

DAY 8 – Returning with Hope

Psalm 130

130 Out of the depths have I cried unto thee, O LORD.

² Lord, hear my voice: let thine ears be attentive to the voice of my supplications.

³ If thou, LORD, shouldest mark iniquities, O Lord, who shall stand?

⁴ But there is forgiveness with thee, that thou mayest be feared.

⁵ I wait for the LORD, my soul doth wait, and in his word do I hope.

⁶ My soul waiteth for the Lord more than they that watch for the morning: I say, more than they that watch for the morning.

⁷ Let Israel hope in the LORD: for with the LORD there is mercy, and with him is plenteous redemption.

⁸ And he shall redeem Israel from all his iniquities.

Focus: Waiting on Redeeming Love

Psalm 130 begins in the depths: “Out of the depths I cry to You, O Lord.” This is a prayer born from struggle, guilt, and longing. Yet even in the depths, the psalmist does not lose hope. He acknowledges God’s mercy and declares that with the Lord there is forgiveness. Lent teaches us that when we cry from low places, we are not crying into emptiness — we are calling upon a God who listens and redeems.

The heart of this psalm is waiting: “I wait for the Lord, my soul waits, and in His word I hope.” Waiting is not passive; it is expectant trust. It is standing in faith between the promise and the fulfillment. Sometimes God’s deliverance does not come immediately, but His presence remains steady. Waiting refines us. It teaches us patience, dependence, and confidence in God’s character.

Psalm 130 ends with assurance: “With the Lord there is mercy, and with Him is abundant redemption.” Redeeming love is not limited or scarce — it is abundant. As we move through Lent, we learn to wait not in despair, but in hope. God’s timing is purposeful, and His love is faithful. Even in the depths, redemption is drawing near.

Prayer: Faithful God, teach us to wait with hope. In the depths of our struggle, remind us of Your mercy and abundant redemption. Strengthen our trust in Your timing and surround us with Your steadfast love. In Jesus’ name, Amen.