



5 Rules of Life to Strengthen Your Manifestation Power

Rule #1: Do Your Best and Let Life Do the Rest

Do your best and let life do the rest. It's simple, it's powerful, and it's transformative.

I believe in destiny. While I absolutely believe in the invisible hands of destiny and universal guidance that steer us toward our highest good, there's one undeniable truth: nothing works if you don't. Action is the lifeblood of manifestation.

You can't just wish for abundance or success—you have to meet the universe halfway by doing your part. And your part means cultivating habits, which I call *manifestation protocols*. These are your non-negotiables: the actions, routines, and commitments that fuel your growth even when life gets challenging.



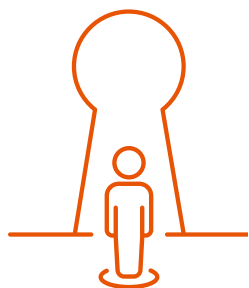
So when things don't seem to be going your way, **double down on your protocols:**

- Keep showing up with unwavering dedication.

- Create better plans and stick to them.
- Keep your mind sharp by reading, learning, and mastering your craft.
- Take care of your body and soul with exercise, self-care, and nurturing relationships.
- Minimize distractions—less screen time and more dream time.

The point isn't perfection—it's persistence. After you've done everything in your power with focus and excellence, then—and only then—comes the magic ingredient: surrender. Release your attachment to the outcome. Let go with faith that whatever unfolds is for your highest good.

Surrender isn't giving up—it's rising to trust that life is working for you, even when it feels like it isn't. If things don't turn out as you hoped, it's not rejection—it's redirection. Trust that something better is on the way. Surrendering and letting go don't mean abandoning your dreams—they mean opening the door for life to surprise you with something even greater than you imagined. That's when manifestation becomes magical.



This rule perfectly ties into the **law of manifestation** because when you pair inspired action with trust in the process, the universe always conspires in your favor. It's the balance between **hustle and grace, effort and faith, striving and thriving**.



So, live by this mantra: Do your best and let life do the rest.



Rule #2 Goodness Creates Greatness

When you choose goodness—when you act with kindness, integrity, and sincerity—you set yourself up for true greatness, not just in terms of success, but in becoming the best version of yourself.

The **Law of Karma** teaches us that what you put into the world comes back to you. Every kind word, every promise you keep, every time you help someone—it's like planting seeds. You may not see the results immediately, but those seeds always grow. Life has a way of bringing it all full circle.

Then there's the **Law of Giving**. When you give freely—whether it's your time, knowledge, or support—you open the flow of abundance. True giving isn't about expecting something in return. It's about contributing because it feels right and aligns with who you are. The energy of generosity creates connections and opportunities that can transform your life in ways you may not expect.



Even when life throws challenges your way, goodness ensures you're aligned with something greater and prepares you for even bigger blessings.

So, what does this look like in your daily life? It means treating people well. Keeping your word. Adding value wherever you can. Leaving situations better than you found them. And trust that when you live this way, the universe will support you in ways you can't imagine.

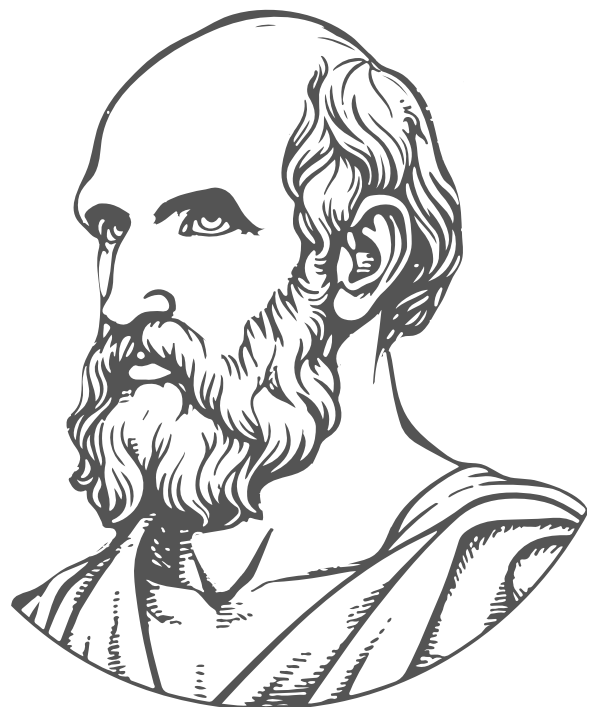


Goodness creates greatness. It's not just about what you achieve—it's about who you become along the way.

Rule #3: Heart vs. Head: Your Heart is Wiser Than Your Head

Here's something to reflect on: **Your heart holds wisdom that your head can't always understand.** Throughout my life, the decisions that truly changed everything often didn't make logical sense. Yet, they felt right. That quiet, steady knowing came from something deeper—what the Greeks called your **daimon**, your good soul.

The word **eudaimonia** is derived from eu (meaning “good”) and daimon (meaning “soul” or “divine spark”). To live with eudaimonia means to live in harmony with your highest self—to align with the goodness within you, your inner spirit. The Greeks believed this was the ultimate purpose of life: to honor your daimon and flourish by becoming the best version of yourself.



This isn't about rash decisions or impulsive choices. Your daimon doesn't shout or push—it whispers. It's calm, clear, and deeply rooted in wisdom. The problem is that the noise of the world—fears, doubts, distractions—can drown out this signal. But

here's the truth: that inner voice, your intuition, is far more reliable than you think. Ignoring it is like turning your back on your own genius.



How do you tune in to your *daimon*?

1. Listen carefully. Your inner *daimon* is subtle. It's not the frantic or reactive chatter of your mind; it's a quiet nudge that feels steady and grounded. Learn to differentiate it from the noise around you.

