 4 CO<sub>2</sub>

Including BOTH  
molecules  
(divided in  
Glycolysis)

Aerobic Metabolism



(AEROBIC)  
METABOLISM - CELLULAR RESPIRATION (3 major steps  
+ Transition)

Glycolysis (both aerobic & anaerobic processes)

Transition (Pyruvate Oxidation - Preparatory Step)

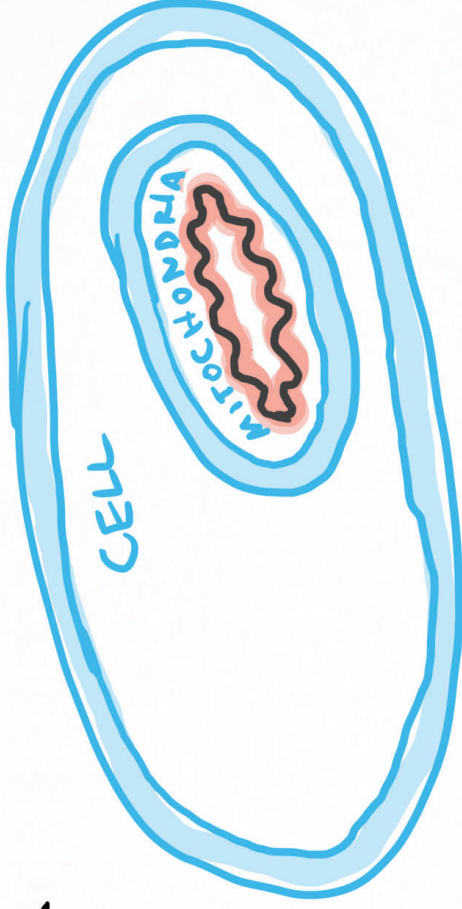
Krebs (The Citric Acid - TCA) Cycle

★ ETC (Electron Transport Chain - Oxidative Phosphorylation)



# ELECTRON TRANSPORT CHAIN

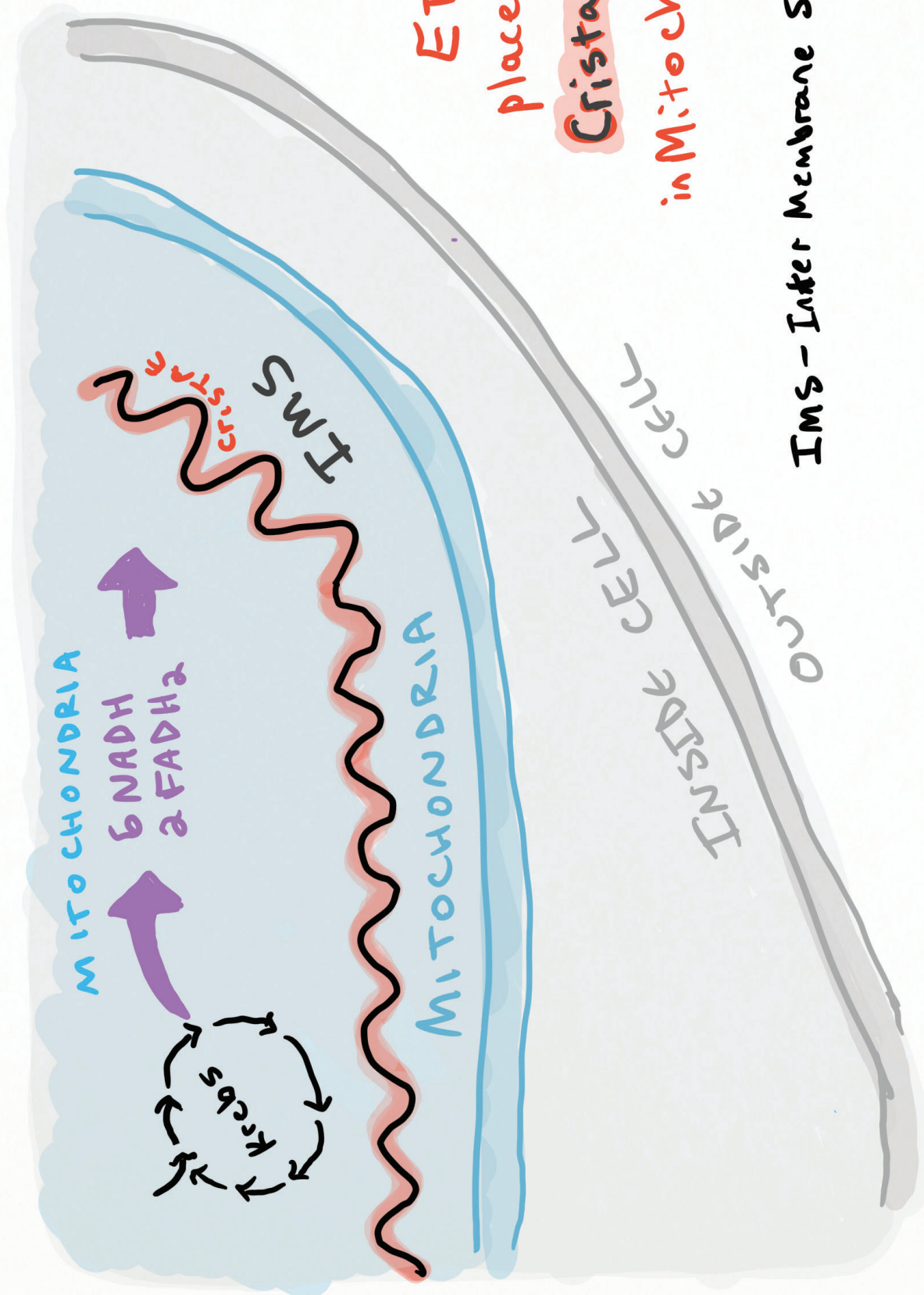
- In mitochondrial matrix's "cristae" (folds in matrix)
- Produces the most ATP
- Final step: converting original Glucose molecule into ATP + O<sub>2</sub>



