

DAY 38 – Let Everything That Has Breath

Psalm 150

150 Praise ye the LORD. Praise God in his sanctuary: praise him in the firmament of his power.

² Praise him for his mighty acts: praise him according to his excellent greatness.

³ Praise him with the sound of the trumpet: praise him with the psaltery and harp.

⁴ Praise him with the timbrel and dance: praise him with stringed instruments and organs.

⁵ Praise him upon the loud cymbals: praise him upon the high-sounding cymbals.

⁶ Let everything that hath breath praise the LORD. Praise ye the LORD.

Focus: The Sound of Victory

Psalm 150 is pure celebration. Instruments, voices, movement — everything is called to praise. Lent may have begun in ashes, but it ends in exuberance.

Resurrection joy is not restrained. It is complete victory. Death has been defeated. Hope is alive.

If we have breath, we have evidence of grace. And if we have grace, we have reason to praise.

Prayer: Risen Lord, with every breath we glorify You. Let our lives resound with resurrection praise. Amen.