



THE MOUNT ZION EXPRESS

THE LITTLE CHURCH ON THE HILL, WHERE EVERYBODY IS SOMEBODY!

Mount Zion Christian Methodist Episcopal Church

1148 Elder Avenue Bronx, New York 10472

Phone: (718) 991-7945

Website: mtzioncmebronx.org

Giving by Zelle: mtzioncme114860@gmail.com

zoom: 516 0490 462 **Passcode:** 084927

Join our Text Alert: Text [mtzion2022](tel:877-618-7823) To 877-618-7823

Rev. Glen Lacey, Pastor



SUNDAY MORNING SERVICE

10:30 A.M.

SUNDAY SCHOOL

9:30 A.M.

BIBLE STUDY MINISTRY

Pick-It-Apart

Monday Night: 7:00 P.M. on Zoom

Bible Talk

Tuesday Night: 7:00 P.M. on Zoom

Prayer Line Conference Call

Wednesday Night: 7:00 P.M.

(339) 207-6171

A MESSAGE FROM THE PASTOR

"Never be lacking in zeal, but keep your spiritual fervor, serving the Lord." — Romans 12:11

Thank you for an incredible and successful conference year. Your dedication, prayers, and hard work made our shared ministries thrive. Because of your faithfulness, we reached our goals and made our presence in the community more visible.

This year, we declared that Mount Zion is **"Open for Business"**—doing the work of the Kingdom with passion, urgency, and purpose. As your pastor, I am incredibly grateful for your time, talents, and financial support. Every program, service, and outreach initiative succeeded because you stepped up to handle the Father's business with excellence. It is a true blessing to lead and walk this journey of faith alongside such a committed congregation.

As we look forward to the next conference year, I am excited to see how God will continue to expand our territory. Thank you again for keeping our doors, our hearts, and our ministries fully open to the work of the Lord.

In His Service,

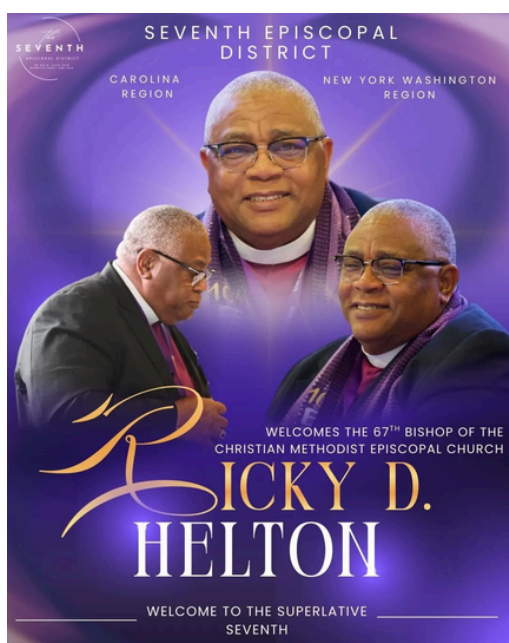
Rev. Glen Lacey, Pastor

Mount Zion CME Church



From The First Lady of Mt. Zion CME Church Belinda Lacey

Article: The First lady of Mt. Zion CME Church Welcomes our new Bishop Ricky D. Helton



It is a great day for the Seventh Episcopal District as we joyfully welcome home a Son and a Daughter. Our new Bishop Ricky D. Helton and Lady Loretta Helton along with their Children.

We are grateful to God for sending them to us and look forward to their spiritual leadership, guidance and vision. It is our prayer that the Lord will strengthen, protect and bless them as they lead us forward in faith, unity, love and oneness with Christ." We are One".

Welcome Home Bishop and Lady Helton we are honored to have you with us and eagerly anticipate all that God will accomplish through your ministry.

Congratulations to Mt. Zion CME Church's Graduates of 2026

God is truly in the blessing business!



Taniqua Reel-Domni & Travis Domni

This husband and wife are not only a team in marriage but they are also a scholarly team. They both graduated at the same time from Metropolitan College of New York. Taniqua received her Bachelor Degree in Business Management and Travis received his Associates Degree in Information Technology.



