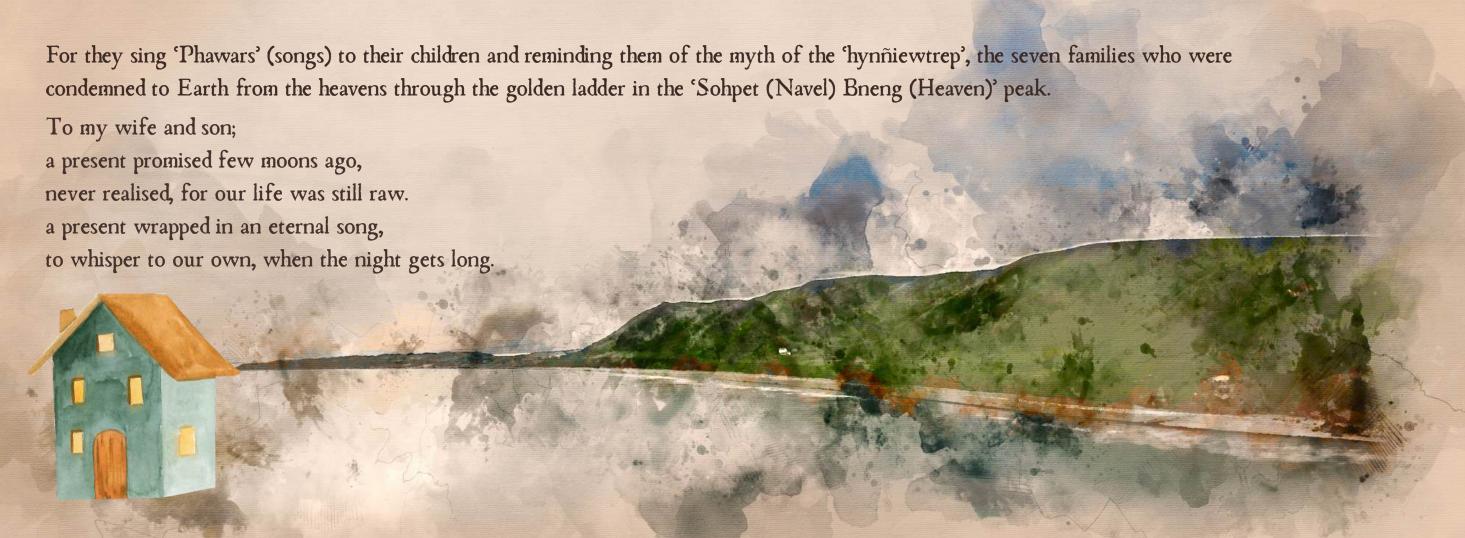
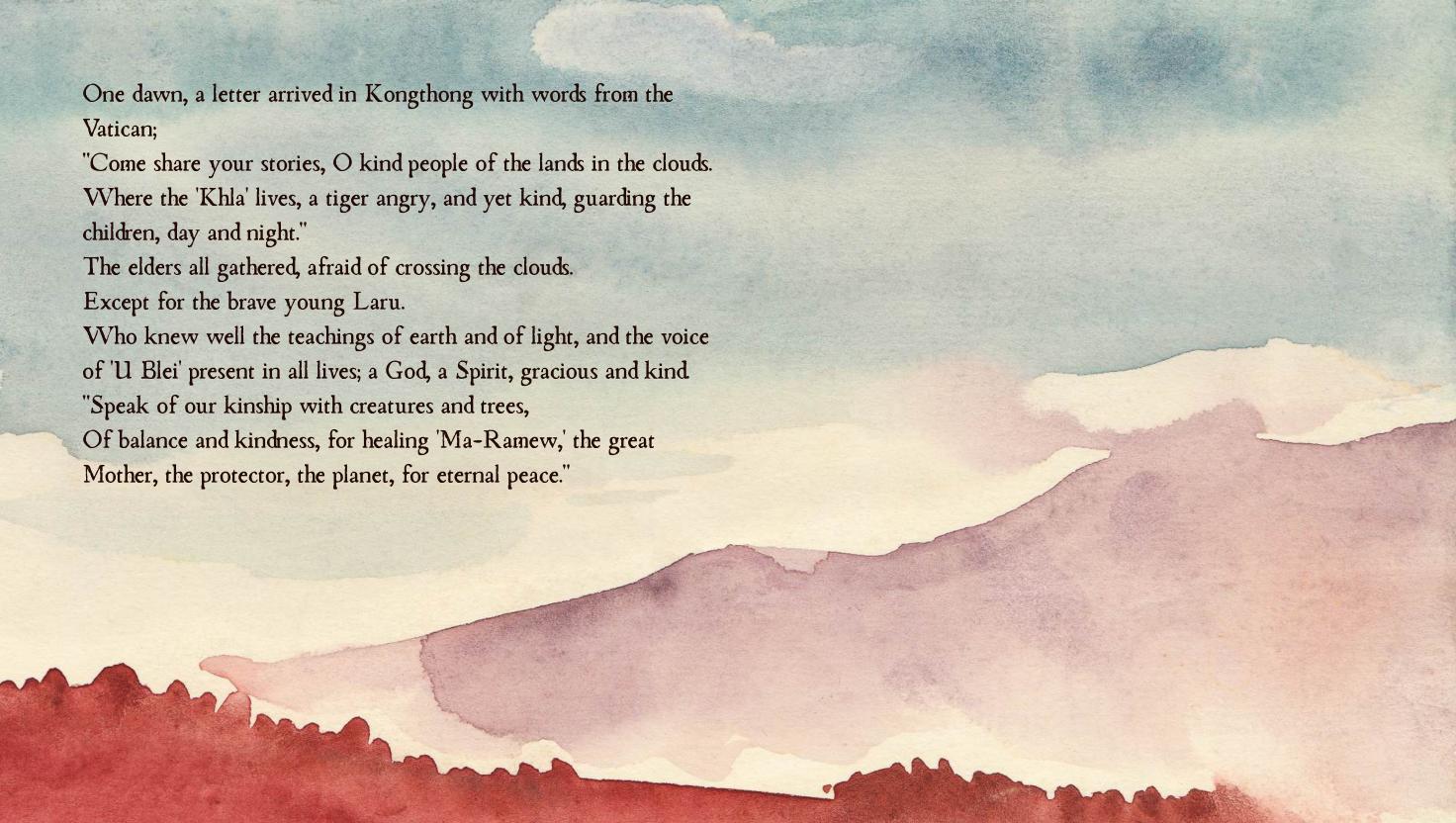


