**ANISHA CIM**

ESSENTIAL CRYSTAL HEALING DIPLOMA COURSE E **2025-2027**

TUTOR : Dr K T BIRINDER

LOCATION : BARNSLEY

VENUE: will be confirmed depending on student numbers 2 weeks before the start of the course.

INTRODUCTION

**ANISHA CIM**

Anisha Crystalline Integrated Medicine offers training in a range of Complementary Therapies and a Two Year Essential Crystal Therapy Diploma Course starting from April 2025.

The course is to be taught in modules at weekends over two years. On successful completion of the second year modules, course work, case studies and assessments the student will graduate with a diploma as a Practitoner in Essential Crystal Healing.

Tutor Support:

The student will have one to one tutorials with Birinder who has been teaching complementary therapies since 1998 arranged by mutual agreement.

Your Tutor

Birinder is an integrated medicine practitioner, successfully combining conventional medicine as a General Practitioner with a wide range of Complementary Therapies since 1997. Students on Birinder’s course will be given on-going support and training to learn and develop on a professional level as a therapist. On a personal level they will be guided and supported on the path the individual chooses . The student will acquire skills and confidence they need to practice crystal therapy confidently. To meet the professional standards the student will have to demonstrate an understanding and thorough knowledge of the 45 syllabus stones -22 in year one and 23 in year two. The student will learn skills to assess energy imbalances and clients, rebalance these and in treating clients proficiently with crystal therapy within an ethical and professional healing practice.

**AIMS OF ANISHA CIM**

1) To provide each student with a high standard of theoretical knowledge, understanding and practical skills and practice of crystal therapy.

2 To provide a safe, structured environment, empowering a student to grow in confidence with awareness of self and others.

3) To encourage self-assessment and reflection to produce professional knowledgeable competent ethical and confident crystal therapy practitioners.

4) To meet the needs of the individual learners within a safe, nurturing, sacred environment which is welcoming, inclusive and supports a diverse group of learners.

5) To assist individuals to reach their educational goals by providing expert knowledge practical skills and guidance.

6) To empower and encourage lifelong learning and sharing of skills with others.

7) To evolve and grow through self-reflection and awareness.

**SYLLABUS**

**Updated to the ACHO** TRAINING STANDARDS CORE CURRICULUM. Subject to alterations and amendments required in due course.

**The Affiliation of Crystal Healing Organisations**

ANISHA CIM and all ACHO registered schools have agreed to teach the Core curriculum as included here. All students are internally assessed by ACHO.

The full course must take a minimum of two years to complete.

This can be evenly spread through the two years.

Anatomy & Physiology (equivalent of 35 hours study, plus written assessment) may be incorporated into the

General syllabus, or as self-directed study, but is not part of the Core Curriculum.

Assignments are given as homework to students and form a part of the portfolio.

These questions are designed for short, sharp answers, not essays!

Regardless of the order in which these are taught, please ensure that the units are kept as evidence in this order.

Students have the option to have their work externally verified by ACHO (see website) www.acho.co.uk

Students are encouraged to have their own opinions and explain them. If they think a technique is no good – fine, but they need to explain why they think that and vice versa if they really like a technique.

Requirements for Entry:

There is no experience or previous qualifications required for enrolment on this course. It is available to all students, of all academic backgrounds. It is practical training to help you get the essential qualifications to help you achieve your goals in life. Crystal Healing Therapists are now accepted and recognized worldwide and this course will provide you with sufficient knowledge and expertise to use this therapy.

**COURSE FEE**

The course fee is £ 1900 and an initial non-refundable deposit of £ 100 is required to secure a place.

A £100 deposit to secure your place submitted with a completed Application form.

The remaining can be paid in instalments of £75.00 pcm for 24 months or £150 per weekend x 12.

**Payment Details**

1.CASH OR CHEQUE

2.BANK TRANSFER

BANK: NATIONWIDE

ACCOUNT NAME : DR B K THANDI

SORT CODE: 07-01-16

ACCOUNT NUMBER: 05075005

ASSESSMENT

In order to meet a professional standard, you will need to show you have a thorough working knowledge of the**ACHO**core curriculum syllabus stones and are proficient in a recognised form of diagnosis; that you have grasped the theory and practice of crystal therapy, including professional ethics and running a healing practice. Practical and written work will be required and certificates will be awarded on the basis of tutor, client and self- assessment.