Taniqua Reel-Domni

“When I first started my journey going to school, Thanks to my husband, I thought I wasn’t going to finish because I had some hiccups. As the song goes, “when Jesus says yes, nobody can say no!” My advise to the young people, say this verse, “I can do all things through Christ who strengthens me.” *Philipians 4:13*



Taniqua & Mom,
Mother Pearl Mays



James Curtis Clark with grandparents
Karen & David Felder Sr.

James Curtis Clark is the grandson of Bro. David Felder Sr. and Minister Karen Cash-Felder. He is also a grandson of Mt. Zion CME Church. James graduated on June 10 2026, from Eastern Christian School and will attend Rowen University where he will major in Sports Management.

“To God Be the glory. Karen and David Felder are the proud grandparents of James Clark, that little boy that used to sit on the front pew of the church swinging his little legs is now a high school graduate. “God is great and greatly to be praised.” Min. Karen Cash -Felder

Mt. Zion CME Church's Graduates of 2026 (continued)



Adama Dibba-Faal

Mother and daughter graduate!

Adama Dibba-Faal graduated from Hostos Community College, earning her associate's degree in liberal arts. Her daughter, Amina (pictured below) is stepping up from 5th grade going to Junior High School.



Adama & daughter Aissa



Amina Faal



Mother & Daughter
Adama & Amina

Mt. Zion Blesses Our Graduates!



IN OTHER NEWS



Bro. Dave Dominick Reid



On June 27th, Bro. Dave Dominick Reid was honored by the Old Field Planters Inc. for his service to the church and the community. Congratulations Bro. Reid and thank you to the Old Field Planters Inc.

Board of Christian Education

Mt. Zion's Newest Sunday School Teacher



Sis. Adebisi Oladele



On June 19th Jarell Gibbs of "LIUNA" local 79 highlights Juneteenth's role in uniting the black labor movement during a Bronx March that celebrates freedom and community solidarity. During the event interview, Jarell stated:

"Hi my name is Jarell Gibbs. I'm one of your organizers for local 79 out here in the eastern region from New York City. We are here for Juneteenth with our neighboring brothers from New England. Juneteenth is a special thing to all of us in the black labor movement and something that brings everybody together from state to state and region to region. It's something that every year, we decide to keep ourselves involved. I want to thank the African American Caucus for taking their time to keep us involved, keep us in tuned and at the end of the day, "we get up, we stay up, we get active," that's what LIUNA is about, laborers Rising!"



COMMUNITY AFFAIRS



Sisters, Adama Dibba-Faal & Awa Dibba working hard to provide nonperishable food, toiletries and other supplies to the Soundview community!



**Rev. Evelyn Shannon, volunteering with
“Sistas Empowering Sistas”**

A community-based organization that provides delicious & nutritious meals to the community!

Thank you, Rev. Shannon, for following Jesus’ teachings
and thank you to CEO & Founder
Gislaine Augustine-Thompson

**Mt. Zion CME Church also want to say “Thank You” to our newest community partner,
Mr. Clyde Thompson of Claremont Neighborhood Center & SES.**

Mr. Thompson has been an invaluable resource to Mt. Zion, providing information for Job training and Job placement services for the community. Your resources for food, clothing and school supplies just to name a few, are a Godsend for those in need. We are truly grateful for your spirit of giving!

If you would like to know more about job training information, please go to our church website: mtzioncmebronx.org and click on “Community Resources.

Thank you, Mr. Thompson, for tickets to the Yankees game!

They lost! LOL



SPORTS RALLY 2026

Congratulation To Our 2026 Sports Rally Champions!
The LA Lakers, represented by our “First Family”,
Pastor Glen Lacey, 1st Lady Balinda Lacey & Robert.

On Saturday, February 28th Mt. Zion CME Church held its annual Sports Rally fund raising event. There were eight teams represented, each with team captains. Each team, over several months, raised donations from family and friends in an effort to raise the most money. The culmination of this event was a “Tailgate Fellowship” where each team decorates their team’s table and bring dishes of all kinds. The best part is that we go from table to table sharing food, so many different delicious dishes, you can never taste them all.

