

In Harmony With Less Privacy Policy

Last updated: 01 March 2025

1. Who We Are

- **Business Name:** In Harmony With Less
- **Registered Address:** Utrecht, the Netherlands
- **Chamber of Commerce (KvK) Number:** 96324902
- **Email:** info@inharmonywithless.com
- **Website:** www.inharmonywithless.com

This Privacy Policy explains how In Harmony With Less collects, uses, and protects your personal data.

2. What Data We Collect

We collect the following types of personal data:

- **Name & email address** (when subscribing to newsletters or purchasing a product)
- **Payment details** (processed securely by third-party providers such as Stripe and PayPal)
- **Website usage data** (via analytics tools like Google Analytics)

3. How We Use Your Data

We use your data for:

- Processing orders and providing digital downloads
- Sending newsletters and marketing emails (only if you opt-in)
- Improving website performance and security

4. How We Store & Protect Your Data

- We store data securely and only for as long as necessary.
- Payment information is **not** stored by us but handled securely by payment processors (Stripe and PayPal).
- We take security measures (e.g., encryption, limited access) to protect your data.

5. Sharing Your Data

We do **not** sell or rent your personal data. However, we may share data with:

- **Payment processors** (Stripe and PayPal) for order fulfillment

- **Email marketing providers** (MailerLite) if you subscribe to our newsletter
- **Analytics providers** (e.g., Google Analytics) to improve the website

6. Your Rights

You have the right to:

- **Access** your personal data
- **Request deletion** of your data
- **Withdraw consent** for marketing emails (unsubscribe anytime)
- **File a complaint** with the Dutch Data Protection Authority (Autoriteit Persoonsgegevens) if you believe your data is misused

To exercise these rights, contact info@inharmonywithless.com

7. Cookies & Tracking

We use cookies to:

- Improve website functionality
- Track visitor statistics (via Google Analytics)

You can adjust your cookie preferences in your browser settings.

8. Updates to This Policy

We may update this policy, and any changes will be posted on this page. We encourage you to review it periodically.

9. Contact Information

For any privacy-related inquiries, email: info@inharmonywithless.com