ASSESSOR AND EVIDENCE:

1.The tutor after consultation and one to one tutorials with the learner carries out an Initial Assessment(IA), confirms Accreditation For Prior Learning (APL), helps the learner formulate Individual learning plans(IPL’s) and assesses throughout the course with evidence as below.

2.The learner's evidence portfolio - this should include for each module.

a)**An evaluation journal**, either as a 1,000-word essay per weekend or as a 5,000 word day-to-day experiences on the Crystal Course Journey per year.

b)**UNITS 1 TO 17.5** which form the basis of the Foundation level evidence portfolio. The units must be kept in sequential numerical order.

 ADDITIONAL REQUIREMENTS:

 You will be required to keep

 a **Learners Evidence Portfolio** of all your written- work. This must include:

1. Notes taken during therapy sessions.
2. A **Bibliography** must be kept - showing books and articles read throughout the course.
3. A list must be kept of other courses or workshops attended during the course.
4. **ASSESSMENT SHEETS:** of the 17.5 modules

**DIPLOMA COURSE**: 1**5 Case Studies** (3 therapy sessions each) need to be completed with details of Crystals and Resources used for each Session.

FOR EACH THERAPY SESSION **:** Learner’s Assessment Sheets And Client Assessment Forms for each of the 15 Case Study Therapy sessions (45+45).

ASSESSMENT is Continuous ie Formative and Summative seamlessly blended and (holistically) completed based on the ACHO Standard requirements, evidence portfolio, homework assignments completion ,Case Studies etc WITHOUT A FINAL EXAM.

**MEMBERSHIP**

Students who successfully complete the Diploma in Essential Crystal Healing course are entitled to use the appropriate designatory letters after their name.

Students are allowed to then to use the letters ACIM ECH after their name.

**ESSENTIAL CRYSTAL HEALING DIPLOMA COURSE 2025 -2027**

**6 WEEKENDS PART TIME OVER 12 MONTHS (17.5 UNITS)**

**09.30AM TO 1PM AND 2PM T0 6PM**

**Unit 1: Geology**

**1.1 Structure of the Earth and the Rock Cycle (the three phases of rock formation: primary/igneous/secondary/ sedimentary/tertiary/metamorphic**

**Unit 2 Title : Minerology**

**2.1 Mohs Scale**

**2.2 Crystal Systems**

**2.3. Chemical Composition**

**2.4. Crystal Habits (striated, botryoidal etc.)**

**2.5 Ethics of Mining: Including environmental impact and the treatment of workers**

**Unit Three Title: Curriculum Crystals**

**3.1. ACHO Syllabus Stones**

**3.2. Manmade, Treated and Enhanced Stones**

**Unit Four Title: Choosing Crystals**

**4.1. Choosing Crystals.**

**Unit Five Title: Crystal Care**

**5.1. Cleansing Crystals**

**5.2. Methods of Cleansing**

**5.3. Charging Crystals**

**5.4 Crystals requiring special handling**

**5.5 Storing Crystals**

**Unit Six Title: Tuning into Crystal Energies**

**6.1 Tuning into Crystal Energies**

**6.2. Dedicating and Blessing Crystals**

**6.3 Working with Intention.**

**Unit Seven Title: Grounding**

**7.1 Grounding**

**7.2 Checking Grounding**

**7.3 Grounding a Client**

**7.4 Grounding Crystals**

**Unit Eight Title: Crystals and the Aura (Human Energy Field)**

**8.1 The Aura**

**8.2 Cleansing the Aura**

**8.3 Repairing or Strengthening the Aura**

**8.4 Protecting the Aura**

**8.5 The Subtle Bodies or Layers of the Aura.**

**Unit Nine Title: Crystals and the Chakras**

**9.1 The Chakras**

**9.2 Assessment of Chakra function**

**9.3 Crystal Therapy for the Chakras**

**Unit 10 Title: Crystals and the Meridians**

**10.1 The Meridians**

**10.2 Crystal Healing for the Meridians**

**Unit 11 Title: Relaxation and Visualisation**

**11.1 Relaxation**

**11.2 Visualisation**

**Unit 12 Title:** **Further Work with Crystals**

**12.1. Additional crystal healing techniques**

**12.2. Use of crystals for distant healing (also called remote or absent healing)**

**12.3 Programming Crystals**

**12.4 Specialist forms of Quartz often referred to as ‘Master Teacher Quartz’ (Elestials, Dow etc)Crystals And Subtle Bodies**

