



PROMISES TO CARRY IN YOUR HEART

I am deeply loved by
God, even in my
brokenness.

My healing journey is
held in God's hands.

God's strength is
perfect in my
weakness.

I am not forgotten;
God sees and cares
for me.





PROMISES TO CARRY IN YOUR HEART

Peace flows
through me because
Christ is near.

God is turning my
ashes into beauty.

I am worthy of love,
grace, and new
beginnings.

My hope is
anchored in God's
promises.



PROMISES TO CARRY IN YOUR HEART

I am whole in Christ,
even while I am
healing.

God's love
surrounds me
today and always.

I am held by God's
promises, even in
my brokenness.

I am stronger than
my struggles
because Christ is my
strength.



PROMISES TO CARRY IN YOUR HEART

Peace fills my heart
as I rest in God's
love.

God is turning my
pain into purpose.

Hope is rising in me
because I am never
alone.

I am still worthy
because God calls
me His own.