We want to say thank you to our sports commissioners Rev. Willie J. White, who’s brainchild it was to bring the sports rally to Mt. Zion many years ago, and Co-commissioner Rev. Wayne Jones. Thank you to all of the family and friends who thought it not robbery to donate to this event. Thank you to our sister churches who come out and participate each year. Most of all thank you Mt. Zion for another fun and successful year! *To God Be The Glory!*



“What God Has Done For Me!”

A Testimony

Sis Carolyn Reeder



Praise The Lord, Mt. Zion

My name is Sister Carolyn Reeder, daughter of Sister Mattie L. Mack. My mother became a member of Mt. Zion Christian Methodist Church under Rev. Moultrie in the late 1980's. And was on the Missionary Board until her passing in 2015 under Rev. Dr. Theresa Oliver. I often came to visit the church when there was a church function at that time. Under the newly appointed Rev. Glen Lacey, I have visited the church two years ago until medical reason have stop me attending church.

Since COVID, I have been fellowshiping on Zoom with Rev. Glen Lacey, Bible Talk and Rev. Wayne Jones, Pick It Apart and now Wednesday Prayer. For it has been a wonderful experience for me to fellowship with all of my brothers and sisters in Christ on Zoom. I truly missed going to church and fellowship with all of you. But now, with the upgrade of mobility to take place for me to attend church will be a dream to come true to fellowship with all of you.



Sis. Carolyn Reeder

God Bless,
Sis. Carolyn Reeder



Mattie L. Mack
Mother of Sis. Reeder



Reena Davis (Peredo)
Grandmother of Sis. Reeder

Just A Few Previous Events You May Have Forgotten About!

MT. ZION C.M.E. CHURCH
YOUTH & YOUNG ADULT WEEK
1/25/26 - 2/01/26

PASTOR GLEN LACEY

**RENEW
REKINDLE &
RECONNECT**
Isaiah 40:31

Speaker:
Awa McLarty-Dibba

1148 Elder Ave Bronx NY, 10472
Zoom: 5160490462
passcode: 084927

Spark Sunday 10:30am
Motivational Monday 7:00pm via zoom
Testimonial Tuesday 7:00pm via zoom
Wednesday Prayer 7:00pm via phone 3195074671
Thankful Thursday 7:00pm via zoom
Faithful Friday 7:00pm via zoom
Community Service Saturday 10:00am
Sacrament Sunday 10:30am

BLACK HISTORY MONTH

DREAM LIKE MARTIN
LEAD LIKE HARRIET
FIGHT LIKE MALCOLM
THINK LIKE GARVEY
WRITE LIKE MAYA
BUILD LIKE MADAM C.J.
SPEAK LIKE FREDERICK
EDUCATE LIKE W.E.B.
BELIEVE LIKE ROSA
CHALLENGE

FEB IS

February is Heart Disease Awareness Month

>> Go Red Because Your Heart Matters

Heritage SUNDAY WORSHIP
Celebration

FEB 8th
10:30am
DRESS CODE African Attire

Remembering our Heritage, Celebrating our Future

MT. ZION C.M.E. CHURCH
1148 Elder Ave. Bronx, NY
Pastor: Rev. Glen Lacey & First Lady Belinda Lacey

BLACK Love

Sunday

Mt. Zion C.M.E. Church
1148 Elder Ave
Bronx, NY, 10472
10:30am

15 FEBRUARY, 2026
In person On zoom
5160490462 084927

Attire black & red
Pastor Glen Lacey

Mt. Zion CME Church

Ash Wednesday SERVICE
REV. GLEN LACEY, PASTOR
February 18, 2026
7 p.m.
On Zoom
ID: 516 0490 462 Passcode: 084927

Ash Wednesday marks the first day of the Lenten season. Lent is the liturgical time lasting 40 days before Easter when Christians prepare to commemorate Jesus' Resurrection through prayer, penance, and fasting. Join Mt. Zion as we receive ashes and prepare our hearts for great expectation!

MT. ZION CME CHURCH PRESENTS

MATINEE AT MT. ZION

FREE **FREE**

POP CORN

SATURDAY FEBRUARY 21ST
11:00 A.M.

AT MT. ZION CME CHURCH DINING HALL THEATER

AMIE 2B
An outstanding play by the Bronx Theater School for the Arts. The winning team will receive a trophy and cash prize.

