# **The Untethered Path: Releasing Limitation & Mastering Energy, Presence, & Possibility**

## A 5-Week Soulful Circle for Changemakers, Soulful Entrepreneurs, Seekers & Way Showers Wednesday evenings LIVE in Bloomington, MN 6:30 PM - 8:00 PM, May 28, June 4, 11, 18, 25

**Accelerate Untethered: Beyond Limitation – A 5-Week Transformation Journey***with Nina Roberts Salveson, MA and Michele Rae, Board Certified Transformational Coaches and Facilitators supporting human evolution into the new era*

Are you ready to clear away the old, embrace your authentic self, and step into a future where you navigate life with purpose and heart? Join us on this transformative journey and let’s evolve together into the brilliant beings we are meant to be.

**Welcome to The Untethered Path: A Timely Journey of Transformation**

Inspired by the profound wisdom of the book *The Untethered Path*, we invite you to step into a space where old labels fade away, allowing you to shed what no longer serves you and embrace your true essence. The dismantling and breakdown of numerous systems and social structures are clearing the way for humanity to embrace more sovereignty, self-sufficiency, and autonomy—both within our communities and beyond. We are being prepared to imagine the life we want and choose to live. Like the phoenix rising from the ashes, the New Era awaits us. This is your invitation to clear away outdated patterns, tap into your inner wisdom, and evolve into the vibrant, whole person you were meant to be. It's not about chasing titles or fitting into predefined roles—it’s about stepping into soulful leadership and living a life rich in purpose, passion, and heart.

**Embrace Your Authentic Power: Clear, Release, and Evolve**

Imagine stepping into a space where old labels fade away, and you have the freedom to shed what no longer supports you. This New Era calls you to clear away outdated beliefs, embrace your authentic essence and deepest desires, and evolve into the vibrant, whole person you were meant to be. It’s about tapping into your inner wisdom, releasing limitations, and boldly stepping into soulful leadership.

This journey is designed to empower you through deep self-discovery, energetic practices, and heartfelt connection. Every insight sparks growth, every moment of clarity fuels your purpose, and every shared experience deepens the bonds of our collective transformation. We warmly invite you to join us in this dynamic, high-frequency space where we support one another in evolving into our true, radiant selves.

**Who This is Designed For**

This journey is for anyone who:

* **Accelerate Your Potential:** If you feel an inner desire and urge to evolve, shift, and pivot—ready to accelerate your growth and embrace transformative change.
* **Navigates Energetic Shifts:** If you’re experiencing change and seek a supportive community to help clear away what no longer serves you.
* **Craves Authenticity:** If you long to embrace your true desires and live from a place of inner power and honesty.
* **Seeks Soulful Leadership:** If you want to lead with heart, guided by deep awareness and intuitive wisdom.

**What You Will Experience**

Over the course of five transformative weeks, you will:

* **Engage in Guided Practices:** Participate in energetic activations and reflective exercises designed to clear limitations and awaken your inner strength.
* **Accelerate and Embody Your Brilliance:** Experience dynamic practices that propel your transformation and help you embody more of your innate brilliance, creative energy, and authentic power.
* **Participate in Deep Conversations:** Join in facilitated discussions that reveal profound insights and foster genuine connection.
* **Unlock Inner Wisdom:** Discover powerful tools to harness your inner guidance and align with your authentic self.
* **Embrace a High-Vibrational Community:** Connect with kindred spirits on a similar path of self-discovery and transformation.

**What We Will Explore Together**

✨ Cultivate inner spaciousness and clarity to navigate the unknown with trust and grace.  
✨ Expand consciousness through activations, energetic practices, and embodied awareness.  
✨ Release resistance and outdated conditioning to access a more liberated way of being.  
✨ Strengthen intuitive perception and attunement to New Era frequencies.  
✨ Embody heart-centered leadership and accelerate our full potential.

This is an invitation to untether, expand, and embrace the rebirth of this new era with courage, wisdom, and love.

**Circle Flow & Weekly Themes for The Untethered Path***Accelerate Beyond Limitation While Expanding Presence and Capacity*

Each week, we will gather in a high-frequency, co-creative space where deep insights emerge through guided practices, activations, and facilitated conversation.

**Week 1: Awakening Presence & Expanded Awareness**

* Cultivating the inner witness and deep self-awareness
* Observing the mind vs. becoming entangled in thoughts
* Activating spaciousness in consciousness and energy

**Week 2: Opening the Heart & Energetic Flow**

* Expanding heart coherence and emotional intelligence
* Releasing resistance and blocks to flow
* Practices for maintaining an open and vibrant energetic field

**Week 3: Releasing & Letting Go with Grace**

* Unraveling old conditioning, fears, and limiting beliefs
* Understanding surrender as a path to freedom
* Energetic clearing and resetting for the New Era

**Week 4: Navigating the Unknown with Trust**

* Cultivating faith, intuition, and inner guidance
* Strengthening resilience in times of uncertainty
* Aligning with the higher intelligence of life’s unfolding

**Week 5: Embodying Mastery & the New Era Self**

* Integrating expanded consciousness into daily life
* Living as an open, attuned, and liberated being
* Activating new levels of purpose, love, and contribution

Are you ready to clear away the old, embrace your authentic self, and step into a future where you lead with purpose and heart? Join us on this transformative journey under the banner of **Accelerate Untethered: Beyond Limitation – A 5-Week Transformation Journey**, and let’s evolve together into the brilliant beings we are meant to be.