

Our award-winning program has helped behavioral health providers and schools reduce the use of restraint, seclusion, and injury, while lowering workers' compensation costs and employee turnover. We believe that all intervention — educational and behavioral — should be built on an approach of Comfort vs Control®. To help make this a reality, we provide training on the conceptual ideas — such as trauma-informed care and conflict resolution — as well as the physical techniques that minimize the need for restraint and seclusion by providing a physical alternative to keep both staff and students safe.

Key Benefits:



Reduces restrictive practices



Protects and strengthens relationships



Improves employee retention



Reduces student and staff injuries



Reduces peer-to-peer aggressions



Increases goal mastery rates

*Ukeru can be utilized in tandem with other crisis management systems

Our Approach Includes:

- Trauma-informed practices
- Managing and de-escalating conflict by converting/diverting aggressive behavior
- Building an environment focused on comfort rather than control
- Protective physical techniques including releases, Ukeru blocking, and redirection

We know this works through our own experience using Ukeru at our parent company, Grafton Integrated Health Network!

Here are just some of the incredible results we've seen:

- Physical restraints have been reduced by over 99%
- The use of seclusion has been entirely eliminated for over a decade
- A safer, more respectful environment has helped Grafton attract and retain qualified talent
- Client-induced staff injuries, workers' compensation premiums, lost time, and turnover have dramatically decreased, resulting in a ROI of over \$27 million since implementing Ukeru