

Summer School 2025

Saturday 19th & Sunday 20th July 2025 10am -4pm

Arrival - No Later than 9.30

Maida Gym, Queens Avenue/ Scarlett's Road, Aldershot, GU11 2BT

Hi there.

As we start planning the big event, here is a brief summary of what to expect and what you need to do.

FEES

- Please complete forms and send them to <u>afgb-connect@outlook.com</u> as soon as possible so we can start planning when grading will take place.
- ❖ Fees must be with the AFGB Secretary no later than the 30th June 2025. That means that, unless you are paying by bank transfer, it must be with your local Instructor no later than the 23rd June 2025.
- Bank details for direct transfers can be found on the BACS information sheet attached. For accounting purposes, it is important that references correctly reflect the payment.
- ❖ If you wish to pay in instalments, please contact Sensei Foster who will arrange a set of references and agree a payment plan, however, note that all instalments need to be made before the 30th June 2025.

GRADINGS

- ❖ Anyone grading for a grade up to orange belt merely has to complete a Summer School form and pay the Summer School & Grading Fees.
- If Grading for any grade above Orange Belt, you must, in addition to the Summer School form, complete a grading form, ensure you get your instructor to complete his/her section and you, the student, needs to get the form sent to afgb-connect@outlook.com. Your instructor should have a stock of grading forms and they are also online at https://fleetaikidoclub.org.uk/aikido-fellowship-forms

LAST MINUTE CANCELLATIONS

- Should we be forced to cancel the event, fees will be refunded in full.
- Should you need to cancel at short notice then fees will be refunded in full assuming it does not affect the event; otherwise, refunds will be dependant of the event impact.

ARRIVAL

- ❖ Doors open at 9am and we're due to start at 10am.
- Please arrive no later than 9:30am.
- You will need to register your arrival, get changed and be on the mat ready for the formal Rei at 10am.
- There will be space for bags but be mindful other people will be using the venue so it is for you to secure your belongings at all times.

FOOD & DRINK

- There will be no formal breaks other than 30 minutes for Lunch.
- The only refreshments available at the venue is a soft-drinks/snack vending machine and a water fountain.
- You are recommended to bring water and hydrate regularly.
- ❖ There is no food venue on site but there is a Morrisons and Tesco about ½ mile away from Maida Gym. It is recommended you do not leave site to purchase lunch, rather pick it up on the way in.

Changing rooms are available but not that big so be prepared to wait.

END OF DAY

- Please ensure you leave the dojo clean and tidy.
- ❖ It will NOT be possible to leave equipment or clothing over-night.
- On Sunday, priority will be given to those traveling long distances to access the changing rooms at the end of practice.

PHOTOGRAPHY

❖ If you do not wish to be in any photographs or videos taken on the day, please email <u>afgb-connect@virginmedia.com</u> to stipulate this: by default, it is assumed that photographs and videos can be taken.

PRACTICE SAFETY RULES

- ❖ You are required to wear Zori or footwear around the dojo. Do NOT walk off the mat in bare feet.
- ❖ You must inform Sensei Foster via the Fellowship email address afgb-connect@outlook.com of any injury / illness that may prevent you from general practice and Ukeing.

SATURDAY NIGHT

If you	ı would like to attend a meal on the Saturday night, please, when sending your forms to the
email	address given, state:
	☐ That you are interested in attending a meal on the Saturday night.
	☐ Food preferences (list in order of priority Eg Chinese, Pub. Italian, Indian).

It may be that there are multiple meals depending on the preferences. Last year we had Chinese.

IMPORTANT - CHECK-LIST

- Membership please check you have a valid up to date membership, if not, a supply of membership forms will be available and we are able to take fees during day 1.
- Bring your own: Jo, Boken & Tanto.
- ❖ Don't forget your Gi, belt, hakama etc ☺.
- ❖ Should you require them, bring your own hand gels, sterile wipes & face masks.
- Bring a personal supply of plasters for minor wounds.

If you have any questions or concerns, please contact me on afgb-connect@outlook.com. Looking forward to seeing everybody soon

Kind Regards

Lyndon Sorrell, AFGB Secretary

For and on behalf of The Aikido Fellowship of Great Britain