## ELECTRON TRANSPORT CHAIN

- The NADHs and FADH<sub>2</sub>s from the Krebs Cycle are taken up into the ETC after being generated in the previous cycles
  - The H<sup>+</sup> ions (1 H + 1 extra e<sup>-</sup>) carry electrons
- = Why it's called "Electron Transport"
- 1 NADH → 3 ATP  
1 FADH → 2 ATP





ETC takes place in the **Cristae** and IMS in Mitochondria

IMS - Inter Membrane Space



$\text{H}^+ = \text{proton}$

$\text{H}^+$  pumped out  
 INTO INNER MEMBRANE  
 INTO  
 -  $\text{e}^-$  passed along  
 a row of complexes



extraction  $\rightarrow$

... because  $\text{H}^- = \text{H}^+ + 2\text{e}^-$

... because  $\boxed{\text{H}^-} = \text{H}^+ + \text{e}^-$   
 Proton

I Q II III C IV

NADH → I takes e<sup>-</sup>, pumps out H<sup>+</sup> into IMS, NAD<sup>+</sup> remains (margin)

FADH<sub>2</sub> → II takes e<sup>-</sup>, can't pump out H<sup>+</sup>, FAD and H<sup>+</sup> remain

back inside

hands off to Q → III → C → IV →



H<sup>+</sup> to III → IMS out to

IV pumps out extra H<sup>+</sup> → IMS in resulting e<sup>-</sup>

Oxygen is "final electron acceptor" ★

## ETC Pump (ATP Synthase)

$H^+$  from IMS (moves from high  $\rightarrow$  low concentration)

