

ASTRALIS CIRCLE

Montréal · Conscious In-Person Experiences

Montreal Founding Circle

An invitation to help shape something meaningful from the very beginning.

PART ONE

What is Astralis Circle?

Around the world, people are searching for deeper connection, meaning, creativity, well-being, and belonging. At the same time, many experience increasing isolation and disconnection — despite being more digitally connected than ever before.

Yet meaningful experiences are already happening everywhere. People are gathering to learn, create, heal, celebrate, reflect, move, and connect. Facilitators are sharing their gifts. Artists are creating spaces for expression. Community builders are bringing people together. Spaces are opening their doors to new possibilities.

Often, however, these efforts remain disconnected from one another.

Astralis Circle was born from the belief that something powerful emerges when these relationships become visible and interconnected.

Astralis Circle is a living ecosystem of conscious experiences, spaces, facilitators, artists, and seekers connected through a shared intention: cultivating meaningful in-person encounters.

We act as a connective layer — revealing, supporting, and strengthening the relationships between people and places that help foster well-being, creativity, learning, belonging, and personal transformation in Montreal.

Nature offers a powerful example: a healthy forest does not thrive because of a single tree. Its vitality emerges through the countless relationships between trees, fungi, insects, rivers, birds, soil, and sunlight. Likewise, healthy human cultures flourish through relationships. Astralis Circle exists to help cultivate and strengthen those connections.

Why We Exist

We live in a time of increasing digital connection and growing social disconnection. While information is abundant, genuine human encounters have become increasingly rare.

Many meaningful experiences already exist within our cities, yet they often remain fragmented, isolated, or difficult to discover. Facilitators, artists, practitioners, community builders, and spaces frequently operate independently despite sharing complementary intentions and values.

| *Astralis Circle exists to help weave these relationships together.*

We believe that meaningful transformation, creativity, healing, learning, and community emerge through real-world encounters, shared experiences, and living relationships. By strengthening connections between people, spaces, and initiatives, we contribute to a more vibrant, resilient, and interconnected cultural ecosystem.

Vision

A world where meaningful human connection flourishes through interconnected ecosystems of people, places, and experiences.

We envision cities where creativity, well-being, learning, spirituality, culture, and community are not isolated activities, but interconnected threads within a living social fabric.

We see Astralis Circle contributing to a future where people feel more connected — to themselves, to one another, to nature, and to the places they inhabit.

Mission

To cultivate and strengthen a living ecosystem of conscious in-person experiences by connecting people, spaces, and initiatives that foster presence, well-being, creativity, learning, and belonging.

Through thoughtful curation and relationship-building, we help make meaningful experiences more visible, accessible, and interconnected.

Values

Presence

We believe some experiences can only exist in person. Real encounters create forms of connection, learning, and transformation that cannot be fully replicated online.

Interconnection

Everything exists within relationship. We recognize the value of creating bridges between people, practices, disciplines, communities, and spaces. Stronger connections create stronger ecosystems.

Elevation

We believe we rise by helping one another rise. Rather than competing for attention or visibility, we seek to amplify one another's contributions and celebrate collective success. When one facilitator grows, the ecosystem grows.

Diversity

Like natural ecosystems, resilience emerges through diversity. We welcome different perspectives, backgrounds, practices, cultures, and ways of understanding the world.

Authenticity

We value sincerity over performance and depth over appearance. We encourage individuals and organizations to show up as they genuinely are, rooted in honesty, integrity, and trust.

Stewardship

We see ourselves as caretakers rather than owners. Our role is to nurture the conditions that allow meaningful experiences, relationships, and collaborations to flourish.

PART TWO

The Montreal Founding Circle

As Astralis Circle takes shape, we are inviting a very small group of facilitators and spaces to be part of its early phase — people we genuinely believe in, whose work is already creating something meaningful in Montreal.

The Founding Circle is not a membership program or a partnership agreement. It is a circle of people who resonate with the vision and wish to contribute to the growth of a more connected ecosystem. Some may contribute through their spaces, others through their practices, and others through their ideas, introductions, or perspective.

Being a founding member means being seen, being part of something that is just beginning, and growing with it as it takes shape.

