

Pioneer Trek Packing List

(Draft Version — Check back for the FINAL list by July 1)

Everything you bring including your sleeping bag should fit in **one small duffel bag**—and remember:

- 👉 **No personal carrying of bags during the trek, they will be on the handcarts**
- 👉 **Max weight: 17 lbs per person**
- 👉 **You'll wear your pioneer clothes on the bus**
- 👉 **Bring a sack lunch for Monday**

Pack smart, pack light, and pack like a pioneer!

✔ **See the *Trek Clothing Guide* for more tips on selecting your clothing**





Men's Clothing

- 2 pairs lightweight, loose-fitting pants (Dockers-style)
- 3–4 lightweight, light-colored, long-sleeved shirts
- 1 full-brim hat with chin strap
- 1 belt or suspenders

Women's Clothing

- 2 lightweight, long dresses or skirts
 - 3–4 pioneer-style lightweight, light-colored, long-sleeved blouses
 - 1 pair bloomers or lightweight shorts to go under skirt (*no long leggings—too hot!*)
 - 1 full-brim hat with chin strap (*bonnets okay, but may block your vision!*)
 - 1 apron with large pockets (*optional, but super handy*)
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Everyone Needs

- 2 cotton bandanas
- 3 pairs thin liner socks (*blister prevention heroes*)
- 3–4 pairs hiking socks (*wool/poly preferred—avoid 100% cotton*)
- 1 pair cozy evening socks
- 3 sets underwear
- 1 set pajamas / sweats / thermals
- 1 lightweight warm jacket
- 1 rain jacket or poncho 
- 1 pair comfortable walking shoes (*well broken-in!*)
- 1 pair water/evening shoes (*Crocs, Tevas, etc.—NO flip flops*)
- 1 pair work gloves 
- 1 personal water bottle (32 oz) 
- 1 small towel
- 1 mess kit (*durable plate + metal cup + fork/spoon*) 
- 1 trash bag (*for wet clothing*)
- 1 sleeping bag
- 1 pillowcase to stuff clothes in to make a pillow (*leave your fluffy bed pillow at home!*)
- 1 compact sleeping pad (*no large foam pads, think small inflatable or thin foam pad*)

✨ Suggested Personal Items

(Pack light—these are optional but very helpful!)

- Lip balm (SPF 15+) ☀️
 - Sunscreen & sunglasses
 - Toothbrush & toothpaste
 - Brush or comb, hair ties
 - Small lotion & deodorant
 - Personal medications
 - Feminine hygiene products + a couple ziploc bags for disposal while trekking
 - Anti-chafing stick (Gold Bond or Body Glide)
 - Face/body wipes
 - Small hand sanitizer
 - 2 pens or pencils 🖋️
 - Small biodegradable soap ([*like Dr Bronners*](#))
 - Pocket flashlight 🔦
 - Moleskin / Athletic tape / Blister care
 - Bug repellent
 - Small package of tissues
 - Small first aid kit (*first aid kits will also be provided on each handcart*)
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🚫 Leave These at Home

- Electronics (phones, iPods, radios, GPS, etc.- *no service or electricity!*)
- Makeup / jewelry / curling irons
- Pocket knives
- Shampoo
- T-shirts
- Candy 🍬 (*You may bring snacks for the bus ride only, other treats will be provided on the trail!*)
- Frisbees
- Jeans or long leggings