## BREATHE, BALANCE, BLOSSOM

Develop Your Inner Serenity One Week at a Time



## **EVERY WEDNESDAY**

Starting Wednesday, February 19th 6:00 - 7:00 PM PT | 9:00 - 10:00 PM ET

## WHAT YOU WILL LEARN:

- Cultivate inner peace, calm, and tranquility
- Melding ancient techniques and modern wisdom
- Experience Transformation

SPECIAL GUEST SPEAKERS EVERY WEEK!



## FREE ONLINE EVENT