"Tuns and avocado excishe is one of those dishes that reminds me of home — bright, fresh, and full of island energy. I first tasted excishe while traveling and immediately thought of how Bermuda's local tuns and citrus could bring it to life. My version adds a Bermudian touch with a bit of sweemens from orange juice and the creaminess of avocado — it's light, flavorful, and perfect for warm days but he see."



- Ingredients
- · For the Ceviche:
- · 250g fresh sushi-grade tuna, diced
- 1 ripe avocado, diced
- · 1 small red onion, finely chopped
- 1 jalapeño or chili pepper, finely sliced (optional for heat)
- Juice of 2 limes
- Juice of ½ orange (for sweetness)
- · 2 tbsp olive oil
- 1 tbsp soy sauce (optional, for umami depth)
- 1 tbsp chopped fresh cilantro or parsley
- · Salt and black pepper, to taste
- For Serving:
- Tortilla chips or plantain chips
- Lime wedges
- · Microgreens or extra herbs for garnish





Tuna & Avocado Ceviche





MMethod

- 1. Prepare the Tuna:
- 2. Cut the tuna into small, even cubes. Keep chilled until ready to mix.
- 3. Mix the Marinade:
- 4. In a bowl, whisk together lime juice, orange juice, olive oil, soy sauce, salt, and pepper.
- 5. Combine Ingredients:
- 6.Add the tuna, onion, and chili to the bowl. Gently toss to coat and let marinate in the fridge for about 15 minutes — just enough for the citrus to lightly "cook" the fish.
- 7. Add the Avocado:
- Carefully fold in the diced avocado and cilantro right before serving to keep the texture fresh and creamy.
- 9. Serve & Enjoy:
- 10. Spoon into chilled bowls or martini glasses. Garnish with microgreens or herbs and serve with chips or flatbread.

CHEF WILL'S TIPS:

- Always use the freshest fish possible the quality makes all the difference. And don't over-marinate! The citrus should lightly cure the tuna without making it tough.
 - Chef William Smith Local
- * Image: WillSmithKitchen | "Bringing Local Flavor to Every Table"