$\hookrightarrow$  Into rotor of pump

= Causes rotor to spin

Spinning rotor has kinetic energy

$\hookrightarrow$  Puts together  $ADP + P = ATP$

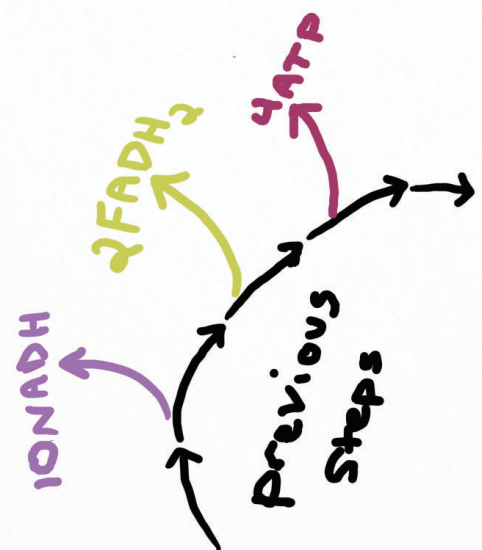
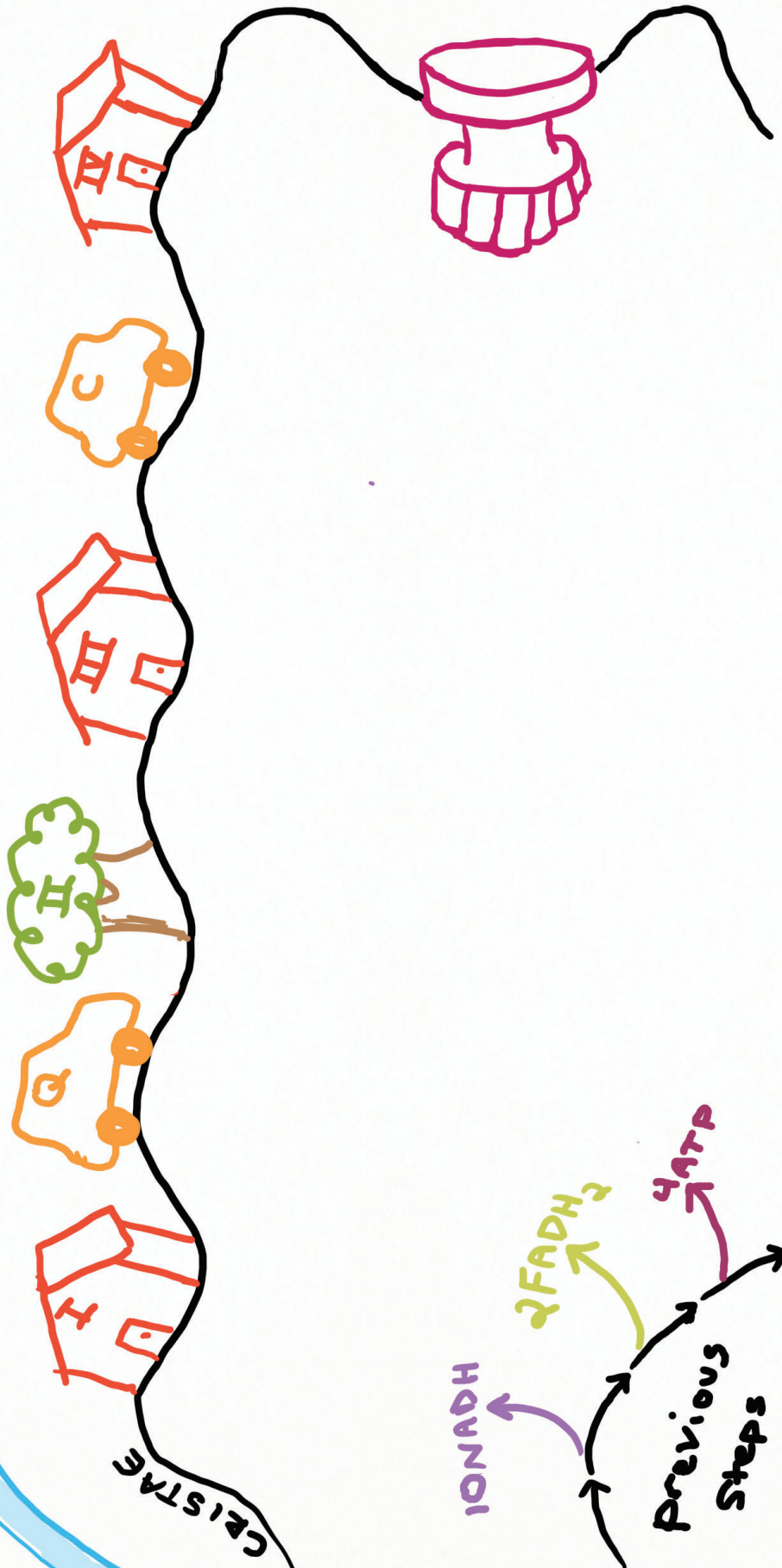
= energy stored as potential energy in ATP

1 NADH = 3 ATP

1 FADH<sub>2</sub> = 2 ATP

MITOCHONDRIAL MEMBRANE

IMS

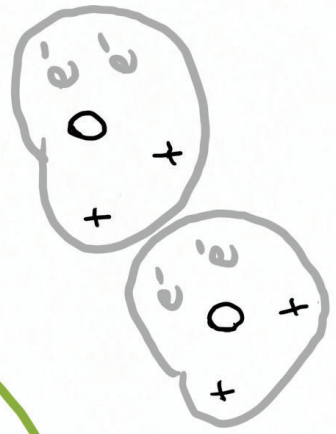
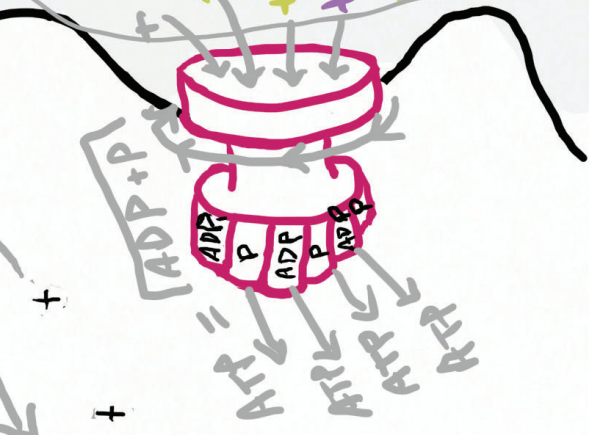


Cytochrome C

MITOCHONDRIAL MEMBRANE

IMS

CRISTAE



1 NADH = 3 ATP  
 1 FADH<sub>2</sub> = 2 ATP

10 = 30 ATP  
 2 = 4 ATP  
 4 = 4 ATP  
 38 ATP  
 = 1 molecule glucose

FAD  
 H<sup>+</sup>

NAD<sup>+</sup>  
 10 NADH  
 2 FADH<sub>2</sub>

4 ATP  
 Previous Steps

	<u>NADH</u>	<u>FADH<sub>2</sub></u>	<u>ATP</u>
Krebs	6	2	2
Transition	2	x	x
Glycolysis	2	x	2
	<hr/>		
	18	4	2
	6	x	x
	+ 6	x	4
	<hr/>		
	30		4

= 38 ATP

WWW. SuzanneSTutoring.COM