

# RUNDISNEY RACE

## SPRINGTIME SURPRISE

Inspired by your favorite races, the [runDisney Springtime Surprise Weekend](#) returns this year!

Taking place April 16– 20, 2026, this event celebrates your adventurous spirit.

## EVENTS

**Sunrise Yoga:** Experience a yoga session at Disney's Hollywood Studios on April 20.

**Judy Hopps and Nick Wilde's 5K:** This 3.1 miles run takes place on April 17.

**Winnie the Pooh and Tigger's 10K:** A 6.2 mile course will be run on April 18.

**Joy and Sadness 10-Miler:** A ten-mile race kicks off on April 19.

**Aladdin & Genie's Challenge:** Combine the 5K, 10K, and 10-Miler for a 19.3 mile, multi-day challenge through Walt Disney World.

**Virtual Races:** Run at home, in your neighborhood, or on a local trail.

## REGISTRATION

- General Registration opened July 29, 2025, at 10AM.

As of press time, all races are SOLD OUT.

Check out [the 2026 medals!!](#)

If you missed out on this year's events and want to plan ahead for 2027, keep up with event news via DFB.

