

First Aid Policy

Our staff are trained to take action to apply first aid treatment in the event of an accident involving a child or adult. By having well-trained first aiders and clear procedures, the provision can provide immediate care in case of injury or illness, helping to reduce the severity of incidents and promoting a safe environment. We comply with **Health and Safety (First Aid) Regulations 1981, 2013**. First aid will be administered with consent of a parent/guardian.

The aims of this First Aid Policy are to:

- Provide effective first aid to students, staff, and visitors when needed.
- Ensure that there is sufficient first aid cover and resources throughout the provision.
- Promote awareness and training among staff to ensure a safe environment.
- Comply with relevant legislation regarding first aid in schools.

Records and Reporting

- All first aid incidents must be recorded in the provision's accident book.
- For serious injuries, including those requiring hospital treatment, the provision will follow the procedures for reporting under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) to the Health and Safety Executive (HSE).
- Parents will be informed of any significant incidents, and for minor injuries such as cuts or bruises.
- For incidents involving head injuries, parents will always be notified, even if the injury appears minor, to ensure they are aware of potential symptoms.

Administering Medicines - Please refer to the Medical Needs Policy for details.

Mental Health First Aiders - Please refer to the Mental Health and Wellbeing Policy

- The provision recognises the importance of mental health first aid and will train designated staff as Mental Health First Aiders.
- Mental Health First Aiders will provide immediate support and intervention for students or staff experiencing mental health crises, such as anxiety or panic attacks, and will guide them to appropriate professional help when needed.
- Mental health awareness will be promoted across the provision to ensure early intervention and support for students.

First Aid Procedures

- If a student, staff member, or visitor is injured or becomes unwell:
 1. The nearest available first aider should be called.
 2. First aid should be administered in accordance with the training provided, and the person should be made comfortable.
 3. For serious injuries or if in doubt, an ambulance should be called immediately by dialling 999.

4. The injured individual should not be moved unnecessarily.
 5. Parents or carers should be contacted as soon as possible for any significant injuries or if hospital treatment is required.
- Transporting to hospital: If an ambulance is called, a member of staff will accompany the student to the hospital if a parent or carer is not available. Staff must stay with the student until a parent or responsible adult arrives.

First Aid Equipment

- First aid kits will be available in key areas of the premises, including:
 - Main office
 - Working Rooms
 - Sports facilities
 - Staff will carry a basic first aid kit for off-site visits
- Each kit will contain basic first aid supplies, including bandages, plasters, sterile wipes, gloves, and other necessary items. The contents will be regularly checked and restocked by the designated first aider.

Training

- First aiders will undergo training from a qualified provider and will be required to renew their qualification every three years.
- All staff will receive basic awareness training on first aid procedures, including how to deal with emergencies and when to seek assistance from a trained first aider.
- Designated staff will receive Mental Health First Aid training to support the mental health needs of students and staff.

Links with Other Policies

This policy should be read in conjunction with:

- **Health and Safety Policy.**
- **Mental Health and Wellbeing Policy.**
- **Safeguarding and Child Protection Policy.**
- **Medical Needs Policy**

This policy was adopted by Stride 360	Date: 28/10/24
To be reviewed by: 28/10/26	Written by: Simone Lyons