2. Trust your soul's wisdom. When you hear that inner whisper, don't dismiss it. Trust that it's guiding you toward the best version of yourself.

3. Take thoughtful action. Listening isn't enough—act on what your heart tells you. You'll be amazed at the results when you combine intuition with intentional steps.

The magic of life is that you already have what you're looking for. That inner whisper, your *daimon*, is always speaking to you. It's your soul reminding you of who you are and where you're meant to go. The challenge isn't finding guidance—it's learning to hear it through the noise and acting on it with courage.

So, remember this: **The heart is wiser than the head.** Listen to it, trust it, and let it guide you toward a life of true flourishing.

Rule #4: Anti-Fragility is Your Superpower

Life will knock you down—that's a given. But what makes you genuinely heroic is how you rise stronger and wiser every time. To be anti-fragile means you don't just endure hardship; you thrive because of it. You don't break under pressure—you transform into something greater.

Think of it this way:

- If you're fragile and life hits you hard, you break.
- If you're resilient and life hits you hard, you withstand more, and... eventually... you break.
- But if you're **anti-fragile** when life hits you hard, you actually get stronger.

This is the essence of anti-fragility: **The more life challenges you, the stronger you grow.**

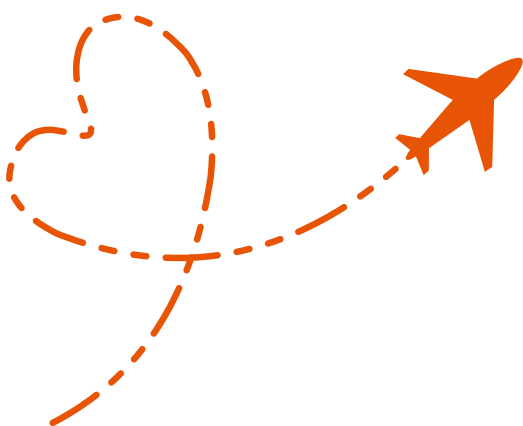
“As Nassim Taleb says, “A wind extinguishes a candle but fuels a fire.” Don't be the candle. Be the fire. Let life's storms fuel you into a bonfire of strength, wisdom, and courage.

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I've faced tragedies and challenges that could have broken me. I could have blamed the world, replayed the pain, and stayed stuck. But I've learned that every setback is an opportunity to grow—to transform struggle into strength. Life isn't about avoiding challenges but using them to evolve.

“As Rumi said, “I am burning. If anyone lacks Tinder, let him set his rubbish ablaze with my fire.” Let your trials become the fire that ignites your greatness.

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Sometimes, surviving is about taking the smallest baby steps: one foot, then the next. Eventually, those steps turn into a walk, a run, and finally, a flight. **Survive, thrive, and fly**—this is the rhythm of transformation. Anti-fragility allows you to endure the storm and emerge from it with wings.

Every hero's journey includes trials and tribulations. The dragons you meet are not there to break you—they're there to awaken the strength you didn't know you had. The struggles refine you, the victories transform you, and the lessons shape you into the best version of yourself.

So here's the rule: Build your superpower of anti-fragility. You may not feel unbreakable today, but every challenge is an opportunity to strengthen yourself. Keep moving forward, and never give up on your heroic ideals, dreams, or purpose.



Anti-fragility is your superpower—embrace it, and you'll survive, thrive, and fly.



Rule #5: Invest in Yourself First

The best investment you will ever make is in yourself.



As Benjamin Franklin wisely said, “*An investment in knowledge pays the best interest.*”



Unlike material things, the time, energy, and effort you dedicate to your growth can never be taken away. The more you invest in expanding your mind, improving your skills, and developing your character, the more life rewards you with richness in every sense—whether it's relationships, success, or inner fulfillment.



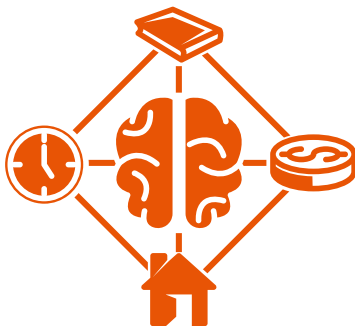
In Indian mythology, Saraswati, the goddess of wisdom, represents learning and growth, while Lakshmi, the goddess of wealth, symbolizes prosperity. The story goes that when you devote yourself to Saraswati, Lakshmi becomes jealous and follows you. In other words, wealth and abundance naturally flow into your life when you prioritize personal growth.

Your growth shapes everything. The quality of your thinking influences your decisions. The skills you cultivate determine the opportunities you create. And the person you become defines the life you live. That's why personal development isn't just a nice idea—it's essential if you want to live an extraordinary life.

But growth doesn't happen by chance. It happens through deliberate action:

- Read books that challenge your perspective.
- Learn a new skill or revisit an old passion.
- Seek mentors who inspire you to think bigger.
- Start small, but start today—because the best time to invest in yourself is always now.

So, stop making excuses. The future version of you is waiting—and it starts with the commitment you make today. **Invest in yourself, and you'll create a life that feels truly rich.**



Thank You for Subscribing to My Newsletter!

I truly appreciate you taking the time to explore these 5 Rules of Life to Manifest Your Desires. I hope that these insights inspire you to step into your most powerful, heroic self and create the life you truly want.

But this is just the beginning! 🚀

If you enjoyed this guide, I'd love to stay connected with you. I share more powerful insights, deep wisdom, and practical tools to help you manifest success, build resilience, and unlock your full potential.

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Thank you for being part of The Class We Never Had. Let's change the world—one thought, one action, one moment at a time.

With gratitude,

Sarit Tagore