**CRYSTAL HEALING**

**Unit 13 Title: Self Care and Energy Maintenance for the Crystal Therapist**

**13.1 Grounding**

**13.2 Centering**

**13.3 Protection**

**13.4 Cleansing**

**13.5 Management of your Health and Well-being**

**Unit 14 Title: The Therapeutic Space**

**14.1 Creating a therapeutic space**

**14.2 Maintaining your therapeutic space.**

**Unit 15 Title: Management of a Healing Crisis/Responses**

**15.1 Healing Crises/ Strong Responses**

**15.2 Managing a Healing Crisis**

**PRACTICALITIES OF HEALING**

**Unit 16 Title: Client Management.(This unit can be self-directed study)**

**16.1 Explaining how crystal therapy works**

**16.2 Putting clients at ease.**

**16.3 Maintaining clear and confidential client records**

**16.4 Contraindications**

**16.5 Working with children**

**16.6 Aftercare**

**16.7 Personal Safety**

**16.8 Advertising and Promotion (print or digital)**

**16.9 ACHO Code of Conduct and Practitioner Register**

**Unit 17 Title:** **Unit 17: Health and Safety.(This unit can be self-directed study.)**

**17.1 Health and Safety Legislation**

**17.2 Risk Assessment**

**17.3 Fire Safety and Evacuation Procedures**

**17.4 Hygiene**

**17.5 First Aid**

**ESSENTIAL CRYSTAL HEALING COURSE YEAR 1 Crystals**

|  |  |  |
| --- | --- | --- |
| Clear quartz  | Rose Quartz | Celestite |
| Amethyst | Citrine | Lapis lazuli |
| Smoky quartz | Amber | Obsidian |
| Labradorite | Moonstone | Haematite |
| Fluorite | Quartz family | Calcite |
| Garnet | Turquoise | Herkimer Diamond |
| Malachite | Beryl family-ie Emerald,Aquamarine&Morganite.  | Carnelian |
| Aventurine | Jasper  | Blue Lace Agate |

**SYLLABUS**

**PHASE TW0-PRACTITIONER LEVEL DIPLOMA**

**6 WEEKENDS PART TIME OVER 12 MONTHS(6 MODULES)**

**09.30AM-1PM AND 2-6PM**

**1. GEM ESSENCES –MAKING A SINGLE CRYSTAL/GEM ESSENCE.**

**CRYSTAL CONNECTIONS/ENERGY MAPS.YIN/YANG , EXPLORE THE 5 ELEMENTS AND BALANCE WITH THE ELEMENTAL ENERGIES.**

**2. TRANSCENDING LIMITATIONS WITH CRYSTAL GRIDS-CRYSTAL LAYOUTS FOR CLEARING/BALANCING ENERGY ON MULTIPLE LEVELS.**

**INCLUDING NUMEROLOGY AND ENNEAGRAM.**

**3.EXPLORING ALTERNATE REALTIES AND STATES OF CONSCIOUSNESS.**

**4.COLOUR AND CRYSTALS – EXPLORING COLOUR PROPERTIES.USING CRYSTALS WITH COLOURS AND THE NATURAL COLOUR OF CRYSTALS FOR HEALING**

**5.CRYSTAL HEALING TOOLS – SACRED GEOMETRIC SHAPES ,VOGEL WANDS ETC**

**6. CRYSTAL REASONANCE HEALING – INTEGRATION OF COLOUR, CRYSTALS,CRYSTAL SINGING BOWLS, MUSIC AND SOUND.**

**Phase Two Syllabus Crystals**

|  |  |  |
| --- | --- | --- |
| Tourmaline | Angelite | Phenacite |
| Ruby  | Danburite | Apatite |
| Sunstone | Zincite | Tanzanite |
| Topaz | Kunzite | Amblygonite |
| Rhodochrosite | Iolite | Charoite |
| Rhodonite | Moldavite | Diopside |
| Larimar | Lepidolite | Sugilite |
| Petalite | Dioptase |  |

**DATES 2025 – 2025**

To be confirmed

**2025**

**PHASE ONE**

**1. 26th and 27th of April**

**2. 17th and 18th of May**

**3. 14th and 15th of June**

**4. 12th and 13th of July**

**5. 6th and 7th of September**

**6. 4th and 5th of October**

**PHASE TWO**

**2026**

**1. 18th and 19th of April**

**2. 16th and 17th of May**

**3. 13th and 14th of June**

**4. 11th and 12th of July**

**5. 12th and 13th of September**

**6. 10th and 11th of October**

 **Diploma Qualification Award after 30th April 2027.**