



Aum Gurukulam presents

A Transformative Workshop on

तत्त्वबोध – The Root to Rise

Connecting Ancient Wisdom with Modern Logic

शब्दब्रह्म (Sound)
मन्त्रविज्ञानम्

कर्मयोग (Action)
गीताज्ञानम्

कालगणना (Time)
अवकाशविज्ञानम्

अन्नं ब्रह्म (Nutrition)
आहारशास्त्रम्

यज्ञपरम्परा (Energy)
यज्ञविज्ञानम्

लक्ष्मीविद्या (Wealth)
सद्लक्ष्मीः



Rewire Your Roots. Rise with Wisdom.

AUMGURUKULAM.COM

WHY?

Why this Workshop?

Is your pride in Sanatan Dharma backed by logic?

Many today appreciate Sanatan philosophy and feel a sense of pride, but often perform traditions as regular rituals without knowing the underlying reasons.



It is time to transition from Rituals to Vedic Science.

Join **Aum Gurukulam** for a 6-session exploration into the architecture of our heritage.

6 ROOTS OF TRANSFORMATION

Ancient Wisdom as the Roots of Growth



शब्दब्रह्म
Sound



The science of re-wiring the brain and the Vagus Nerve through the application of Mantra science.

कर्मयोग
Action



Mastering the "Flow State" to optimize performance and presence for students, professionals, and within the home.

कालगणना
Time



Utilizing Luni-Solar Architecture to align personal success with the precise mathematics of महाकाल.

अन्नं ब्रह्म
Nutrition



The Alchemy of Food, which bridges traditional Ayurvedic wisdom with the modern scientific understanding of the Gut-Brain axis.

यज्ञपरम्परा
Energy



Exploring the Science of Offering through the lens of particle physics, atmospheric healing, and the पञ्चमहायज्ञ.

लक्ष्मीविद्या
Wealth



The Ethics of Abundance, decoding Ashtalakshmi and the समुद्रमन्थन as a strategic blueprint for 21st-century value creation.

Our Mentors: Bridging Tradition with Logic



Dr. Bhavprakash Gandhi
HoD & Assoc. Prof. (Sanskrit),
Shri Govind Guru University
यज्ञपरम्परा



Dr. Ami Joshi
Lecturer, GCERT
Geeta Practitioner
कर्मयोग



Dr. Bhavin Pathak
Director, Aum Gurukulam
Sanskrit Scholar
शब्दब्रह्म, कालगणना



Dr. Ruchi Pathak
Co-founder, Aum Gurukulam
IKS Researcher
लक्ष्मीविद्या



Dr. Bhavdeep Ganatra
Founder of GANATRA AYURVED
CAO of SGVP Holistic Hospital
अन्नं ब्रह्म



Who can participate?

Adults, Professionals,
Housewives, Students



LOGISTICS & REGISTRATION

- **Dates:** March 19, 22, 26, 29 | April 2, 5
(Thursdays & Sundays)
- **Time:** 08:30 PM to 10:00 PM IST
- **Medium:** Bilingual (Hindi + English) for global clarity
- **Platform:** Online via Zoom

For Inquiry (Mobile/WhatsApp):
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For more information, visit aumgurukulam.com

Registration link: <https://forms.gle/cRAE3gEpGrGxJBwc8>



6 ROOTS OF TRANSFORMATION

Ancient Wisdom as the
Roots of Growth



REWIRE YOUR
ROOTS,
RISE WITH
WISDOM

1. शब्दब्रह्म : The Science of Mantra (Mantra Vigyan)

- The Problem: We feel mentally scattered and emotionally "heavy." Our internal dialogue is often self-critical, and we react to life instead of responding.
- The Reason: We treat words as mere tools for communication, forgetting they are Energy (Shakti). Chaotic sounds and negative speech patterns create "garbage" in our subconscious.
- The Solution: Master मन्त्रविज्ञानम् Mantra Vigyan. Learn how specific Sanskrit syllables act as "keys" to unlock higher states of consciousness. It's not just chanting; it's a systematic "defragmentation" of your brain to achieve clarity and power.

2. कर्मयोग: The Power of Samarpan (Complete Dedication)

- The Problem: We work hard but feel like we are carrying a heavy mountain on our shoulders. The pressure to "win" makes us miserable even when we succeed.
- The Reason: We work with an "I-centered" ego. We want to control the outcome, which leads to anxiety. We are working for ourselves rather than offering our work.
- The Solution: Transition to समर्पण Samarpan. When you dedicate your action to a higher cause (the Divine), the ego dissolves. Work becomes effortless "Flow." You don't get tired because you aren't the one "doing"—you are the instrument.

3. कालगणना: Syncing with the Cosmic Clock

- The Problem: We are "busy" but not "productive." We feel out of sync with nature—struggling to sleep, struggling to wake, and missing the "right timing" for life's big decisions.
- The Reason: We follow a dead, mechanical calendar. We've forgotten the Moon's effect on our mind and the Sun's effect on our soul. We don't understand the power of a संकल्प: Sankalp — the "GPS coordinate" we set before any action.
- The Solution: Understand the Vedic units of time—from the क्षण (moment) to the युग Yuga and the Day of Brahma. Learn why तिथि Tithis matter and how to use the Panchang to align your life with the universe's rhythm.

4. अन्नं ब्रह्म: The Mystery of Nutrition

- The Problem: Modern diseases (diabetes, BP, PCOS) are at an all-time high. Despite "superfoods" and gyms, we feel "hollow" inside and lack real vitality.
- The Reason: We eat for "taste" or "boredom," not for Prana. We consume food that is dead (processed/stale) and eaten in a state of stress. We treat the stomach like a dustbin, not an altar.
- The Solution: Discover why अन्नं Annam is ब्रह्म Brahma (Food is God). Learn the correct way to eat—the How, When, and Why. Re-align your plate with your DNA to turn food into medicine and prevent diseases before they start.

5. यज्ञपरम्परा: The Energy Laboratory

- The Problem: We feel a lack of "protection" and "grace" in our lives. Our homes feel energetically stagnant, and we feel disconnected from the gods and our ancestors.
- The Reason: We have stopped the Cycle of Giving. We have forgotten the 3 Rinas (Debts) we owe. We don't realize that our atmosphere needs "purification" just as much as our bodies.
- The Solution: Scientific Evidence of Yagna. Learn how daily अग्निहोत्र Agnihotra or बलिवैश्वदेव Balivaishvadeva purifies the air and your mind. Understand the different types of Yagnas and how this "connection with the Divine" creates a shield of positive energy around your family.

6. लक्ष्मीविद्या: The Art of Abundance

- The Problem: We have money, but it brings "Alakshmi" (strife, greed, illness). We work for wealth, yet we never feel "rich" or successful.
- The Reason: We don't know the difference between लक्ष्मी Lakshmi (Graceful Wealth) and अलक्ष्मी Alakshmi (Toxic Wealth). We ignore the अष्टलक्ष्मी Ashtalakshmi forms (Knowledge, Strength, Progeny, etc.) and chase only currency. We lack the Samarpan to Vishnu (the Preserver), so Lakshmi (the Flow) doesn't stay.
- The Solution: Master the symbolism of Vishnu and Lakshmi. Learn the ethics of wealth that lead to true success. Shift from "hoarding" to "prospering" by understanding how to invite the right kind of energy into your home and business.