





TRIWELL Unwind, Recharge and Thrive

Join us for a transformative weekend getaway designed to enhance your physical, mental and financial well-being.

Exclusively for Educators









SRIVAPA PROGRAM HIGHLIGHTS

An Engaging Learning Experience for Enhancing **Your Total Wellness**

In a fun, enlightening and empowering in a collaborative, interactive and reflective format.

Engage in yoga, pranayam, and other exercises to improve lifestyle induced diseases, while discovering techniques to calm the mind and reduce stress.



Learn practical strategies to manage your finances effectively, reduce stress. and achieve financial freedom.

An Unparalleled Opportunity



NETWORKING WITH PEERS

Connect with like-minded educators and share experiences to foster a supportive community.

LEARNING FROM EXPERTS

Meet experts on financial planning and investment/insurance, fitness and yoga, stress management and mental health.



EXPERIENCE A SERENE ENVIRONMENT

Indulge in delectable cuisine and experience warm hospitality in the lap of nature.









Your Investment

Standard Participation Charges

15,000/- per head (inclusive of food and accommodation)

**Limited Time Introductory Offer - 3000/- per head

Group Discount: 1000/- off on participation charges

To Register:

Call: +91 92306 17806

Email: info@srivapa.com



heartfulness advancing in love

PERSONAL WELLNESS

FINANCIAL

lifeline for educators. We strive for their total wellbeing so that they continue to inspire and shape young minds.

PROFESSIONAL DEVELOPMENT

ANAGEMENT

Srivapa aims to be a

This investment in their well-being ensures а brighter future for both educators and their students.



Heartfulness integrates scientific inquiry and timehonored practices which expand your awareness and develop well-being, contentment. calm, clarity, compassion and courage.

Present 160 in over countries, its practices have benefitted people for more than 100 years.

VENUE VIEWS



Contact Information:

+91 92306 17806

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