In the heart of Meghalaya (which translates to "abode of the clouds") are the Khasi Hills - where the clouds seem to hug the peaks. In one of the well-guarded "Sacred Groves" of Mawphlang, I find myself entranced by the sacred whispers of a wise rudraksha tree. This whisper, a hymn, a union of the wind's caress and rain's soft touches, whispers a melody beyond the grasp of any familiar tune.

"Myndai", they speak of the Time. Myndai, the Time is a 'who' and not a 'what'. Like everything in the hills, time too breathes life, protecting their 'Ancient Past' - and the old days which were once young, days which Khasis have never seen, and yet remember. This past is ingrained in their unknown memories, communicated through hymns, stories, and traditions. A presence so clear, guarding the Khasi traditions for centuries.







So Laru walked the mountains, crossed the rivers and the wind.

Carrying the stories of sun, wind, and rain.

The path had never been travelled by the people Kongthong, with carts and ships strong and wide. With waves telling secrets of a world so different, through days and nights.



Every night she dreams of the groves where soft breezes played,

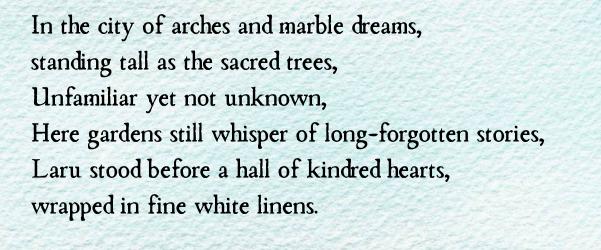
A world so far, and yet a feeling so near.

Every morning she speaks to the wind,

Remining herself the sacred lessons of love in both sunlight and shade.

The winds now carried her far from her land,

Her soul grows older by day, with the company of the sea and sand, and lessons new but known.



And tales from the clouds they were eager to hear.

She spoke of the forests where betel leaf sings,

Where mothers hymn for their children, caressing for the sleeping forest.

Of rivers that teach how all life should be.

"To tend and to listen, to give more than take,

To love every life - the hill, tree, and lake

This is our way,