THE OVERCOMER
When talented youth realize that the only barrier to their dreams is the challenge of their own beliefs.

FOR MORE INFO PLEASE CONTACT: GRACIE SANDROU 917-940-7646

MT. ZION CME CHURCH SPORTS RALLY FUNDRAISER

JOIN US FOR AN ACTION-PACKED DAY!
ENJOY TEAM SPORTS, INDIVIDUAL CHALLENGES AND AMAZING FOOD. BRING YOUR FAVORITE TALENTED DISH. DON'T MISS THE FUN!

SATURDAY FEBRUARY 28TH
12:00 NOON - 3:00PM
1148 ELDER AVE
BRONX, NY 10472

FOR MORE INFORMATION CALL
718-991-7948
REV. GLEN LACEY, PASTOR

MT. ZION CME CONGRATULATIONS LAKERS

Annual Sports Rally 2026

WORSHIP

Missionary Sunday

Guest Preacher
Rev. Dr. Zelda Robinson
Pastor, MIHI Ministries

MARCH 8TH STARTS 2 PM

Mt. Zion CME Church
1148 Elder Ave. Bronx, NY 10472
Rev. Glen Lacey, Pastor
718-991-7948

Guest Preacher
Rev. William D. McCullough, Pastor
Russell Temple CME Church

MT ZION CME CHURCH BUILDING FUND

REV. GLEN LACEY, PASTOR

Sunday | 15th March 2026

Conference Claim, Trustees, Stewards & Stewardesses Marching

AFTERNOON SERVICE - 3:00PM

MT. Zion CME Church

JOIN US

Palm Sunday Service

Everyone is welcome as we commemorate Jesus' entry into Jerusalem.

March 29, 10:30am
1148 Elder Ave Bronx, NY
Zoom link: 5160490462
passcode: 084927

Mt. Zion CME Church
1148 Elder Ave.
Bronx, NY 10472
Rev. Glen Lacey, Pastor

good FRIDAY

April 3rd, 2026

Must Jesus Bare the cross alone and all the world go free?
His story doesn't end here!

Rev. REX BIXEN

EASTER Sunday Service

Come and join us as we celebrate the resurrection and the joy of new life in Christ.

AT 10:30 APRIL 05 2026

1148 Elder Ave Bronx NY, 10472
Zoom link: 5160490462
passcode: 084927

Pastor Glen Lacey

Sunday | 2026 | 10:30 AM

12TH APRIL

BOARD OF EVANGELISM ANNUAL DAY

Guest Preacher
Rev. Linda McFall

MT. ZION CME CHURCH
1148 Elder Ave. Bronx, NY 10472
Rev. Glen Lacey, Pastor

Mt Zion CME Church

64th Pre-Anniversary

APRIL 26th 2026

Rev. Glen Lacey, Pastor

Come Celebrate with us!

Congratulations Mt. Zion!

mtzioncmebronx.org

Christian Methodist Episcopal Church
Seventh Episcopal District
NEW YORK - WASHINGTON REGION
SPRING MEETING & QUADRENNIAL CELEBRATION

Friday and Saturday, May 1st & 2nd 2026

celebrate the Quadrennial Celebration & Spring Meeting honoring Bishop James B. Walker & First Lady Delois W. Walker

at the Hilton Arlington National Landing in Arlington Va.
2000 Riverwood Highway, Arlington Virginia 22202 Phone: 703-424-8800

Registration \$350 & includes access to all events & Banquet Brunch.
Register now and secure your place

Come celebrate legacy, leadership, and the joy of gathering together!
Registration Links & Hotel Registration Links to follow!

