



# BRIGHT ANGELS INTERNATIONAL SCHOOL – NYARUTARAMA

## MENU FOR ACADEMIC YEAR: 2025/2026

### NURSERY, G1 & G2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>BREAK FAST</u>				
<ul style="list-style-type: none"><li>• PORRIDGE</li><li>• BREAD</li></ul>	<ul style="list-style-type: none"><li>• AFRICAN TEA</li><li>• BREAD</li></ul>	<ul style="list-style-type: none"><li>• PORRIDGE</li><li>• BREAD</li></ul>	<ul style="list-style-type: none"><li>• AFRICAN TEA</li><li>• DOUGHNUT</li></ul>	<ul style="list-style-type: none"><li>• AFRICAN TEA</li><li>• DOUGHNUT</li></ul>
<u>LUNCH</u>				<u>HALF DAY</u>
<ul style="list-style-type: none"><li>• MUSHROOM SAUCE</li><li>• SOMBE(BLENDED CASSAVA LEAVES)</li><li>• RICE</li><li>• BEANS</li></ul>	<ul style="list-style-type: none"><li>• RICE</li><li>• CHIPS</li><li>• GREEN BEANS – CARROT – EGGPLANT– CUCUMBER– SAUCE</li><li>• BEANS</li></ul>	<ul style="list-style-type: none"><li>• RICE</li><li>• GROUNDNUT SAUCE</li><li>• PASTA(SPAGHETTI)</li><li>• BEEF SAUCE</li><li>• BEANS</li></ul>	<ul style="list-style-type: none"><li>• CHIKEN SAUCE</li><li>• YELLOW RICE</li><li>• BOILED IRISH POTATOES</li><li>• BEANS</li></ul>	
<u>DESSERT</u>				
<ul style="list-style-type: none"><li>• BANANA</li></ul>	-	-	<ul style="list-style-type: none"><li>• WATER MELON</li></ul>	
<u>EVENING SNACKS</u>				
<ul style="list-style-type: none"><li>• JUICE &amp; BISCUITS</li></ul>	<ul style="list-style-type: none"><li>• JUICE &amp; BISCUITS</li></ul>	<ul style="list-style-type: none"><li>• JUICE &amp; BISCUITS</li></ul>	<ul style="list-style-type: none"><li>• MILK &amp; BISCUITS</li></ul>	





# BRIGHT ANGELS INTERNATIONAL SCHOOL – NYARUTARAMA

## MENU FOR ACADEMIC YEAR: 2025/2026

### PRIMARY & SECONDARY: G3 – G10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>BREAK FAST</u>				
<ul style="list-style-type: none"><li>• PORRIDGE</li><li>• BREAD</li></ul>	<ul style="list-style-type: none"><li>• AFRICAN TEA</li><li>• BREAD</li></ul>	<ul style="list-style-type: none"><li>• PORRIDGE</li><li>• BREAD</li></ul>	<ul style="list-style-type: none"><li>• AFRICAN TEA</li><li>• DOUGHNUT</li></ul>	<ul style="list-style-type: none"><li>• AFRICAN TEA</li><li>• DOUGHNUT</li></ul>
<u>LUNCH</u>				<u>HALF DAY</u>
<ul style="list-style-type: none"><li>• MUSHROOM SAUCE</li><li>• SOMBE(BLENDED CASSAVA LEAVES)</li><li>• RICE</li><li>• BEANS</li></ul>	<ul style="list-style-type: none"><li>• RICE</li><li>• CHIPS</li><li>• GREEN BEANS – CARROT – EGGPLANT– CUCUMBER– SAUCE</li><li>• BEANS</li></ul>	<ul style="list-style-type: none"><li>• RICE</li><li>• GROUNDNUT SAUCE</li><li>• PASTA(SPAGHETTI)</li><li>• BEEF SAUCE</li><li>• BEANS</li></ul>	<ul style="list-style-type: none"><li>• CHIKEN SAUCE</li><li>• YELLOW RICE</li><li>• BOILED IRISH POTATOES</li><li>• BEANS</li></ul>	
<u>DESSERT</u>				
<ul style="list-style-type: none"><li>• BANANA</li></ul>	-	-	<ul style="list-style-type: none"><li>• WATER MELON</li></ul>	

