

DAYS 25 – 32: JUSTICE & RIGHTEOUS LIVING

DAY 25 – Rooted and Grounded

Psalm 1

***1** Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.*

***2** But his delight is in the law of the LORD; and in his law doth he meditate day and night.*

***3** And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.*

***4** The ungodly are not so: but are like the chaff which the wind driveth away.*

***5** Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.*

***6** For the LORD knoweth the way of the righteous: but the way of the ungodly shall perish.*

Focus: Choosing the Right Path

Psalm 1 presents life as a choice between two paths. One path is shaped by counsel that pulls us away from God; the other is shaped by delight in His Word. Lent is a season of intentional realignment. We must ask: Who or what is shaping my thinking? What voices have my attention? The psalm reminds us that direction determines destination. Small daily influences eventually produce long-term outcomes.

The righteous person is described as a tree planted by streams of water. Notice the word planted. This is not accidental growth; it is intentional positioning. When we place ourselves consistently in God's presence — through Scripture, prayer, and obedience — we become spiritually stable. Storms may come, but rooted trees endure. Fruit may take time, but it will come in season.

Lent calls us to deepen our roots. Not surface spirituality, but steady devotion. When we are rooted in God's truth, we will not wither under pressure. Our lives will quietly reflect the nourishment we receive from Him.

Prayer: Lord, root us deeply in Your Word. Guard our steps and make our lives fruitful for Your glory. Amen.