64th MT ZION C.M.E. CHURCH ANNIVERSARY

Mother Thelma E. Davis
Chairperson

PASTOR GLEN LACEY

Living a Legacy of Faith
Hebrews 12:1

Attire yellow and gold
May 3rd 10:30am
1148 Elder Ave Bronx, NY 10472

Zoom link: 5160490462
Passcode: 084927

Happy Mother's Day

Mt. Zion CME Church

Sunday, May 10th 2026

2026 DISTRICT CONFERENCE
May 30, 2026

via Zoom

CONNECT ENGAGE EMPOWER
Building Up the Church

Ephesians 4:16

On behalf of the College of Bishops of the Christian Methodist Episcopal Church, Bishop Samuel C. Walker, Sr. and the Sixth Episcopal District, representing with Senior Bishop Nathaniel and the Eighth Episcopal District, cordially invite you to

THE 40th QUADRENNIAL SESSION AND 41st CONVENING OF THE GENERAL CONFERENCE

SATURDAY, JUNE 13 - FRIDAY, JUNE 19, 2026
HILTON ANATOLE HOTEL
2001 N. STEMMONS Fwy., DALLAS, TX 75207

#CMEC26 Visit: thecmecchurch.org/generalconf2026

The ReUp
NEW ENERGY FOR A NEW DECADE

JUNE 29 - JULY 3, 2026

9 MILESTONES JOURNEY

REGISTRATION \$70
\$50
\$25

RENEW. RECHARGE. RISE.

SAVE THE NEW DATES

Superlative **7th**

NEW YORK-WASHINGTON REGION ANNUAL CONFERENCE

JUNE 29th THRU JULY 3rd 2026

HILTON ARLINGTON NATIONAL LANDING, VIRGINIA

The Fountain of Youth

Mt. Zion CME Church Youth Attend Annual Conference!

For the first time since before the COVID19 pandemic, Mt. Zion CME Church youth attended an Annual Conference. God has blessed our young people with the opportunity to experience 158th session of the New York / Washington Region Annual Conference.

Our First Lady, Belinda Lacey and Board of Christian Education President, Gracie Sampson were addimtent about our youth attending this year's conference and began a fundraising campaign. With the help of God and the donations from the Mt. Zion church family, our youth were able to experience the same God filled conference their parents enjoyed in their youth.

Thank you, to the entire church body for your prayer and support. A special thanks to our chaperone, Taniqua Reel-Domni for keeping our youth safe and on point, attending classes and Youth Night etc. Thanks to our Pastor for your leadership.



"My experience was really good. What my age group did let's play a Bible verse game, musical chairs, telephone and we also had good food. Then we did a performance and walked down the aisle while people's hands were out to give us high fives. Then we went to the Bible museum. We learned about wine, water and teaching in parables. We watched a movie about Jesus. Another activity we did was go bowling. We played arcade games. After our card was used up, we got to pick out prizes."

Shannon-Grace Jones

Mt. Zion Youth: Shannon-Grace, Imani, Joshua, Ethan. Skyar



The Fountain of Youth Continued

JUNIOR ACHIEVMENTS What the youth of Mt. Zion are doing!

Children's Day!



Liam Nelson visits the FDNY Training Academy on Randall's Island "The Rock"

On April 20th Liam went to Randall's Island with his baseball team for their 1st game of the season. The opposing team forfeited the game as a "No Show."

Lucky for him grandpa (Rev. Jones) was there for his first game, that never played. Although retired from the FDNY, I still have access and took him to visit the training grounds and 911 memorials.



Fun & Games

David & Goliath

Use color pencils to color the below picture

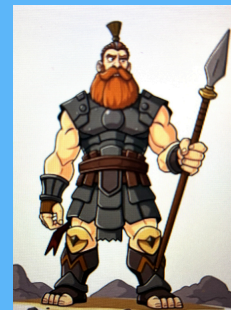


FUN FACTS

Figure it out

Goliath

How big was he?
1 Samuel 17



Change these measurements from cubits to inches and from inches to feet.

The Goliath measured:

Goliath's height was six cubits, and one span

Hint: A cubit = 18 inches

A span = 9 inches

18 inches X 6 = ----- ÷ 12 = ----- feet

Other Fun Facts About Goliath

His Armor weighed 5000 shekels = 125 Lbs.

Spear's head weighed 600 shekels = 30 Lbs.

Greaves: (Shin guards) 8-10 pounds combined

It's unknown how much his bronze helmet weighed.

How many smooth stones did David collect to prepare for battle?

A) 3 B) 6 C) 5 D) 1

What city was Goliath from?

A) Japa B) Gath C) Nod D) Cannan