What Founding Members Contribute

There are no obligations or contracts — only participation and you can opt out anytime. Founding members contribute naturally, by:

- ◆ Sharing their experiences and gatherings with the Astralis Circle community
 - ◆ Offering honest feedback and perspective as the platform evolves
 - ◆ Helping identify opportunities, needs, and connections within the ecosystem
 - ◆ Supporting a culture of collaboration and mutual elevation
 - ◆ Simply being present — showing up as they genuinely are
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What Founding Members Get

◆ **Founder Portrait**

A dedicated editorial feature — published on the Astralis Circle Instagram as a carousel, and eventually on a dedicated section of the platform. This is not a listing, it is a real introduction to who you are, what your story is, what you stand for, and what makes your practice or space unique. The content comes from you. We shape it, design it, and share it with the community.

◆ **Visibility**

Your events and experiences will be featured in the early editions of the Astralis Circle calendar and seasonal selections — among the first to be seen as the platform grows.

◆ **Founding Member Recognition**

A permanent Founding Member badge, visible on your profile on the platform.

◆ **Early Access & Lifetime Privilege**

You will be among the first to access everything coming next. Opportunities to provide feedback, contribute ideas, and participate in future developments before they are released publicly.

As Astralis Circle evolves, founding members will benefit from privileged conditions — because the people who believed in us early will always be taken care of.

◆ **Meaningful Connections**

Access to a small, private circle of facilitators, artists, spaces, and community builders who share a commitment to meaningful in-person experiences. A place for conversation, introductions, and collaboration.

PART THREE

The Founder Portrait

The portrait is one of the most meaningful things we offer. It is our way of saying : this person or this space matters, and here is why.

Each portrait is a 4-slide Instagram carousel — minimal, warm, and editorial in tone. Over time, every portrait will live on a dedicated section of the Astralis Circle platform, where people can discover who is part of the circle and what they create.

Format • Spaces & Studios

For studios, houses, and collective spaces.

SLIDE 1 • COVER + 3 WORDS

Astralis Portrait • [Name of the space] Main photo of the space or venue.

Ex 3 words: "Presence • Support • Openness"

SLIDE 2 • ESSENCE

One short line that captures what you are. Ex: "A Montréal space dedicated to collective practices and transformative experiences."

SLIDE 3 • STORY & NAME

Where your space comes from. What your name means.

SLIDE 4 • EXPERIENCE & PRESENCE

What people experience with you. Ex: "Creating spaces for connection and sharing. @your_handle Tiohtià:ke | Montréal"

Format • Facilitators

For independent facilitators and practitioners.

SLIDE 1 • COVER + 3 WORDS

Astralis Portrait • [Your name] A photo of you — in action or an authentic portrait.

Ex 3 words: "Curiosity • Listening • Rootedness "

SLIDE 2 • WHO

One line on who you are and what you facilitate. Ex: "Facilitator in Montréal, working around breathwork and somatic practices."

SLIDE 3 • JOURNEY

How you arrived at this practice. Ex: "I came to this through [short journey line]."

What guides your way of working. Your handle. Ex: "An approach centred on the body, presence, and regulation. @your_handle Tiohtià:ke | Montréal"

Portrait Questions • Spaces & Studios

These are the questions we will send you to gather the content for your portrait. Answer openly and in your own voice — we take care of shaping it into the final format.

1. Describe your space in two sentences.

→ *What you do, for whom, and in what spirit.*

2. Where does the name of your space come from?

→ *The origin, the meaning, the intention behind the name.*

3. How was this space born? What was the spark?

→ *A moment, an encounter, a need — what set everything in motion.*

4. What do people experience when they come to you?

→ *Not what you offer — what they feel or take with them.*

5. Choose 3 words that define the spirit of your space.

→ *Words that truly sound like you.*

6. Your Instagram handle and your neighbourhood in Montréal.

→

Portrait Questions • Facilitators

Answer freely and in your own words — we shape it into something short and true to you.

1. Who are you and what do you facilitate?

→ *Your name, your practice, in one or two natural sentences.*

2. How did you arrive at this practice?

→ *A turning point, an encounter, a necessity — what brought you here.*

3. What guides your way of working?

→ *What matters to you in how you hold space for people.*

4. What do people experience in your sessions or workshops?

→ *What they feel, what they take with them.*

5. Choose 3 words that define your practice.

→ *True words, not perfect words.*

6. Your Instagram handle and your neighbourhood or base in Montréal.

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How It Works

Once we receive your answers, we handle everything — editing, layout, and visual creation. You will receive your portrait for approval before anything goes live.

Nothing is published without your sign-off. The goal is simple: that every portrait feels short, true, and like you.

An Invitation

We welcome facilitators, spaces, artists, and community builders of all sizes, stages, and backgrounds. What matters most is a genuine resonance with the vision and values of Astralis Circle.

Interested in joining the Founding Circle?

Reach out at info@astraliscircle.com

or reply directly to this message.

