

## Seton Lunch Menu - November 2025

| Monday                                                                                                                                               | Tuesday                                                                                   | Wednesday                                                             | Thursday                                                                       | Friday                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <b>3</b><br>Mini Corn Dog<br>Tator Tots<br>Baked Beans<br>Grapes                                                                                     | <b>4</b><br>French Toast Sticks<br>Hashbrown Rounds<br>Carrots<br>Pear Crisp              | <b>5</b><br>Chicken Nuggets<br>Hawkeye Salad<br>Green Beans<br>Orange | <b>6</b><br>Spaghetti & Garlic Bread<br>Romaine Lettuce<br>Tomatoes<br>Peaches | <b>7</b><br>Chicken Fillet Sandwich<br>Waffle Fries<br>Mixed Veggies<br>Apple |
| <b>10</b><br>Hamburger<br>Potato Wedges<br>Broccoli<br>Banana                                                                                        | <b>11</b><br>Breakfast Sandwich<br>Hashbrown Rounds<br>Carrots<br>Raisins                 | <b>12</b><br>BBQ Pork Sandwich<br>Baked Beans<br>Coleslaw<br>Berries  | <b>13</b><br><b>NO</b><br><b>SCHOOL</b>                                        | <b>14</b><br><b>NO</b><br><b>SCHOOL</b>                                       |
| <b>17</b><br>Sloppy Joes<br>Tator Tots<br>Broccoli<br>Peaches                                                                                        | <b>18</b><br>Deli Sub<br>Red Pepper Strips<br>Hummus<br>Apple                             | <b>19</b><br>Popcorn Chicken<br>Sweet Potato Fries<br>Peas<br>Grapes  | <b>20</b><br>Lil' Smokies & Corn Bread<br>Green Beans<br>Baked Beans<br>Pears  | <b>21</b><br>Bosco Sticks<br>Broccoli<br>Cucumber<br>Orange                   |
| <b>24</b><br><i>Thanksgiving Dinner</i><br>Turkey and Gravy<br>Green Beans<br>Mashed Potatoes and Gravy<br>Cranberries<br>Chocolate Chip Pumpkin Bar | <b>25</b><br>Chicken Nuggets<br>Curly Fries<br>Carrots<br>Raisins                         | <b>26</b><br><b>NO</b><br><b>SCHOOL</b>                               | <b>27</b><br><b>NO</b><br><b>SCHOOL</b>                                        | <b>28</b><br><b>NO</b><br><b>SCHOOL</b>                                       |
|                                                                                                                                                      | <i>Option of lunch meat sandwich is available daily</i><br><br><i>Milk provided daily</i> |                                                                       |                                                                                |                                                                               |

This institution is an equal opportunity provider

Menu subject to change without notice

## Seton Peosta Breakfast Menu - November 2025

| Monday                                                                        | Tuesday                                                                                              | Wednesday                                                                             | Thursday                                                                       | Friday                                                                     |
|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| <b>3</b><br>Assorted PopTart<br>Fruit<br>Assorted Juice<br>Choice of Milk     | <b>4</b><br>Donut<br>Fruit<br>Assorted Juice<br>Choice of Milk                                       | <b>5</b><br>Frudel<br>Fruit<br>Assorted Juice<br>Choice of Milk                       | <b>6</b><br>Bacon Breakfast Pizza<br>Fruit<br>Assorted Juice<br>Choice of Milk | <b>7</b><br>Froot Loop Waffle<br>Fruit<br>Assorted Juice<br>Choice of Milk |
| <b>10</b><br>Assorted Cereal Bar<br>Fruit<br>Assorted Juice<br>Choice of Milk | <b>11</b><br>Donut<br>Fruit<br>Assorted Juice<br>Choice of Milk                                      | <b>12</b><br>PancakePup(Breakfast Stick)<br>Fruit<br>Assorted Juice<br>Choice of Milk | <b>13</b><br><b>NO</b><br><b>SCHOOL</b>                                        | <b>14</b><br><b>NO</b><br><b>SCHOOL</b>                                    |
| <b>17</b><br>Assorted PopTart<br>Fruit<br>Assorted Juice<br>Choice of Milk    | <b>18</b><br>Donut<br>Fruit<br>Assorted Juice<br>Choice of Milk                                      | <b>19</b><br>Frudel<br>Fruit<br>Assorted Juice<br>Choice of Milk                      | <b>20</b><br>Cinnamon Roll<br>Fruit<br>Assorted Juice<br>Choice of Milk        | <b>21</b><br>Blueberry Waffle<br>Fruit<br>Assorted Juice<br>Choice of Milk |
| <b>24</b><br>Assorted Cereal Bar<br>Fruit<br>Assorted Juice<br>Choice of Milk | <b>25</b><br>Donut<br>Fruit<br>Assorted Juice<br>Choice of Milk                                      | <b>26</b><br><b>NO</b><br><b>SCHOOL</b>                                               | <b>27</b><br><b>NO</b><br><b>SCHOOL</b>                                        | <b>28</b><br><b>NO</b><br><b>SCHOOL</b>                                    |
|                                                                               | <i>Option of a hard boiled egg &amp;<br/>cheese stick instead of the<br/>entrée available daily.</i> |                                                                                       |                                                                                |                                                                            |